

Resveratrol affects the migration and apoptosis of monocytes by blocking HMGB1/NF-κB pathway

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Background: Chronic inflammation is now recognized as a causal factor of aging. Resveratrol is a nonflavonoid compound that widely exists in plant species, exerting anti-inflammatory effects in vitro and in animal models. The chemotaxis of inflammatory cells and secretion of cytokines are key characters in inflammation response.

Methods: The effects of lipopolysaccharide (LPS) and high mobility group box-1 (HMGB1) chromosomal on the migration, inflammatory response, and apoptosis of monocytes were detected. THP-1 cells were used to study the effects of resveratrol treatment on LPS- and HMGB-induced monocytes. We aimed to investigate the effect of Resveratrol on monocyte migration and the expression of a special cytokine named HMGB1 in THP-1 cells.

Results: Resveratrol obviously inhibited THP-1 migration induced by LPS. LPS increased the expression of HMGB1 and its release in THP-1 cells, which were both decreased by resveratrol. Resveratrol inhibited the activity of NF-κB-p65 and the translocation of NF-κB-p65 from nucleus to cytoplasm induced by LPS. In addition, Resveratrol increased LPS and HMGB1-inhibited monocyte apoptosis. Resveratrol inhibited the LPS-induced HMGB1 secretion and its activation through NF-κB pathway. The THP-1 migration induced by LPS was inhibited by resveratrol.

Conclusions: Resveratrol may inhibit monocyte migration and induce apoptosis by blocking downstream HMGB1/NF-κB/MCP-1 signaling pathways, thereby reducing systemic inflammation.

Keywords: Resveratrol; high mobility group box-1 (HMGB1); lipopolysaccharide (LPS); monocyte; aging

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Introduction

Inflammation is the essential pathological change in aging (1-3). Monocyte migration and proinflammatory secretion are important steps in inflammation response (4,5). Among the cytokines participating in vascular inflammatory response, high mobility group box-1 (HMGB1) is special, because it can be released by necrotic cells or activated macrophages/monocytes in a delayed fashion (6-8).

Resveratrol is a non-flavonoid compound that widely

exists in plant species, such as grapes and *Polygonum cuspidatum*, which is a Chinese traditional herb (9). Resveratrol attracted more interest in the past decade, because it is a biologically active polyphenol that exerts beneficial action on some most prevalent illnesses including cardiovascular diseases and cancer (10-13). It is postulated to be a promising agent to prevent vascular aging and extend lifespan (14). The therapeutic role of Resveratrol is related to its diversified properties, such as anti-inflammation, anti-

proliferation, and anti-oxidative stress (15,16). Even though some molecular mechanisms mediating the beneficial effects of Resveratrol have been identified, more targets of Resveratrol need to be investigated.

The anti-inflammatory property is critical for the pharmacological character of Resveratrol (17,18). Resveratrol could inhibit the nuclear factor- κ B (NF- κ B) (10) activation and decrease the release of intercellular adhesion molecular-1 (ICAM-1), interleukin-6 (IL-6), and tumor necrosis factor α (TNF α) induced by different stimuli (19). Reports on the effect of Resveratrol on HMGB1 or monocyte migration are rare.

THP-1 cells were used as the cell model. The effects of lipopolysaccharide (LPS)and HMGB1 on the migration, inflammatory response, and apoptosis of monocytes were detected by RT-qPCR, Transwell assay, and TUNEL assays. In addition, THP-1 cells were used to study the effects of resveratrol treatment on LPS- and HMGBinduced monocytes. Finally, we investigated the molecular mechanism underlying the effect of resveratrol treatment on monocytes through the interaction of HMGB1 with downstream signaling pathways.

We present the following article in accordance with the MDAR reporting checklist (available at https://dx.doi. org/10.21037/tcr-21-517).

Methods

Cell culture

THP-1 cells (RRID: CVCL_0006, purchased from Shanghai Institutes for Biological Science, Chinese Academy Science, China) were grown in RPMI 1640 medium supplemented with 10% fetal bovine serum at 37 °C in a 5% CO₂ atmosphere to a density of 1×10^6 cells/mL. The cells were randomly assigned to the following groups: negative control; LPS-treated group (5 µg/mL) (Sigma-Aldrich, USA); HMGB1-treated group (20 µM) (Sigma-Aldrich, USA); and Resveratrol group (20 µM) (Sigma-Aldrich, USA). All groups were collected for QRT-PCR and migration assay.

Migration assay

Transwell migration assays were performed with culture supernatant from different groups in the lower chamber and 2 ml of THP-1 (5×10^4 /mL) in the upper chamber in a 6-well plate with 8-µM pore-size membrane (Corning,

USA) for 24 h at 37 °C. Cells that migrated into the lower chamber were collected and fixed with 95% alcohol. After hematoxylin-eosin staining, THP-1 cells in five 40× fields of view were counted under the inverted microscope. Migration experiments were repeated thrice.

Real-time reverse transcription-polymerase chain reaction (RT-PCR)

Total RNA was extracted and cDNA was synthesized with RevertAid H Minus First Strand cDNA Synthesis Kit (Fermentas, Canada) according to manufacturer's instructions. Stratagene MX3000 was used to analyze mRNA expression of HMGB1. The housekeeping gene GAPDH was used for internal normalization. HMGB1, sense: 5'-AAGTGAGAGCCGGACGGGCA-3', antisense: 5'-GGGCCTTGTCCGCTTTTGCCA-3'. Bcl-2, sense: 5'-ATGCCTTTGTGGAACTATATGGC-3', antisense: 5'-GGTATGCACCCAGAGTGATGC-3'. Bax, sense: 5'-TGAAGACAGGGGCCTTTTTG-3', antisense: 5'-AATTCGCCGGAGACACTCG-3'. TNF-α, sense: 5'-CCTGTGAGGAGGACGAACA-3', antisense: 5', antisense: 5'-TTGAGCCAGAAGAGGTTGAG-3'. MCP-1, sense: 5'-CAGCCAGATGCAATCAATGCC-3', antisense: 5'-TGGAATCCTGAACCCACTTCT-3'. GAPDH, sense: 5'-CAATGACCCCTTCATTGACC-3', antisense: 5'- GACAAGCTTCCCGTTCTCAG-3' were designed by ProMab Biotechnologies Inc. Samples were run in triplicate. The efficiency of PCR was determined using dilution series of a standard vascular sample. Fidelity of the PCR reaction was determined by melting temperature analysis and visualization of product on a 2% agarose gel. Results are presented as relative quantification using the $2^{-\Delta\Delta Ct}$ method.

Western blot

Total protein and nuclear protein were extracted separately according to kit instruction (ProMab, USA). Protein concentration was measured by a Bradford Protein Assay kit (Beyotime Institute of Technology, China). Western blot was performed using the polyclonal rabbit antibody for NF-κB-p65 (1:400, 4 °C overnight; Abcam-ab16502, USA). Goat anti-rabbit IgG/HRP (1:40,000; ProMab-2005079, USA) was used as secondary antibody for NF-κB-p65 and Histone H2. Goat anti-mouse IgG/HRP (1:50,000; ProMab-2005080, USA) was used as secondary antibody for GAPDH. Histone H2 protein was used as an internal control for NF-κB-p65. GADPH was used as an internal control for HMGB1. Gels were analyzed with Gel-Pro Analyzer Version 4.0. Protein expression was measured as the ratio of IOD with HMGB1/GADPH or NF-κB-p65/ Histone H2.

Electrophoretic mobility shift assay (EMSA)

Nuclear extracts were prepared in cells from negative control, LPS-stimulated, and 0.05 mM Resveratrol groups. Binding reactions were conducted as described by the manufacturer (EMSA Kit from Pierce Biotechnology, USA). The sequence of the oligonucleotide was 5'-AGTTGAGGGGACTTTCCCAGGC-3' (synthesized at Beyotime Institute of Technology, China). The oligonucleotide was labeled with Biotin-N4-CTP. Labelled probe without incubation with the nuclear extract was used as the negative control, and Hela Nuclear Extracts (Merck, Germany) were used as the positive control. The IOD of NF- κ B-p65 DNA-protein band was analyzed with Gel-Pro software 4.0.

Immunofluorescence

Cells from negative, LPS-stimulated, and 0.05 mM Resveratrol groups were examined for immunofluorescence. Rabbit polyclonal antibody against human HMGB1 antigen (50 µL, 1:200; Abcam) and rabbit anti-goat IgG (50 µL, 1; 200; Alexa Fluor) were used. Immuno-labeled sections were treated with DAPI (4',6-diamidino-2-phenylindole) and examined under a fluorescent microscope, Images were acquired using AxioVision digital imaging system.

CCK-8 was used to detect cell proliferation

After the cells reached the logarithmic growth stage, they were digested into a cell suspension. Cell suspension $(1.0 \times 10^5/\text{mL})$ was inoculated in a 96-well plate at 100 µL/well. The culture plate was placed in an incubator at 37 °C and 5% CO₂ for 24 h. The old culture medium was removed from each hole. After treatment, the cell culture medium in each well was discarded. CCK-8 and DMEM culture solutions at 10:100 were added under suitable dark conditions. Culture solutions at 100 µL per well was placed in an incubator for 30 min. The prepared culture plate was placed in an enzyme-linked immunodetector, and its absorbance (A) was detected at A wavelength of 450 nm.

TUNEL assay to detect cell apoptosis

DNase I reaction solution was added to each group. Incubation was performed at 37 °C for 30 min and washed thrice with PBS. The TdT enzyme reaction solution was dripped onto the sample area. Incubation was performed in a 37 °C wet box for 60 min (away from light) and washed thrice with PBS. Streptavidin-fluorescein marker liquid was dripped onto each sample. Each sample was placed in a warm box, reacted at 37 °C for 30 min in the dark, and washed thrice with PBS. Finally, the nucleus was stained again with DAPI staining solution. The reaction took 10 min at room temperature and washed with PBS. An appropriate amount of sealing tablet was added, after which fluorescence microscope observation and photography (Nikon, Japan) were performed.

Statistical analysis

Standard software (SPSS 13.0 for Windows) was used for statistical analysis. Measurement data were expressed as mean \pm standard deviation (SD). Gaussian distribution test was conducted. One-way analysis of variance (ANOVA) was used to test the differences among the groups. Fisher's Least Significant Difference (LSD) method was used for post-hoc test to control for multiple testing. P<0.05 was considered statistically significant.

Ethical Statement

The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013).

Results

LPS induces THP-1 cells to release inflammatory factors; in addition, HMGB1 and NF- κ B are upregulated in LPSinduced inflammatory response

To investigate the promoting effect of LPS on inflammatory factors, we first examined the changes in the expression levels of inflammatory factors after the LPS treatment of THP-1 cells. The experimental results showed that LPS could up-regulate the expression levels of inflammatory factors IL-6, TNF α , and IL-1 β (*Figure 1A-1C*). The expression of MCP-1 was detected. QRT-PCR results showed that compared with the control group, the expression of MCP-1 was up-regulated after



Figure 1 LPS induces THP-1 cells to release inflammatory factors. (A) Detection of IL-6 expression in cells; (B) detection of TNF α expression in cells; (C) detection of IL-1 β expression in cells; (D) detection of MCP-1 expression in cells. Each bar represents the mean \pm SD for triplicate measurements. **, P<0.01.

LPS stimulation (Figure 1D).

QRT-PCR test showed that the expressions of HMGB1 and NF- κ B in cells were different among the groups (P<0.01). LPS stimulation obviously increased the levels of HMGB1 and NF- κ B in the supernatant when compared with the level in the control group (*Figure 2A,2B*). Transwell migration assays showed that supernatant from cells treated with 5 µg/mL LPS markedly increased the number of THP-1 cells migrating to the lower chamber (*Figure 2C*, P<0.05).

Resveratrol treatment inhibits LPS-induced monocyte migration and inflammation

QRT-PCR showed that the expression of IL-6, TNF α and IL-1 β were different among the groups (ANOVA: both P<0.01). LPS stimulation increased the levels of IL-6, TNF α , and IL-1 β when compared with the level

in the control group. Resveratrol at concentration of 20 μ M decreased the levels of IL-6, TNF α , and IL-1 β (Figure 3A-3C). The change of MCP-1 was similar to that of inflammatory factors (Figure 3D). Transwell migration assays showed that LPS increased the migration of THP-1 cells. Resveratrol group showed a decreased number of THP-1 cells when compared with the LPS-stimulated group (Figure 3E). We further investigated the HMGB1 expression among the control, LPS-stimulated, and Resveratrol groups. HMGB1 expression was elevated by LPS stimulation when compared with the control group (P<0.001), whereas its level was inhibited by resveratrol intervention (Figure 3F, P<0.001). To understand the role of NF-kB in Resveratrol intervention, we analyzed the NF-KB protein expression and its activity. Western blot analysis showed that LPS stimulation greatly increased the NF-κB-p65 protein level (Figure 3G, P<0.001), but this increase was blocked by resveratrol intervention (P<0.001).



Figure 2 HMGB1 and NF- κ B are upregulated in LPS-induced inflammatory response. (A) HMGB1 expression detection; (B) NF- κ B expression detection; (C) transwell detects changes in cell migration ability. Each bar represents the mean \pm SD for triplicate measurements. **, P<0.01.

Electrophoretic mobility shift assay (EMSA) was applied to determine the activity of NF- κ B-p65. After incubating with LPS for 24 h, the DNA binding activity of NF- κ B-p65 was significantly increased, whereas preconditioning with Resveratrol for 2 h greatly inhibited the stimulating effect of LPS on NF- κ B-p65 activity (*Figure 3H*).

Resveratrol treatment inhibits the migration and inflammation of monocytes induced by HMGB1

We further examined the role of HMGB1. Compared with the control group, HMGB1 stimulation increased the levels of IL-6, TNF α , and IL-1 β . However, Resveratrol decreased the levels of IL-6, TNF α , and IL-1 β (*Figure 4A-4C*). The change of MCP-1 was similar with those of the inflammatory factors (*Figure 4D*). Transwell migration assays showed that HMGB1 increased the migration of THP-1 cells. When compared with the LPSstimulated group, Resveratrol-treated group showed a decrease in the number of THP-1 cells (*Figure 4E*). In addition, LPS stimulation greatly increased the expression of NF- κ B, but this increase was blocked by resveratrol intervention (*Figure 4F*).

Resveratrol treatment increases monocyte apoptosis and reverses the anti-apoptotic effect induced by LPS

THP-1 cells are stimulated by STS and LPS. The apoptosis rate was low in the control group. STS significantly induced apoptosis. LPS stimulation inhibited cell apoptosis. However, Resveratrol treatment improved the apoptosis rate (*Figure 5A*). In addition, changes in apoptosis-related protein expression were investigated. QRT-PCR results showed that compared with the control group, apoptosisrelated proteins Bax and Cyt-C were significantly increased in the STS treatment group. LPS treatment reduced the expression of Bax and Cyt-C. However, resveratrol upregulated the expression of Bax and Cyt-C (*Figure 5B,5C*). The variation trend of Bcl-2 expression was contrary to that of Bax (*Figure 5D*). The cell proliferation experiment results



Figure 3 Resveratrol treatment inhibits LPS-induced monocyte migration and inflammation. (A) Detection of IL-6 expression in cells; (B) detection of TNF α expression in cells; (C) detection of IL-1 β expression in cells; (D) detection of MCP-1 expression in cells; (E) transwell detects changes in cell migration ability; (F) qRT-PCR detection of cell HMGB1 expression; (G) qRT-PCR detection of cell NF- κ B expression; (H) resveratrol inhibited LPS-induced activation of NF- κ B-p65. Each bar represents the mean \pm SD for triplicate measurements. **, P<0.01.

Translational Cancer Research, Vol 10, No 8 August 2021



Figure 4 Resveratrol treatment inhibits the migration and inflammation of monocytes induced by HMGB1. (A) Detection of IL-6 expression in cells; (B) detection of TNF α expression in cells; (C) detection of IL-1 β expression in cells; (D) detection of MCP-1 expression in cells; (E) transwell detects changes in cell migration ability; (F) qRT-PCR detection of cell NF- κ B expression. Each bar represents the mean \pm SD for triplicate measurements. **, P<0.01.

showed that the cell proliferation rate was highest in the control group. STS significantly inhibited cell proliferation. LPS stimulation promoted THP-1 cell proliferation. However, Resveratrol treatment inhibited THP-1 cell proliferation rate (*Figure 5E*).

Resveratrol treatment increases apoptosis and inhibit proliferation in HMGB1 induced monocytes

THP-1 cells were stimulated by STS and HMGB1. The experimental results showed that STS induced apoptosis. However, Resveratrol treatment could improve the apoptosis rate (*Figure 6A*). QRT-PCR results showed that compared with the control group, apoptosis-related proteins Bax and Cyt-C were significantly increased in the STS treatment group. However, HMGB1 treatment

reduced the expressions of Bax and Cyt-C. Resveratrol upregulated the expressions of Bax and Cyt-C (*Figure 6B,6C*). The variation trend of Bcl-2 expression was contrary to that of Bax (*Figure 6D*). The cell proliferation experiment results showed that the cell proliferation rate was higher in the control group. HMGB1 stimulation can promote THP-1 cell proliferation. However, Resveratrol treatment inhibited THP-1 cell proliferation rate (*Figure 6E*).

Discussion

The anti-inflammatory role of Resveratrol is a central mechanism underlying its multiple therapeutic effects (19). Resveratrol could regulate the inflammation process induced by various stimuli and in different experimental models (20). Resveratrol could relieve the

Zhang et al. Resveratrol inhibits HMGB1 signaling



Figure 5 Resveratrol treatment increases monocyte apoptosis and reverses the anti-apoptotic effect induced by LPS. (A) Detection of apoptosis rate; (B) qRT-PCR detection of Bax expression in cells; (C) qRT-PCR to detect cell Cyt-C expression; (D) qRT-PCR to detect cell Bcl-2 expression; (E) CCK-8 detects cell proliferation rate. Each bar represents the mean \pm SD for triplicate measurements. *, P<0.05; **, P<0.01.

inflammatory process by reducing the cytokines, such as CRP, TNF α , IL-6, and MCP-1 (21-23).

HMGB1 is an intracellular DNA-binding protein located in undifferentiated tissues, such as hepatocytes and neurons (24,25). It was first discovered in an endotoxemia animal model and later confirmed to be released as a cytokine by activated monocyte/macrophage or necrotic cells in pathological conditions (26,27). Different from early response cytokines, such as TNF α and IL-6, HMGB1 is secreted after a 12–16 h delay. To be released, it is first translocated from the nucleus to the secretory lysosome in cytoplasm. Phosphorylation and acetylation are required in this process. In our study, we observed the increased HMGB1 level and the translocation of HMGB1 from

3655



Figure 6 Resveratrol treatment increases monocyte apoptosis and reverses the anti-apoptotic effect induced by HMGB1. (A) Detection of apoptosis rate; (B) qRT-PCR detection of Bax expression in cells; (C) qRT-PCR to detect cell Cyt-C expression; (D) qRT-PCR to detect cell Bcl-2 expression; (E) CCK-8 detects cell proliferation rate. Each bar represents the mean \pm SD for triplicate measurements. *, P<0.05; **, P<0.01.

nucleus to cytoplasm. This finding indicated that LPS successfully activated HMGB1 and increased its secretion, which were both inhibited by resveratrol. The mechanisms contributing to the effect of Resveratrol on HMGB1 may be complex.

LPS is a typical endotoxin that elicits an immune

response (28,29). NF- κ B is the major regulating factor in LPS-stimulated response. Most studies reported that NF- κ B activation is essential for HMGB1 translocation (29). Oh *et al.* reported the release of HMGB1 in a NF- κ B-independent manner, but SN50 and BAY-11-7082 were used as the NF- κ B inhibitors, which functioned under a

mechanism different from that of PDTC (30). HMGB1 release might be NF-κB-dependent, because it could be blocked by an NF-κB inhibitor. The inhibitory effect of Resveratrol on NF-κB has been confirmed in the past (31,32). Resveratrol may inhibit NF-κB activation by either blocking p65 phosphorylation or IκB kinase activity (33). In our study, Resveratrol decreased NF-κB-p65 expression at the protein level. The activity of NF-κB-p65 was inhibited by resveratrol. So, we concluded that the decrease of HMGB1 by resveratrol was partially achieved by interfering with the NF-κB-p65 signal.

After release, HMGB1 interacts with its ligands, namely, Toll-like-receptor 2 (TLR), TLR4, and advanced glycation end products (RAGE), to elicit inflammation. The binding of HMGB1 with its membranous receptors activates intracellular signal pathway involving NF- κ B. HMGB1 stimulates human monocyte to synthesize proinflammatory cytokines (34). HMGB1 can bind to LPS to synergize the inflammation response (35). The combination of released HMGB1 with its ligand, such as TLR4, can subsequently activate NF- κ B and the downstream cytokines. Thus, a circuit of HMGB1-receptor-NF- κ B was formed and inflammatory response was amplified. With the possibility of repressing both TLR and NF- κ B, Resveratrol may cut off the circuit to reduce the level of HMGB1.

Monocyte migration is an essential process in inflammation response (36,37). Ferrero *et al.* reported that Resveratrol inhibited the adhesion of U937 monocyte to LPS-stimulated endothelial cells *in vitro* (38). Our data demonstrated that THP-1 migration in response to LPS stimulation was inhibited by resveratrol. HMGB1 secreted by monocyte could directly mediate monocyte migration and cell-to-cell interaction. Released MCP-1 may act in concert with HMGB1 to elicit the monocyte migration. Thus, the inhibitory effect of Resveratrol on THP-1 migration may result from decrease of HMGB1 and MCP-1 or from the inhibition on NF- κ B signaling.

The effect of resveratrol was only evaluated *in vitro*. However, resveratrol has shown remarkable efficacy for cancer treatment *in vivo* (39). Moreover, resveratrol acts as a chemopreventive agent in the four major stages of carcinogenesis, namely, initiation, promotion, progression, and metastasis (40). However, Resveratrol is not easily soluble. A study in healthy volunteers showed that a serum concentration of 4.24 μ M was obtained for resveratrol after repeated doses at 5 g (41). However, Resveratrol can bind extensively (97.6%) and tightly to human serum albumin with an affinity association constant of K=2.56×105 M-1 (42), which greatly facilitates its accessibility to body tissues, including tumor tissues, leading to a large volume of distribution (41). Resveratrol might have a remarkable effect on monocytes *in vivo*.

Conclusions

A novel anti-inflammatory mechanism for Resveratrol was suggested. Resveratrol inhibited the translocation and release of HMGB1 in LPS-stimulated THP-1 cells. Monocyte migration induced by LPS was blocked by resveratrol. NF- κ B signaling was possibly involved in the effect of Resveratrol on HMGB1 and monocyte migration. Therefore, the inhibitory effect of Resveratrol on LPS and HMGB1 on monocyte migration and apoptosis may be realized through the NF- κ B/MCP-1 pathway. Resveratrol restores the normal function of monocytes, thereby leading to a reduction in systemic inflammation.

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Footnote

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Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). Institutional ethical approval was waived.

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Translational Cancer Research, Vol 10, No 8 August 2021

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Zhang et al. Resveratrol inhibits HMGB1 signaling

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3658