



Fascial structure of the anterior mediastinum: the surgical figure of the sternopericardial ligament and the role of affixing the thymus to the pericardium

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Background: The fascial anatomy of the anterior mediastinum has not been thoroughly investigated. Only the sternopericardial ligament (SPL) has been defined and is often described as two independent tendons. However, these descriptions differ from our observations of thoracic surgery. Here, we aimed to precisely investigate the fascial anatomy, particularly the SPL, of the anterior mediastinum.

Methods: We surgically and radiologically observed and analyzed the fascial anatomy of the anterior mediastinum in patients who underwent surgery for anterior mediastinal disease at our institution between July 2009 and August 2018.

Results: A total of 55 thoroscopic surgeries were performed. We observed a sagittal layer of fibrous tissue bridging the pericardium and sternum, in addition to the well-known fascial layers. Behind the lower bifurcation of the thymic glands, the thymic capsule was firmly fixed to the pericardium around the anterior aortopulmonary trunk. It thickened locally, formed a small white stripe, and occasionally deformed the pericardium by pulling it anteriorly. No other tendon-like structure was observed.

Conclusions: Our observation of the SPL showed differences from classical descriptions. The SPL is a sagittal fibrous collection showing a unique figure. Part of the SPL is thickened behind the thymus, anchoring the thymus to the pericardium in the midline. The SPL is part of the bottom of Grodinsky's Space 3 in the thorax. The SPL is visible in radiologic images, such as the anterior junction line on a plain chest radiograph.

Keywords: Sternopericardial ligament (SPL); mediastinum; fascia; thymus; surgery

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Introduction

A precise understanding of the fascial anatomy supporting the organs plays a pivotal role in surgical procedures. Although numerous studies (1-5) have explored fascial structures in the neck, the retrosternal space, which

connects to the neck, has not received adequate research attention until now.

Within the retrosternal space, Terminología Anatómica (TA) defines a solitary fascial structure known as the sternopericardial ligament (SPL) (6). However, SPL

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descriptions are sparse in contemporary anatomy textbooks (7). Classical textbooks, on the other hand, have portrayed the SPL as two independent tendon-like structures that bridge the sternum and pericardium: the superior SPL and the inferior SPL (8-14). Although these descriptions persisted, we did not encounter such structures during surgical observations. We previously assumed that the sternotomy might have disrupted the retrosternal connective tissues, rendering them invisible.

Presently, advances in medical technology have enabled us to perform thoracoscopy, a non-destructive method that allows for the precise observation of retrosternal structures, offering a magnified, close-up, and recordable view. However, our extensive experience with endoscopic anterior mediastinal surgery has often observed differences between these conventional depictions and our surgical reality. Thus, this study aimed to investigate the precise figure and clinical role of the SPL in the fascial anatomy of the anterior mediastinum during thoracoscopic mediastinal surgery. We present this article in accordance with the STROBE reporting checklist (available at <https://jtd.amegroups.com/article/view/10.21037/jtd-23-1602/rc>).

Methods

The participants were patients who underwent video-assisted thoracoscopic surgery for anterior mediastinal lesions at the National Hospital Organization Saitama

Hospital between July 2009 and August 2018 consecutively. Reoperations were excluded. We observed fascial structures in the retrosternal space within the range necessary for intraoperative surgery. Individual procedures were to be performed to the extent necessary and sufficient for treatment and not to perform any additional intervention for research purpose such as exposing the entire anterior mediastinum or only certain structures. A high-definition camera (IMAGE1HD; KARL STORZ GmbH & Co. KG, Tuttlingen, Germany) was used to observe tissues during thoracoscopic surgery. The surgeries were recorded as a movie file.

The observations were the distribution of the connective tissues and their relationship to the surrounding organs, and no quantitative measurement of specific structures was performed. The entire fascial structure was analyzed based on the observational results from all consecutively enrolled patients.

Chest radiography and computed tomography (CT) scan were performed for diagnostic purposes in all patients preoperatively and referred to in our analysis. No quantitative observational items were measured in individual patients, and no statistical methods, such as group comparisons, were employed.

The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The study was approved by the institutional ethics committee of National Hospital Organization Saitama Hospital (No. R2016-10) and individual consent for this retrospective analysis was waived.

Statistical analysis

Statistical analysis was not used since this study comprises a comprehensive anatomical analysis conducted as a retrospective study based on surgical observations.

Results

Fifty-five thoracoscopic surgical cases of anterior mediastinal disease were investigated in this study (*Table 1*). These included 11 extended thymectomies for myasthenia gravis with or without thymomas, 37 total or partial resections of the thymus for thymic tumors, and seven simple extirpations of benign tumors such as pericardial cysts or hemangiomas. All patients underwent preoperative radiography and CT scans.

Highlight box

Key findings

- The essence of the sternopericardial ligament (SPL) is not a two-corded ligament but a sagittal layer of fibrous tissues between the pericardium and the sternum. A nodular portion that extends from the pericardium in the SPL fixes the thymus to the pericardium.

What is known and what is new?

- The SPL is often depicted as a two-corded structure bridging in the anterior mediastinum. The structure concerning the affixion of the thymus has not been explained in detail.
- The SPL is a sagittal fibrous layer connecting the endothoracic fascia and the fibrous pericardium. The inferior SPL is just adhesion. A specific strip-like portion in the SPL fixes the thymus to the pericardium. The SPL was detectable in computed tomography.

What is the implication, and what should change now?

- Incorrect classical descriptions regarding the SPL should be corrected.

Table 1 Patient characteristics

Characteristic	Values (n=55)
Sex	
Male	27
Female	28
Age (years)	61.6±15.1 [24–86]
Pathological diagnosis [†]	
Thymic tumor	22
Thymoma	20
Thymic carcinoma	2
Thymic cyst	21
Pericardial cyst	3
Foregut cyst	2
Normal thymus	2
Thymic hyperplasia	1
Others [‡]	4
Surgical procedure	
Extended thymectomy	11
Total or partial thymectomy	37
Tumor extirpation	7
Operation time (min)	221.3±141.2 [54–625]

Values are presented as mean ± standard deviation [range] or number. [†], pathological diagnosis is based on the surgical specimens and includes eleven myasthenia gravis; three without tumors and eight with thymoma. [‡], including teratoma, hemangioma, sarcoidosis, cyst unknown origin.

Surgical findings

A connective fibrous layer was found running sagittally in the midline of the anterior mediastinum (*Figure 1*). Hereafter, we refer to this sagittal layer as the sternopericardial fibrous layer (SPFL). The other fibrous layers were around any organ or structure and corresponded to the well-known endothoracic fascia, subpleural fascia, and visceral fascia, including the sheath, adventitia, thymic capsule, and outer layer of the fibrous pericardium (*Figure 1B*).

The sagittal layer was bridged between the endothoracic fascia on the back of the sternal body and the frontal face of the pericardium. In front of the thymus near the thymic isthmus, the fibrous tissues of the layer covered the capsule of the thymus and were converted to a lower bifurcation angle made by the thymic glands (hereinafter, the inferior

thymic angle). Posteriorly, they gradually concentrated to a small area and formed a sagittal membrane at the narrow thymic gap where the thymic glands were in contact with each other (hereinafter thymic valley). Finally, this layer was fused to the outer fibrous layer of the fibrous pericardium. The layer disappeared near the arterial hilum of the pericardium between the aorta and the pulmonary artery trunk. Near this upper terminal, a small part of the layer was thickened just in front of the pericardium (*Figure 1B*) and often formed a white nodular strip (*Figure 2*) or triangular shape (*Figure 3*). The size was approximately 5–10 mm, based on a thoracoscopic comparison with the size of the endoscopic instrument. The thickened portion was too firm to be bluntly dissected. The portion that migrated to the pericardium without a boundary resembled a pericardial process. Cutting the portion, the pericardial sac was not opened (*Figure 3D*). Around the nodular portion, the SPFL was dense and firmly fused to the thymic capsule (*Figures 2A,2B,3C*). Only near this portion, the thymus was firmly fixed on the posterior midline in the mediastinum through the SPFL. The other part of the thymic capsule is loosely fixed to the surrounding tissues and fasciae.

In the caudal area where the thymic glands were apart, the distribution of the fibrous tissues of the SPFL was gradually broader and looser and then ended at the adhesion, where the pericardium contacted the sternum (*Figure 4*).

The SPFL begins from the endothoracic fascia on the entire sternal body and ends on the fibrous pericardium. The SPFL divided the retrosternal space into two compartments below the inferior thymic angle, and the thymic glands with adipose tissue along the internal mammary artery were placed in each compartment (*Figure 1A-1C*).

Radiologic findings of SPFL

A sagittal line between the sternum and pericardium was observed on the CT images (*Figure 5*). The line was not a shadow of the pleura or vessels. It began at the back of the sternal body, ran in the posterior direction between the thymic glands, and ended at the pericardium, where it was in contact with the sternum. The line was generally thin, but became thicker near the pericardium (*Figure 5C,5D*). The pericardium showed a triangular thickness, where the line contacted the pericardium (*Figure 5H,5I*). The line was almost midline, but tilted slightly to the left, possibly along the cardiac axis (*Figure 6*).

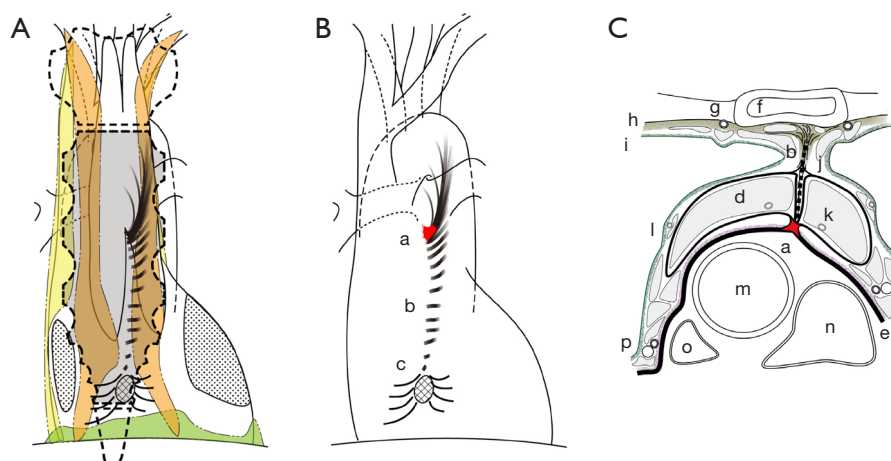


Figure 1 Schema of the sternopericardial ligament under the physiologic condition. (A) Frontal view with the sternum and adipose tissue (colored area) shaded. Dotted area: adhesion between the pleura and pericardium. (B) Frontal view after sternal removal. (C) Cross-section at the level of the lower bifurcation of the thymic lobes. a, thymopericardial nodule (thick part of the sternopericardial ligament); b, sternopericardial ligament (solid thick lines); c, adhesion between the sternum and the pericardium (hatched area); d, thymus; e, pericardium; f, sternum; g, internal mammary artery; h, endothoracic fascia; i, parietal pleura; j, thymic capsule; k, thymic vein; l, a branch of the pericardiophrenic artery; m, ascending aorta; n, pulmonary artery; o, superior vena cava; p, pericardiophrenic artery.

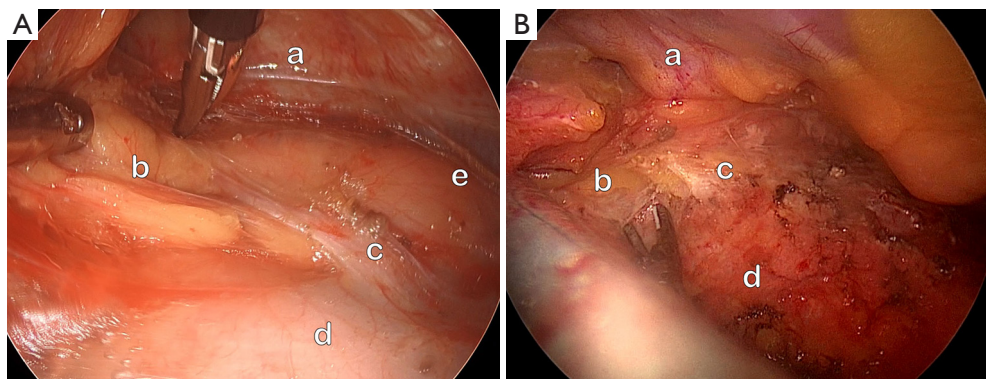


Figure 2 Surgical findings of the thymopericardial node from the right pleural cavity. (A) Thymoma; (B) myasthenia gravis. The right thymic lobes moved cranially in both cases. A white strip-like structure (c, corresponding to *Figure 1B_a*) arises from the pericardium, runs through the thymic lobes, and fuses with the thymic capsule. a, chest wall; b, right thymic lobe; c, thymopericardial node; d, pericardium (right ventricle); e, left lung.

In clinical cases with giant thymic cysts in the lower thymic body, CT showed two cysts and a low-density boundary band (*Figure 7*). However, it was surgically found that the SPFL divided the large cyst into two parts (*Figure 3*).

Discussion

Unlike other fibrous fasciae in the mediastinum, the SPFL is structurally different in that a simple fibrous layer

bridges the two organs. The SPFL should correspond to the SPL defined in the TA (6). However, the form differs from the description of the two cord-like tendons in classical textbooks (8,9,14). This study indicated that the SPFL comprised only a fibrous layer but showed a complex appearance between the sternum and pericardium (*Figures 1,8*). The SPFL broadly arises from the connective tissues beneath the sternal body and should be an extension of the endo-thoracic fascia.

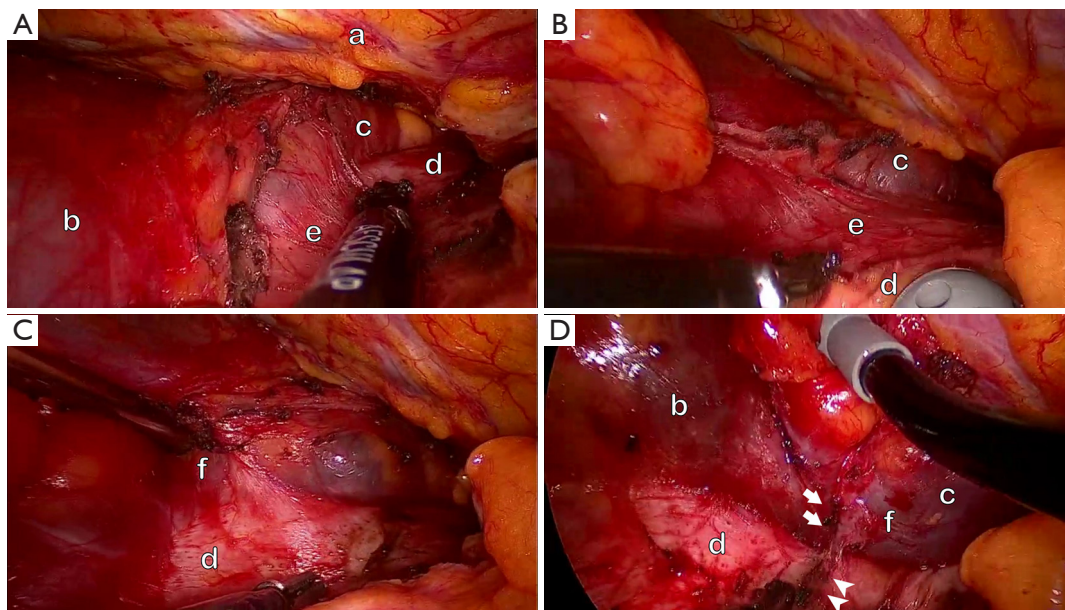


Figure 3 Surgical findings of a patient with a large thymic cyst. The surgery proceeded in ABCD order, and the right thymic lobe was moved cranially. (A) The sternopericardial ligament as a fibrous connective tissue layer (e, corresponding to *Figure 1B_b*) is seen between the thymic cyst (b,c) and the pericardium (d). (B) The fibrous layer is denser near the bifurcation of the thymus and forms a thin membrane. (C) A thick white triangular portion (f, corresponding to *Figure 1B_a*) is observed in the layer. (D) After cutting the triangular portion (arrows), the thymus is lifted, leaving the pericardium. The cyst is confirmed to be a lesion surgically, and the ligament is supposed to cause the “lobation sign” on the computed tomography scan. a, chest wall; b, right part of the cyst; c, left part of the thymic cyst; d, pericardium; e, sternopericardial ligament (membranous part, partially removed); f, thymopericardial node.

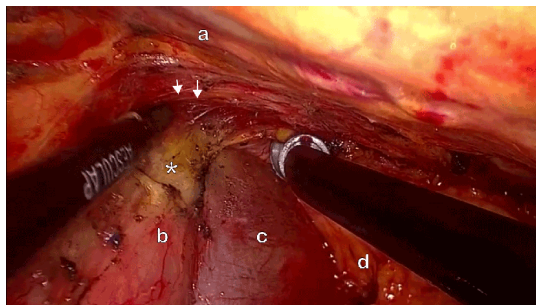


Figure 4 Surgical findings around the cardiophrenic space between the chest wall and pericardium from the right pleural cavity. In this vicinity, the pericardium was attached to the chest wall with slight adhesive tissue (arrows). No ligamentous structure corresponding to the inferior sternopericardial ligament was observed. a, chest wall; b, pericardium; c, hemidiaphragm; d, adipose tissue at the costophrenic angle; *, area with the pericardial fat removed (corresponding to *Figure 1B*).

Role of SPFL in thymic fixation

From a surgical viewpoint, the most significant aspect of the SPFL is fixing the thymus to the pericardium at the midline rather than the pericardium. If the thymus rods only on the pericardium, it can freely move laterally in the rich adipose tissue in the anterior mediastinum. Although thymic tumors are heavier than normal fatty thymic glands in many clinical cases, the contralateral thymic gland rarely moves toward the tumor. In addition, large thymomas on the midline do not deviate laterally. In the present case, with a large cyst near the inferior thymic angle, a notch-like lobular sign (*Figure 7*) was formed on the cyst by an SPFL composed of stiff connective tissue (*Figure 3*). We suppose that a ‘curvilinear strand extending from the displaced left thymic lobe to the anterosuperior aspect of the pericardial sac’ that Low *et al.* reported in a neonatal case of spontaneous multiloculated multiseptate pneumomediastinum (15) must correspond to the SPFL in this study. These clinical findings indicate a role for the SPFL in thymic fixation.

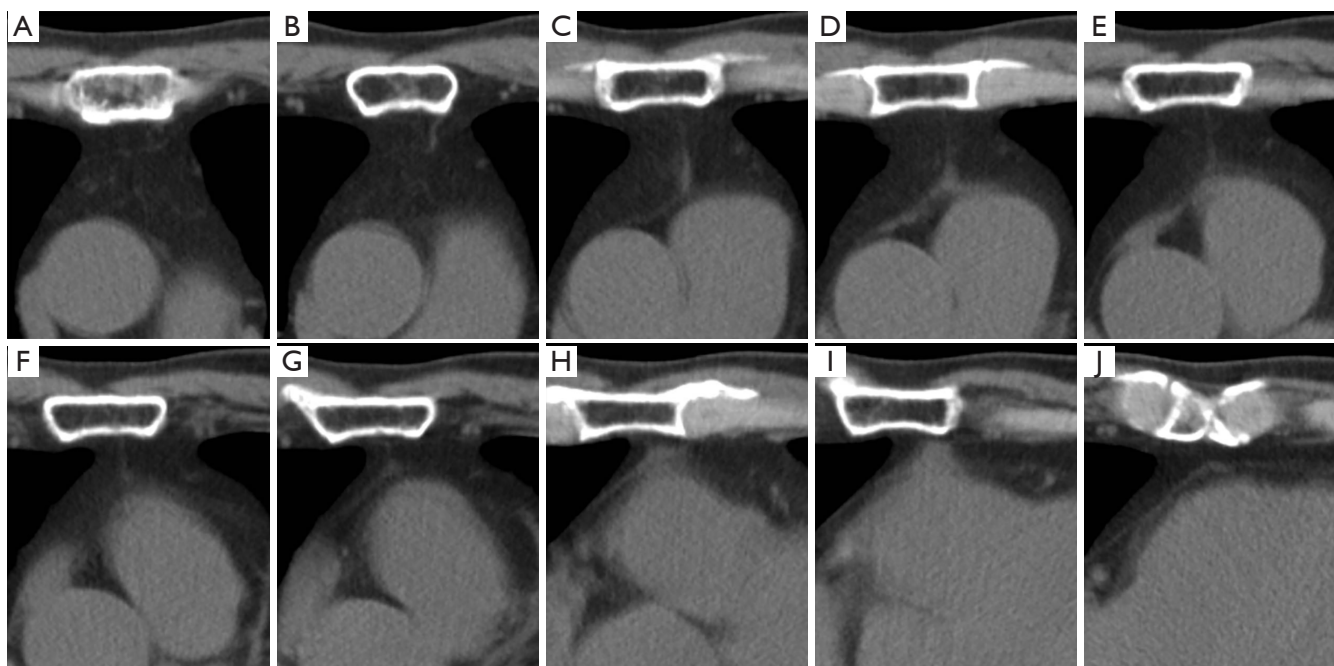


Figure 5 Typical images of the sternopericardial ligament on chest computed tomography. The sternopericardial ligament is shown as a line between the sternum and pericardium. (A) At the manubriosternal joint, the capsule of the thymic lobes is slightly visible, but no other findings are apparent. (B) A line appearing on the left side of the sternum. (C) A line runs toward the pericardial sac and is thicker in the thymic glands. (D) A triangular shadow was observed where the vertical line contacted the pericardium. A small, firm, white nodular strip is often observed surgically. (E-G) A thin line connecting the sternum and pericardium, and the figure is indistinct in contrast to the upper area. (H-I) The pericardium contacting the sternum is thick and adhesions are surgically observed here. In the supine position, the pericardial sac was deformed by being pulled up in the ventral direction owing to the adhesion. (J) Below the sternal body, near the xiphoid process, and the pericardial fat was between the chest wall and pericardium.



Figure 6 Frontal view of the sternopericardial ligament on a coronal section on chest computed tomography. The sternopericardial ligament is a line from the manubriosternal joint to the pericardial sac in a fat-dense layer between the lungs. The lower terminal shows a small nodular shadow located in the pericardium to the right of the pulmonary artery trunk.

Dense portion of SPFL fixing the thymus to the pericardium

Thymus fixation was primarily attributed to the dense portion of the SPFL located posterior to the inferior thymic angle rather than the membranous region of the SPFL lodged between the thymic glands (*Figure 3C*). Henceforth, we refer to this dense portion as the thymopericardial node (TPN). Surgical removal of the TPN allowed easy movement of the thymus within the mediastinum (*Figure 3D*). TPN serves a crucial role as an anchor to secure the thymic capsule to the pericardium. The TPN that fixes the thymus to the pericardium can be regarded as a ligament and may be called the thymopericardial ligament.

Characteristics of TPN

Based on our observations of adult surgical cases, the TPN appeared white and strip-like (*Figure 2A,2B*), sometimes exhibiting a cone-like or triangular shape (*Figure 3C*) located

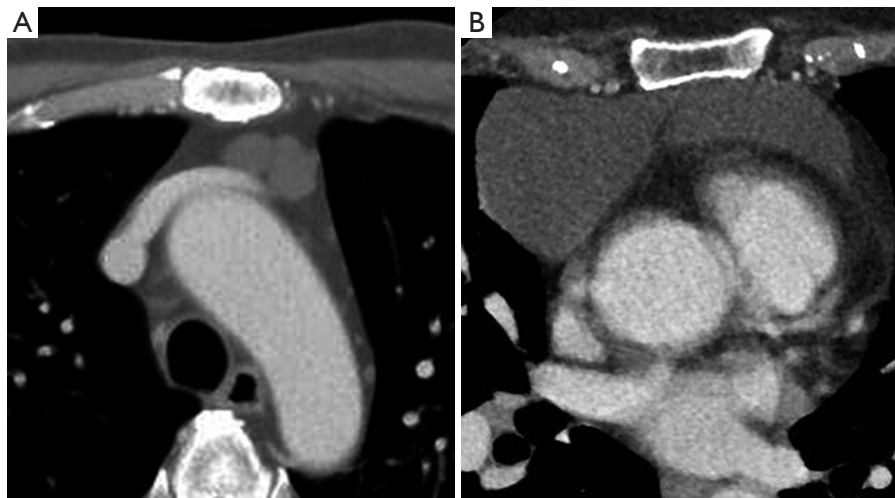


Figure 7 Lobation sign in a patient with a thymic cyst on chest computed tomography. A large thymic cyst is filling the anterior mediastinal space between the sternum and left brachiocephalic vein in one patient (A) and between the pericardium and chest wall in another patient (B). *Figure 3* presents the surgical findings of the patient shown in (B). A thin line can be seen at the center of the cystic lesions. In each case, it was surgically confirmed that the sternopericardial ligament made a notch in the cyst and caused a radiological “lobation sign”.

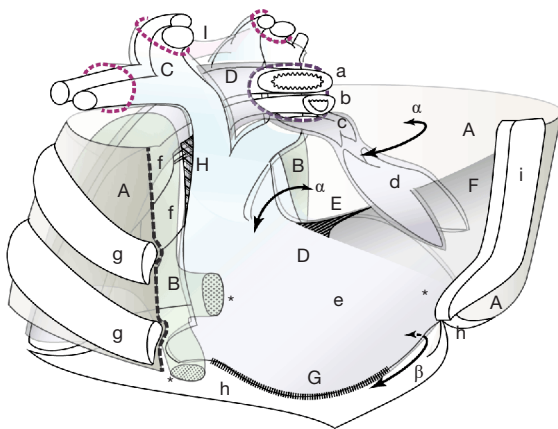


Figure 8 Schema of the fascial anatomy in the anterior mediastinum. The figure is exaggerated to clearly show the retrosternal fascial structure and its relationship with Grodinsky’s Space 3. A, Endothoracic fascia; B, subpleural fascia; C, vascular sheath; D, visceral fascia; E, thymopericardial node (ligament); F, sternopericardial ligament; G, phrenicopericardial. Ligament: H, bronchopericardial ligament; I, Alar fascia; a, esophagus; b, trachea; c, thyroid; d, thymus; e, pericardium; f, lungs; g, ribs; h, diaphragm; i, sternum; * (asterisk, dotted area), adhesion; α , Grodinsky’s Space 3; β , cardiophrenic space.

anteriorly to the arterial hilum of the pericardium (16). These characteristics differed from those of the surrounding SPL tissues. It continued smoothly into the fibrous

pericardium; therefore, we assumed that it was part of the fibrous pericardium.

The shape of the TPN is similar to that of the SPL described in older anatomical textbooks. However, the observed TPN is often relatively short (14) extends from the thymus to the pericardium, not the sternum. As the pericardium near the TPN was not resected during our surgical procedures, microscopic findings were unavailable. In our observations, the TPN was a part of the fibrous pericardium or extension (17,18). We contend that depicting the entire SPL as a tendon directly connecting the sternum and pericardium would be inaccurate.

Surgical implications of the TPN

Thymic surgeons should be mindful of the presence of a rigid TPN situated between the thymus and pericardium near the aortic trunk. Even in a normal thymus, the pericardium is drawn toward the thymus owing to the strong traction exerted by TPN, resulting in a deformation that might resemble a malignant indentation. This portion is so firm that surgeons need caution to avoid misinterpreting it as part of a malignant tumor or direct pericardial invasion of the malignancy during surgery. Conversely, it is worth noting that thymomas originating near the thymic isthmus could potentially infiltrate the pericardium more readily, given the close proximity of the thymus to the pericardium

in this region.

Previous studies of SPFL and TPN

A few studies have described SPL in infant with pneumomediastinum (15,17,19). Quattromani *et al.* (17), in neonatal autopsy cases, reported fibrous connective tissues that extend over the thymus and heart tenting outward from the inferior pole of the thymus and extend laterally to parietal pleural reflection and described it as a 'distinct fascial band'. In this case, the fibrous pericardium merged histologically with the thymic capsule. They also presented a 'small triangular density' where the band was attached to the heart in the chest radiograph of infants with pneumomediastinum. Although our result is limited to adult surgical observation, it can be said that the former 'band' corresponds to our SPFL and the latter 'triangle' to our TPN.

Inferior SPL

If the area contacting the pericardium and lower sternum is considered the inferior SPL, it can consist of two ligaments. Although the contact portion drawn in the figure appears to be an independent ligamentous structure (*Figure 1B*), in our observation, the contact was due to adhesion, and no ligamentous structures such as the phrenicopericardial ligament between the pericardium and diaphragm were detected here, nor were any dense fibrous structures such as the SPL running between the thymic lobes (*Figure 4*). As well-known to surgeons, this adhesion is so loose that it could be dissected with a finger before a median sternotomy (20).

SPLF as ligaments in the thorax

The role of the SPFL in fixing the pericardium to the thoracic cage can be regarded as a ligament and should be referred to as the SPL. The pericardium was anteriorly fixed to the thorax by the SPL and posteriorly to the tracheobronchi by the tracheobronchopericardial ligament (13,21). The tracheobronchi connect to the esophagus fascially, and the esophagus connects to the vertebra fascially. The SPL is a component of the fascial train from the sternum to the vertebrae on the midline of the thorax.

SPFL dividing the retrosternal space

The SPFL is a part of a wall that forms a thymic lodge and

can be regarded as the caudal floor of Grodinsky's Space 3 (*Figure 8*). Grodinsky reported that space 3 is isolated by dense adhesions between the fibrous pericardium and the sternum (1). Our observations align with his description. The caudal floor in the anterior mediastinum of Space 3 could consist of the pericardium, pleurae, and SPFL.

Therefore, the mediastinal compartment above the SPFL can be regarded as a fascial space called the previsceral space (20) or the thymic compartment (12). This compartment lies between the visceral and endothoracic fasciae and continues into the space between the visceral and middle layers of the deep cervical fascia. In other words, the compartment is the thoracic part of space 3, and only the thymus is the primary organ. At the four lateral corners of the compartment, abundant adipose tissues are found along the internal mammary arteries and pericardiophrenic arteries craniocaudally, and the corners of the caudal floor of the compartment, which are called the cardiophrenic angles, are filled with adipose tissues. The retrosternal space, which is the anterior mediastinum for surgeons, is filled with the thymic gland and corner fat tissues.

Because the SPFL below the thymus extends vertically across the retrosternal space, it functions as a watershed for the lower anterior mediastinum. For example, descending mediastinitis in the anterior mediastinum usually extends posterolaterally below the thymic isthmus (2,22-26). We frequently observed mediastinitis extending laterally along the edges of the SPFL.

SPFL in radiologic images

Although SPFL can often be detected on radiologic images, radiologic findings have rarely been described (27-30). The finding of the SPFL on coronal CT images is compatible with radiological findings known as the anterior junction line (27,31,32) on chest radiographs (*Figure 6*). We propose that the anterior junction line should consist not only of the pleura and fat tissue between the mediastinal pleura, and that the SPFL should be an essential component of the anterior junction line.

Differences between normal physiological conditions and surgeries

Under normal physiological conditions, in which the chest cavities are airtight and negative pressure is applied, the SPFL is compressed bilaterally by the expanded lungs and accumulates centrally. Therefore, the SPFL exists as a

thin and dense sagittal layer even below the thymic valley. However, once the airtightness is broken, the SPFL cannot maintain its membrane shape. The mediastinal pleurae move apart and the density of the SPFL among the pleurae is looser. Therefore, during surgery, the SPFL was observed as a broad and loose fibrous area when the lungs collapsed under normal atmospheric pressure.

Surgical technique and retrosternal fascial anatomy

The fascial structure of the anterior mediastinum is simple. It is comprised of a fatty thymus and massive adipose connective tissue. However, the monotony of this structure can pose challenges for surgeons performing thoracoscopic procedures within the anterior mediastinum, making it challenging to maintain precise orientation during surgery. To avoid disorientation, surgeons must develop a thorough understanding of the fascial anatomy and meticulously follow the continuity of the fibrous connective tissues. The atlas of fibrous tissues presented in this study will help navigate anterior mediastinal surgery. This will be valuable, particularly for thoracoscopic surgeries performed under limited and magnified views.

Conclusions

In this study, we showed the detailed structure of the SPL and the fascial anatomy in the anterior mediastinum, revealing differences in some previous descriptions of the SPL as two ligaments or elongated tendon-like structures.

The structure described as the superior SPL in previous textbooks was the essence of the SPL, which is a sagittal layer of simple fibrous tissues between the pericardium and sternum. By contrast, the inferior SPL showed adhesions with minimal connective tissue. We confirmed that a specific strip-like portion of the SPL serves as an anchor to fix the thymus to the pericardium. We also showed that the SPL formed a segment of the caudal floor of Grodinsky's space 3, effectively dividing the anterior mediastinum into the right and left compartments. This fibrous layer was detectable on radiological images and suggested to be a potential component of the anterior junctional line.

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Footnote

Reporting Checklist: The authors have completed the STROBE reporting checklist. Available at <https://jtd.amegroups.com/article/view/10.21037/jtd-23-1602/rc>

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Conflicts of Interest: Both authors have completed the ICMJE uniform disclosure form (available at <https://jtd.amegroups.com/article/view/10.21037/jtd-23-1602/coif>). The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The study was approved by the institutional ethics committee of National Hospital Organization Saitama Hospital (No. R2016-10) and individual consent for this retrospective analysis was waived.

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