CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	1/1-3	Title/1
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	2/37-38	Key words/6
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	1/12-15	Abstract/5
	3b	Main symptoms and/or important clinical findings	1-2/15-23	Abstract/5
	3c	The main diagnoses, therapeutic interventions, and outcomes	2/23-31	Abstract/5
	3d	Conclusion—What is the main “take-away” lesson(s) from this case?	2/31-36	Abstract/5
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	3/-40-57	Introduction/7
Patient Information	5a	De-identified patient specific information	3/60	Patient and treatment/8
	5b	Primary concerns and symptoms of the patient	3-4/60-62	Patient and treatment/8
	5c	Medical, family, and psycho-social history including relevant genetic information	4/62-66	Patient and treatment/8
	5d	Relevant past interventions with outcomes	4/67-71	Patient and treatment/8
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	4/71-77	Patient and treatment/8
Timeline	7	Historical and current information from this episode of care organized as a timeline	Not applicable	Not applicable
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	4-5/77-87	Patient and treatment/8
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Not applicable	Not applicable
	8c	Diagnosis (including other diagnoses considered)	5/88-90	Patient and treatment/9
	8d	Prognosis (such as staging in oncology) where applicable	Not applicable	Not applicable
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	5/90-95	Patient and treatment/9
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	5/96-98	Patient and treatment/9
	9c	Changes in therapeutic intervention (with rationale)	Not applicable	Not applicable

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Not applicable	Not applicable
	10b	Important follow-up diagnostic and other test results	5-6/102-116	Pathology/10
	10c	Intervention adherence and tolerability (How was this assessed?)	Not applicable	Not applicable
	10d	Adverse and unanticipated events	Not applicable	Not applicable
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	7/146-147,8/153-155,8/162	Discussion/14
	11b	Discussion of the relevant medical literature **with references**	6-7/122-146,7-8/148-153,8	Discussion/12-16
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Not applicable	Not applicable
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	9/183-186	Discussion/17
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	Not applicable	Not applicable
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.