

## Peer Review File

Article information: <https://dx.doi.org/10.21037/jtd-23-325>

### Reviewer A

Dr Biabani et al submit a systematic review on the neurophysiology of sleep onset. It is a well-researched manuscript with interesting and hypothesis-generating content. The paper is well written and adheres to the guidance on systematic reviews. It is novel, original and contributes a large amount in an otherwise under-researched field.

This reviewer would like to see a summary box with key learning points a) for the clinician, b) for future research, and c) to provide a laymen's 'take away' message.

Reply: Revised as requested.

### Reviewer B

Comment 1. For the citations in Figure 4, please add reference numbers.

Reply: Reference numbers have been added.

Comment 2. The numbering of the tables and supplemental tables is confusing.

Reply: The numbering of tables and supplementary tables has been revised.

Comment 3: Each column of tables must have an appropriate heading.

Reply: Column headings have been added.

Comment 4: Please add the reference number for "Spitzer et al." in the current Table 4.

Reply: Reference number has been added.