



Characterization and prognostic implications of significant blood loss during intracranial meningioma surgery

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Background: Surgery for intracranial meningiomas enables the timely reduction of mass effect and can even be curative; however, it is often accompanied by substantial bleeding. We investigated the risks for significant intraoperative bleeding and the impact of excessive blood loss on the in-hospital outcomes in patients undergoing resection of intracranial meningiomas.

Methods: We retrospectively enrolled 99 patients that had undergone intracranial meningioma operation. Significant blood loss during an operation was defined as ≥ 500 mL blood volume. The cases were divided into two groups: those with ($N=60$) and without ($N=39$) significant blood loss.

Results: The rate of significant intraoperative bleeding in the 99 patients was 60.6%. In a multivariate logistic regression analysis, the independent risk factors for significant blood loss were the size of tumors ($P=0.006$) and operative duration ($P=0.002$). In addition, significant blood loss during meningioma surgery predisposed patients to a higher rate of 30-day medical complications ($P=0.001$). The duration of postoperative ventilator support, the length of the intensive care unit (ICU) stay, and the length of the hospital stay were significantly prolonged in patients with excessive bleeding ($P=0.012$, $P=0.007$, and $P<0.001$, respectively).

Conclusions: In intracranial meningioma surgery, larger tumors and prolonged operations increase the risk of substantial bleeding. Because significant blood loss during meningioma resection is associated with higher incidence of medical morbidities, neurosurgeons would be advised to pay increased attention to this outcome determinant.

Keywords: Meningioma; craniotomy; blood loss; complication

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Introduction

Meningiomas consist of neoplastic arachnoidal cells imbedded in the meninges, and constitute 13–26% of primary intracranial tumors (1,2). Most meningiomas are slow growing and benign, and tend to compress or envelop the adjacent structures rather than invade them. Because a relatively clear operative plane is available, surgery aimed at total resection of the tumors is the main therapeutic option.

While the surgical removal of intracranial meningiomas can reduce mass effects and may even be curative, the process is not without adverse events. In particular, meningioma resection is frequently accompanied by substantial blood loss, and preoperative embolization may be required to control surgical bleeding (3,4). This is an issue because significant surgical bleeding, i.e., ≥ 500 mL, is associated with morbidity and mortality in cases that undergo major non-cardiac surgery (5–7). There remains

no universally accepted definition of excessive blood loss in the neurosurgical field. Moreover, the incidence of meningiomas increases with age, and elderly patients are particularly vulnerable to anemia and the detrimental effects of blood loss owing to their limited physiological reserves (8,9). Excessive bleeding during operations can also lead to the need for transfusions of red cells, platelets, or coagulation factors, thus increasing the potential for infection transmission and immunological reaction. Considering these various factors, it is important to predict significant blood loss and guide clinical management decisions in patients undergoing intracranial meningioma surgery.

In this research, we retrospectively reviewed clinical data and assessed the risk factors for significant blood loss during the resection of intracranial meningiomas. We also studied the impact of significant intraoperative bleeding on in-hospital outcomes.

Methods

Data collection

This study was conducted at a tertiary referral and 2,686-bed teaching hospital with a 20-bed neurosurgical intensive care unit (ICU) in Taiwan, Kaohsiung Chang Gung Memorial Hospital. We retrospectively collected the data of patients that had undergone craniotomy for intracranial meningioma resection from February 2009 to December 2013 after acquiring consent from the institutional review board. The cases who were treated for recurrent tumors or tissue biopsy alone were excluded from the study. In total, 99 cases were enrolled for analysis. The investigators collected the data consisting of the demographics, body mass index (BMI), preoperative laboratory examinations, Karnofsky Performance Scale (KPS), and physical status classification of American Society of Anesthesiologists (ASA). The operation details were recorded, and total intraoperative blood loss was calculated as the sum of blood in suction containers and soaked gauzes. Significant operative blood loss was defined as a loss of ≥ 500 mL blood volume (5-7).

Image evaluation

Magnetic resonance imaging (MRI) data of the brain were obtained preoperatively; these included T1, T2, and gadolinium enhanced-T1 sequences. The locations of the tumors were categorized as convexity, parasagittal/falx,

cranial base, or posterior fossa. The site where a tumor attached to primary vascular or nervous structures, such as the cranial base or an eloquent area, was defined as a “critical location”. We calculated the size of the tumor by measuring the largest diameter of the lesion. The presence or absence of peritumoral edema was identified on T2-weighted images, and classified as absent, moderate (only peritumoral), or severe (with a shift of midline structures). In the event of a new onset of neurological deficits or for routine postoperative evaluation, follow-up images of the brain, including computed tomography scans or MRI, were performed.

Clinical management

Some of the patients received preoperative embolization for meningiomas depending on the surgeon’s decision, which was based on the size, location, and blood supply of the tumors. All cases underwent craniotomy for the removal of meningiomas, and intraoperative navigator guidance, microscopic assistance, or electrophysiological monitoring was selectively used as adjuncts to surgical resection. All specimens were obtained to establish a histological diagnosis, and the tumors were subdivided according to the World Health Organization’s classification (10). The extent of surgery was assessed using the Simpson grade of resection system (11). Postoperatively, the patients were monitored and treated in the ICU, and they received intubation with ventilation assistance over different periods depending on their neurological and medical state.

Outcome assessment

The outcomes that we focused on included the length of hospital stay, the length of postoperative ICU stay, the duration of postoperative ventilator use, and the major complications within 30 days postoperatively. The following events were defined as major complications: coma for 24 hours or longer, stroke, cardiac arrest requiring cardiopulmonary resuscitation, myocardial infarction, acute renal failure, unplanned intubation, ventilator use for 48 hours or longer, pulmonary embolism, pneumonia, bleeding requiring >4 U red cell transfusion within 72 hours after operation, deep venous thrombosis, deep or organ-space surgical site infection, sepsis, septic shock, systemic inflammatory response syndrome, and wound disruption. Death was also considered a major complication.

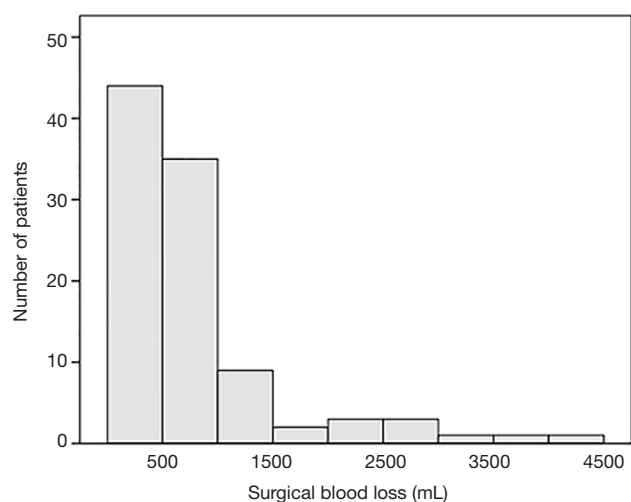


Figure 1 Distribution of volume of surgical blood loss in intracranial meningioma surgery.

Statistical analysis

We analyzed data utilizing SPSS (IBM SPSS Statistics, version 20.0). Descriptive statistics were showed as mean with standard deviation (SD) or as frequencies (%). The chi-square test and Fisher's exact test were used to compare categorical variables. The Mann-Whitney *U*-test and Student's *t*-test were used to access continuous variables. The parameters with a *P* value <0.05 were entered into multivariable logistic regression model aiming to adjust for independent factors of significant bleeding during intracranial meningioma surgery. The results were showed as odds ratios (95% confidence intervals). It was considered to be significant statistically when a *P* value was less than 0.05.

Results

Baseline characteristics

The 99 patients who underwent craniotomy for intracranial meningiomas included 40 males and 59 females. The mean age was 60.9 (SD, 13.8; range, 20–87) years. The mean BMI was 24.5 (SD, 3.8; range, 17.6–34.6). The medical conditions included 25 patient of diabetes mellitus, 44 of hypertension, 3 of coronary artery disease, 10 of previous stroke, and 6 patients undergoing antiplatelet therapy. At admission, the mean KPS score was 68.0 (SD, 13.8; range, 20–90). The number of patients with ASA physical status classification I, II, III, and V was 3, 37, 58, and 1, respectively. The MRI scans showed 38 convexity, 22

parasagittal/falx, 27 cranial base, and 12 posterior fossa meningiomas. There were 62 tumors in a critical location. The degree of peritumoral edema was as follows: absent in 40 patients, moderate in 40 patients, and severe in 19 patients. The mean size of the tumor was 4.6 (SD 1.8; range, 1–9) cm in maximal diameter. The pathological reports showed 14 meningothelial, 7 fibrous, 14 transitional, 1 psammomatous, 2 angiomatous, 17 microcystic, 5 secretory, 1 lymphoplasmacyte-rich, 5 metaplastic, 4 chordoid, 1 clear cell, 23 atypical, 1 rhabdoid, 1 anaplastic, and 3 undetermined meningiomas. Thirty-one patients had preoperative transarterial embolization of meningiomas to facilitate surgery. The average overall length of hospital stay was 19.6 (SD 11.2; range 7–68) days.

Analysis of intracranial meningioma surgery

The number of cases with the Simpson resection grade 1, 2, 3, 4, and 5 was 14, 56, 12, 15, and 2, respectively. The average duration of the operation was 9.6 (SD, 3.4; range 3.9–21.1) hours. The mean intraoperative blood loss was 807.0 (SD, 806.3; range 20–4,200) mL. *Figure 1* shows the distribution of the volume of surgical bleeding for the 99 patients. Significant blood loss (≥ 500 mL) was found in 60 (60.6%) patients. Sixty-eight patients received red cell transfusion intraoperatively. The average durations of postoperative ventilator use and length of ICU stay were 2.3 (SD 2.7; range 1–21) and 5.6 (SD 6.4; range 2–59) days, respectively.

Risk factors for significant blood loss

By comparing the clinical characteristics of patients with and without significant intraoperative bleeding, four significantly different parameters were identified: presentation with headache ($P=0.036$), the degree of peritumoral edema ($P=0.022$), the size of tumors ($P<0.001$), and the duration of the operation ($P<0.001$) (*Table 1*). These parameters were entered into multivariable regression analysis, and the factors independent for significant bleeding in intracranial meningioma surgery were tumor size [odds ratio (95% confidence interval) =1.54 (1.13–2.08); $P=0.006$] and duration of operation [odds ratio (95% confidence interval) =1.33 (1.11–1.59); $P=0.002$] (*Table 2*). Based on this result, we further stratified the patients into three subgroups by tumor size (i.e., <3, 3–6, and >6 cm) and operation duration (i.e., <8, 8–12, and >12 h); the relationships between these risk factors and surgical blood loss are shown in *Figures 2* and *3*.

Table 1 Comparisons of clinical characteristics of patients with or without significant blood loss in intracranial meningioma surgery

Variables	Total cases (N=99)	Blood loss		P value
		≥500 mL (N=60)	<500 mL (N=39)	
Age (years)	60.9 (SD 13.8)	61.1 (SD 13.5)	60.6 (SD 14.5)	0.872
Gender (male), n (%)	40 (40.4)	26 (43.3)	14 (35.9)	0.461
Underlying medical condition, n (%)				
Diabetes mellitus	25 (25.3)	15 (25.0)	10 (25.6)	0.943
Hypertension	44 (44.4)	28 (46.7)	16 (41.0)	0.581
Coronary artery disease	3 (3.0)	2 (3.3)	1 (2.6)	1.000
Stroke	10 (10.1)	4 (6.7)	6 (15.4)	0.186
Antiplatelet therapy	6 (6.1)	3 (5.0)	3 (7.7)	0.678
Symptom/sign, n (%)				
Headache	38 (38.4)	28 (46.7)	10 (25.6)	0.036
Vomiting	15 (15.2)	8 (13.3)	7 (17.9)	0.531
Blurred vision	8 (8.1)	7 (11.7)	1 (2.6)	0.142
Extremity weakness	28 (28.3)	20 (33.3)	8 (20.5)	0.181
Aphasia	7 (7.1)	4 (6.7)	3 (7.7)	1.000
Seizure	15 (15.2)	10 (16.7)	5 (12.8)	0.602
Mental change	14 (14.1)	10 (16.7)	4 (10.3)	0.371
Duration of symptom/sign (month)	5.3 (SD 6.4)	5.5 (SD 6.6)	5.1 (SD 6.2)	0.983
Body mass index at admission	24.5 (SD 3.8)	24.5 (SD 3.6)	24.5 (SD 4.1)	0.917
Preoperative laboratory data				
Hemoglobin (g/dL)	13.0 (SD 1.8)	12.8 (SD 2.1)	13.3 (SD 1.4)	0.396
White blood cell (count/ μ L)	7,897.0 (SD 3,431.6)	8,025.0 (SD 3,513.7)	7,700.0 (SD 3,337.0)	0.567
Platelet (count/ μ L)	227.3 (SD 66.6)	219.0 (SD 72.6)	239.9 (SD 54.6)	0.086
Prothrombin time INR ^a	1.0 (SD 0.1)	1.0 (SD 0.1)	1.0 (SD 0)	0.087
KPS score ^b at admission	68.0 (SD 13.8)	67.2 (SD 15.4)	69.2 (SD 10.9)	0.796
ASA classification ^c > II, n (%)	59 (59.6)	37 (61.7)	22 (56.4)	0.603
Location of tumors, n (%)				0.155
Convexity	38 (38.4)	18 (30.0)	20 (51.3)	
Parasagittal/Falx	22 (22.2)	16 (26.7)	6 (15.4)	
Cranial base	27 (27.3)	19 (31.7)	8 (20.5)	
Posterior fossa	12 (12.1)	7 (11.7)	5 (12.8)	
Critical location	62 (62.6)	42 (70.0)	20 (51.3)	0.060

Table 1 (continued)

Table 1 (continued)

Variables	Total cases (N=99)	Blood loss		P value
		≥500 mL (N=60)	<500 mL (N=39)	
Peritumoral edema, n (%)				0.022
Absent	40 (40.4)	18 (30.0)	22 (56.4)	
Moderate	40 (40.4)	30 (50.0)	10 (25.6)	
Severe	19 (19.2)	12 (20.0)	7 (17.9)	
Size of tumors (cm)	4.6 (SD 1.8)	5.2 (SD 1.5)	3.7 (SD 1.8)	<0.001
Preoperative tumor embolization, n (%)	31 (31.3)	23 (38.3)	8 (20.5)	0.062
Duration of operation (hour)	9.6 (SD 3.4)	10.7 (SD 3.4)	8.0 (SD 2.4)	<0.001
Simpson grade of tumor resection	2.3 (SD 1.0)	2.5 (SD 1.0)	2.1 (SD 0.9)	0.064

^a, international normalized ratio; ^b, Karnofsky Performance Scale Score; ^c, American Society of Anesthesiologists Physical Status Classification. SD, standard deviation; KPS, Karnofsky Performance Scale; ASA, American Society of Anesthesiologists.

Table 2 Multivariable analysis of independent risk factors for significant blood loss in intracranial meningioma surgery

Variables	Blood loss ≥500 mL	
	Odds ratio (95% CI)	P value
Headache	1.81 (0.61–5.34)	0.285
Peritumoral edema		
Absent	Reference	0.277
Moderate	2.29 (0.75–7.00)	0.145
Severe	0.93 (0.23–3.72)	0.922
Size of tumors	1.54 (1.13–2.08)	0.006
Duration of operation	1.33 (1.11–1.59)	0.002

Outcomes after surgery

Patients with ≥500 mL intraoperative blood loss required prolonged use of a ventilator ($P=0.012$), and their postoperative ICU stay and hospital stay were significantly longer than those of patients without significant blood loss ($P=0.007$ and $P<0.001$, respectively). The mean KPS score at discharge was 70.3 (SD 16.3) for patients with substantial bleeding versus 76.7 (SD 10.3) for patients without ($P=0.058$). The major medical complications were documented in 34 of the 99 patients within 30 days after surgery, and the overall incidence was 34.3%. The rate of 30-day complications was statistically different between the patient groups ($P=0.001$) (Table 3).

Discussion

The increased use of neuroimaging facilities in clinical practice and the trend for extended life expectancy have contributed to an increase in the diagnosis and treatment of intracranial meningiomas, particularly in the elderly (2,12,13). Because patient safety has become increasingly important, the complications associated with intracranial meningioma surgery should receive greater scrutiny. In the present study, the rate of significant blood loss during meningioma resection in 99 patients was up to 60.6%. These findings also indicate that significant blood loss during surgery is associated with a higher frequency of postoperative medical morbidities. Concomitantly, the duration of ventilator use and the length of ICU or hospital stay for subjects with substantial bleeding were prolonged. A trend toward lower KPS at discharge in patients with significant blood loss was also noted, although this was not statistically significant.

An increased understanding of the variables that predispose patients to postoperative morbidities is crucial for improving therapeutic outcomes. Additionally, cautious patient assessment provides an opportunity to control medical costs. A few factors related to complications or death among patients with intracranial meningioma surgery have been documented, and these include age, sex, functional status, ASA physical status classification, preoperative disseminated cancer, tumor location, peritumoral edema, tumor size, and the extent of tumor removal (12–16). However, the detrimental effects of surgical bleeding in meningioma resection have yet to be

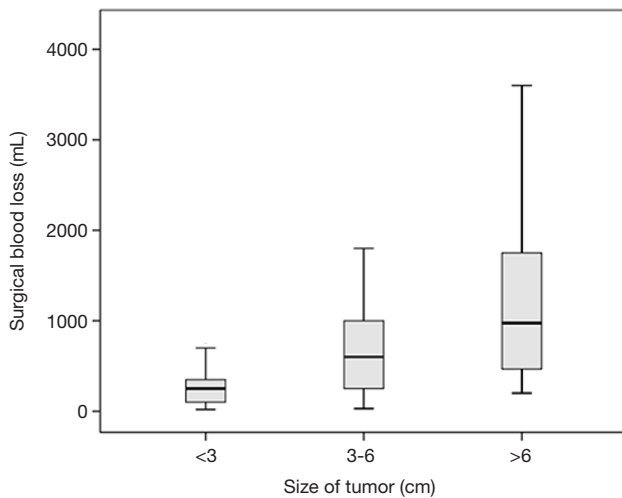


Figure 2 Box plot for surgical blood loss using stratification of tumor size.

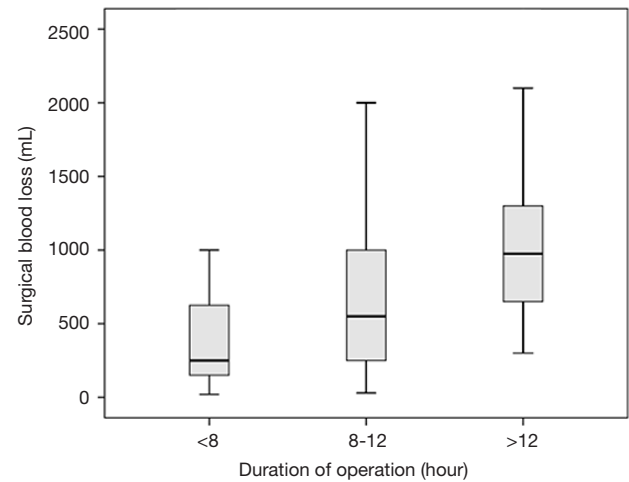


Figure 3 Box plot for surgical blood loss using stratification of operative duration.

fully determined. Mortality and morbidity rates are related to bleeding during surgery, and they prominently rise for patients that lose >500 mL of blood (5). In contrast, an increase in the rate of intraoperative blood transfusion has been associated with a decrease in postoperative death for the risky population (7). In this study, a relatively large difference, 31.3%, was observed between the rates of 30-day postoperative complications in patients with or without significant blood loss. This result suggests that clinicians must pay careful attention to this determinant of surgical outcome.

Although increased surgical bleeding is associated with an increased probability of intraoperative red cell transfusion, the delivery of blood products depends not only on the amount of blood lost but also on several confounding factors, including those related to surgeons, anesthesiologists, or patients; hence, substantial variation exists among hospital practices for patients with significant surgical bleeding (7). In our opinion, risks can be identified in a direct and practical manner by calculating the volume of blood loss and evaluating the parameters related to surgical bleeding. In this study, we showed two risk factors independent for significant blood loss in intracranial meningioma surgery: the size of the tumors and duration of the operation. In other words, large tumor size and prolonged surgery in turn lead to excessive blood loss, and all these three variables probably contribute to the higher rates of morbidity.

Our analysis demonstrated that a 1-cm increase in the size of the meningioma increases the rate of significant blood loss by 53.5% (odds ratio =1.54). The blood supplied to intracranial meningiomas mainly originates from the external carotid artery, as well as the internal carotid artery,

vertebral artery, or a combination of these vessels. Because meningiomas are typically slow growing, their central region is constantly supplied by feeders from the external carotid artery at the site of dural attachment (17). Unlike high-graded gliomas which exhibit rapid volume expansion and tenuous blood supply at their cores, devascularization and necrosis at the center of the meningioma is uncommon. Therefore, it is not surprising that resection of larger meningiomas results in increased blood loss.

It has been notified that duration of brain tumor surgery is an independent risk factor for extracranial complications and the potential harm of slow surgery should be of interest to neurosurgeons (18). Resection of meningiomas usually requires a standard craniotomy with extensive exposure of the lesion site to visualize the tumor and facilitate its removal. The meningioma, or even the vessel-rich dura overlying the tumor, is bloody when the raw surface of the tumor is exposed or the dura is detached from the skull. Therefore, it is a challenge for neurosurgeons to control bleeding during meningioma surgery, especially during longer lasting operations. In our study, the patients with significant blood loss underwent intracranial meningioma operations that lasted 10.7 hours on average: almost 3 h longer than in cases without significant bleeding. We reasonably doubt that the location of meningiomas is one of the predisposing factors of operative time and bleeding. Because complex or aggressive meningiomas can be deeply seated or encased by nerves and vessels, their safe resection should theoretically take more time. However, neither the location of meningiomas nor their presence in a critical location was a relevant factor for significant blood loss in

Table 3 Comparisons of the clinical outcomes of patients with or without significant blood loss of intracranial meningioma surgery

Outcomes	Total cases (N=99)	Blood loss		P value
		≥500 mL (N=60)	<500 mL (N=39)	
Duration of ventilator use (day)	2.3 (SD 2.7)	2.8 (SD 3.3)	1.6 (SD 0.5)	0.012
Length of ICU ^a stay (day)	5.6 (SD 6.4)	6.8 (SD 8.0)	3.8 (SD 1.1)	0.007
Length of hospital stay (day)	19.6 (SD 11.2)	22.8 (SD 12.9)	14.8 (SD 5.2)	<0.001
KPS score ^b at discharge	72.8 (SD 14.5)	70.3 (SD 16.3)	76.7 (SD 10.3)	0.058
Thirty-day major complications	34 (34.3%)	28 (46.7%)	6 (15.4%)	0.001

^a, intensive care unit; ^b, Karnofsky Performance Scale Score. SD, SD, standard deviation.

this study. Another variable probably related to duration of meningioma surgery is the experience of the neurosurgeons or the quality/extent of facilities in the operating institute, but it was difficult to identify or analyze these variables in the current study.

Preoperative embolization of intracranial meningiomas is an optional procedure; in our study, 31.3% of patients underwent obliteration of at least one arterial branch of the tumor prior to surgical excision. The reported advantages of embolization of intracranial meningiomas include reducing surgical bleeding, decreasing transfusion demand, and softening the tumors to facilitate subsequent removal (17,19). In this study, there was no statistically significant difference in blood loss between patients with or without preoperative embolization. However, non-significance should not simply be interpreted as non-relation, as the variable may have a genuine influence but be undetectable because of our study design or sample size. In reality, endovascular devascularization of meningiomas is reserved for large and complex meningiomas, and only complete embolization of the tumors has an effect on intraoperative blood loss (17,20,21). It is also necessary to thoroughly assess the benefits of preoperative tumor embolization because of the additional cost involved and the increased risk of complications. In recent reports, the overall incidence of complications with preoperative meningioma embolization was 3.7–6.4% (22–24). Severe postembolization sequelae include ischemic or hemorrhagic events that can be permanent or lethal, cranial nerve palsy, scalp necrosis, and tumoral swelling leading to mass effect (17,22,23). We believe that the current evidence is insufficient to draw a firm conclusion on preoperative meningioma embolization or to fully guide its use; hence, further studies are required to investigate the benefits and risks of this adjunctive procedure.

We acknowledge that this study has several limitations

that must be considered when interpreting the results. It was a retrospective review of preexisting data, and data collection through chart reviews is usually less accurate and complete than planned investigation. The number of patients recruited in the study was relatively small from a statistical standpoint; thus, it may not have had the statistical power to detect the full impact of some risk factors. Moreover, the findings reflect the experience of a solitary medical center, and parts of the surgical approaches or techniques, such as endoscopic meningioma surgery, were not executed in our hospital. Therefore, our results may not be representative of all patients that undergo intracranial meningioma surgery in other institutes. Nevertheless, despite these limitations, our data provide beneficial information for preoperative assessment and postoperative guidance of intensive care.

Conclusions

In intracranial meningioma surgery, increased tumor size and prolonged operation time increase the risk of substantial bleeding. Because significant blood loss during meningioma resection is associated with higher incidence of medical morbidities, it is important that neurosurgeons give this outcome determinant more attention.

Acknowledgments

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Footnote

Conflicts of Interest: Both authors have completed the ICMJE uniform disclosure form (available at <http://dx.doi.org/10.21037/tcr.2016.11.72>). The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). This study was approved by Institutional Review Board of Chang Gung Memorial Hospital (104- 2001B) and individual consent for this retrospective analysis was waived.

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