

CARE Checklist of information to include when writing a case report



| Торіс | ltem No | Checklist item description | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|-----------------------------|------------|--|---|----------------------------------|
| Title | 1 | The diagnosis or intervention of primary focus followed by the words "case report" | page1/ line 1-3 | title |
| Key Words | 2 | 2 to 5 key words that identify diagnoses or interventions in this case report, including "case report" | page2/ line 30-31 | key words |
| Abstract (no references) | 3a | Introduction: What is unique about this case and what does it add to the scientific literature? | page2/ line 5-11 | abstract/2 |
| | 3b | Main symptoms and/or important clinical findings | N/A | abstract/2 |
| | 3c | The main diagnoses, therapeutic interventions, and outcomes | page2/ line 12-27 | abstract/2 |
| | 3d | Conclusion—What is the main "take-away" lesson(s) from this case? | page2/ line 28,29 | abstract/2 |
| Introduction | 4 | One or two paragraphs summarizing why this case is unique (may include references) | page3,4/ line 56-69 | introduction/3,4 |
| Patient Information | 5a | De-identified patient specific information | N/A | case presentation/5 |
| | 5b | Primary concerns and symptoms of the patient | page 4/ line 72-73 | case presentation/5 |
| | 5c | Medical, family, and psycho-social history including relevant genetic information | page4 / line 75 | case presentation/5 |
| | 5d | Relevant past interventions with outcomes | N/A | case presentation/5 |
| Clinical Findings | 6 | Describe significant physical examination (PE) and important clinical findings | page4,5 / line 76-84 | case presentation/5 |
| Timeline | 7 | Historical and current information from this episode of care organized as a timeline | page5,6 / line 99-144 | case presentation/figure 8 |
| Diagnostic Assessment | 8a | Diagnostic testing (such as PE, laboratory testing, imaging, surveys). | page4,5 / line 76-84 | case presentation/5 |
| | 8b | Diagnostic challenges (such as access to testing, financial, or cultural) | N/A | case presentation/5 |
| | 8c | Diagnosis (including other diagnoses considered) | page4 / line 72.73 | case presentation/5 |
| | 8d | Prognosis (such as staging in oncology) where applicable | page6 / line 112,113 | case presentation/5 |
| Therapeutic Intervention | 9a | Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care) | page5,6 / line85-102 | case presentation/5 |
| | 9b | Administration of therapeutic intervention (such as dosage, strength, duration) | page5,6 / line85-102 | case presentation/5 |
| | 9c | Changes in therapeutic intervention (with rationale) | N/A | case presentation/5 |

| Follow-up and Outcomes | 10a | Clinician and patient-assessed outcomes (if available) | N/A | case presentation/5 |
|---------------------------|-----|--|------------------------|---------------------|
| | 10b | Important follow-up diagnostic and other test results | page6 / line109-114 | case presentation/5 |
| | 10c | Intervention adherence and tolerability (How was this assessed?) | page5 / line94,95 | case presentation/5 |
| | 10d | Adverse and unanticipated events | N/A | case presentation/5 |
| Discussion | 11a | A scientific discussion of the strengths AND limitations associated with this case report | page7-10 / line121-188 | discussion/7 |
| | 11b | Discussion of the relevant medical literature with references | page7-10 / line121-149 | discussion/7 |
| | 11c | The scientific rationale for any conclusions (including assessment of possible causes) | page10/180-188 | discussion/7 |
| | 11d | The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion | page10/180-182 | discussion/7 |
| Patient Perspective | 12 | The patient should share their perspective in one to two paragraphs on the treatment(s) they received | N/A | discussion/7 |
| Informed Consent | 13 | Did the patient give informed consent? Please provide if requested | Yes 🖌 | Νο |

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