

CARE Checklist of information to include when writing a case report



Торіс	ltem No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words "case report"		TITLE PAGE
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"		TITLE PAGE
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.		Abstract
	3b	Case Description: describe the patient's demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.		Abstract
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.		Abstract
Introduction	4	One or two paragraphs summarizing why this case is unique (may include references)		Introduction
Patient Information	5a	De-identified patient specific information		Case Description
	5b	Primary concerns and symptoms of the patient		Case Description
	5c	Medical, family, and psycho-social history including relevant genetic information		Case Description
	5d	Relevant past interventions with outcomes		Case Description
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings		Case Description
Timeline	7	Historical and current information from this episode of care organized as a timeline		Case Description
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).		Case Description
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)		Case Description
	8c	Diagnosis (including other diagnoses considered)		Case Description
	8d	Prognosis (such as staging in oncology) where applicable		Case Description
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)		Case Description
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)		Case Description
	9c	Changes in therapeutic intervention (with rationale)		Case Description

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)		Case Description
	10b	Important follow-up diagnostic and other test results		None
	10c	Intervention adherence and tolerability (How was this assessed?)		None
	10d	Adverse and unanticipated events		None
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report		iMDT Discussion
	11b	Discussion of the relevant medical literature with references		iMDT Discussion
	11c	The scientific rationale for any conclusions (including assessment of possible causes)		iMDT Discussion
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion		Highlight Box
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received		N/A
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes	No