

Transcriptome analysis of the effect of a novel human serine protease inhibitor SPINK13 on gene expression in MHCC97-H cells

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Background: Serine peptidase inhibitor, Kazal type 13 (SPINK13) (also known as hespinter) is a lowmolecular-weight inhibitor of uPA that was discovered in 2006. It was detected in prokaryotic cells in 2013 for the first time and preliminarily shown to inhibit hepG2 liver cancer cells growth *in vitro* in 2015. In this study, the differentially transcribed genes of MHCC97-H cells caused by SPINK13 treatment were studied by transcriptomics and the molecular mechanism of SPINK13 suppressing tumor cells was proposed using bioinformatics.

Methods: Preliminary study of the molecular mechanism of SPINK13's anti-cancer effect was performed by identifying potential target sites and signal pathways of SPINK13 through transcriptomics and bioinformatics analysis.

Results: The results of the transcriptome study showed that there were 446 significantly differentially expressed genes between the experimental group and the blank control group, of which 347 genes were upregulated and 99 genes were down-regulated. The Gene Ontology (GO) analysis showed that differentially expressed genes were enriched in cell growth regulation and cell division. They were enriched in the signal pathways of tumor transcription and cell cycle by Kyoto Encyclopedia of Genes and Genomes (KEGG) analysis; there were 6 classical tumor signaling pathways (P<0.001): MAPK, apoptosis, tumor necrosis factor (TNF), cell cycle, p53, and transcriptional misregulation in cancer. There were 8 genes in 2 or more classical tumor signaling pathways at the same time: *JUN*, *GADD45A*, *GADD45B*, *TNFRSF1A*, *FOS*, *CDKN1B*, *NFKBIA*, and *BBC3*. The interaction analysis of the proteins encoded by the differentially expressed genes showed that there were 35 interaction nodes in the up-regulated genes and 2 interaction nodes in the down-regulated genes.

Conclusions: This study showed that SPINK13 inhibits hepatocellular carcinoma cell development by regulating the JNK, p53, and the IKK/NF- κ B pathways, its potential targets for antitumor drugs may be JUN, GADD45A, GADD45B, TNFRSF1A, FOS, CDKN1B, NFKBIA, and BBC3.

Keywords: Serine peptidase inhibitor; Kazal type 13 (SPINK13); MHCC97-H; transcriptome analysis

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Introduction

Previous studies have shown that Serine peptidase inhibitor, Kazal type 13 (SPINK13) has antitumor effects in vitro and in vivo (1,2), but the molecular mechanism is still unclear. Studying the changes of cell transcriptome caused by drug treatment can help to elucidate the process of cell responses to drugs and the biological pathway involved in the responses (3). Transcriptome sequencing based on the Illumina second generation sequencing platform has the advantages of accurate quantification, high throughput, good repeatability, wide detection range, low sequencing cost, and comprehensive study of the whole gene expression profile of samples, which has been widely used in many fields (4,5). Previous studies have not fully elucidated the molecular mechanism of SPINK13's antitumor effects. In this study, transcriptome sequencing and bioinformatics analysis were used to analyze the differential gene expression of MHCC97-H cells treated by SPINK13 to determine the molecular mechanism for SPINK13 to inhibit tumors.

The purpose of this study was to explore the molecular mechanism for SPINK13 of inhibiting tumors by using transcriptome sequencing technology to detect the gene expression difference of tumor cells with and without SPINK13 treatment. We comprehensively studied the molecular mechanism of SPINK13 to inhibit hepatocellular carcinoma through transcriptome sequencing and bioinformatics analysis. The packages edgeR, DEseq (6), CuffDiff, and EBSeq (7) were used in the bioinformatics analysis. The functional classification and biological pathway of differential genes were enriched in the Gene Ontology (GO) (8) and Kyoto Encyclopedia of Genes and Genomes (KEGG) databases (9,10). Through transcriptome sequencing, differential expression analysis and gene enrichment analysis, we studied the effect of SPINK13 on MHCC97-H cells on the transcriptional level. We present the following article in accordance with the MDAR reporting checklist (available at https://dx.doi.org/10.21037/ tcr-21-1928).

Methods

Instrument and reagents

An Agilent Bioanalyzer 2100 system (Agilent Technologies Inc., Santa Clara, CA, USA) was used for the determination of DNA concentration; Proflex (Life Technologies, Carlsbad, CA, USA) was used for polymerase chain reaction, and an Illumina Hiseq2500 platform (Illumina

Inc., San Diego, USA) was used for high-throughput sequencing. TRIzol reagent was obtained from Invitrogen Corp. (Waltham, MA, USA); chloroform and 2-propanol were purchased from Sinopharm (Shanghai, China); Agarose was obtained from Biowest (Barcelona, Spain); a human Ribo-Zero Magnetic Gold Kit and NEBNext® Ultra[™] RNA Library Prep Kit were purchased from Illumina Inc. (USA); Human hepatocellular carcinoma cell line, MHCC97-H cells, was donated from Dr. Feng Fan; and SPINK13 protein was synthesized by our laboratory from exogenous expression of HE239T cells. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013).

Sample preparation

The samples of MHCC97-H cells were divided into 2 groups: group BC (blank control), and group EG (experimental group, 30 µg/mL cells treated with SPINK13), with 3 parallel biological samples were set in each group. The total number of cells was about 10^7 .

Total RNA extraction

Total RNA was extracted by TRIzol method (11-13). The sample was diluted 1:50 with RNase-free water. The concentration and the purity were detected with Thermo NanoDrop[™] One Ultra-Micro Spectrophotometer (Thermo Fisher Scientific, Waltham, MA, USA). After passing the quality test, the RNA solution was stored in the refrigerator at -80 °C.

Messenger RNA purification

According to Illumina's instructions for the Ribo-Zero Magnetic Gold Kit (Human), messenger RNA (mRNA) was enriched from total RNA samples using oligo (dT) coupled to magnetic beads.

Library preparation and detection

Library preparation and detection were performed according to the instructions for NEBNext® Ultra™ RNA Library Prep Kit for Illumina® (#E7530L, NEB).

Preliminary quantification of the achieved library was made with Qubit 3.0 (Thermo Fisher, USA) and the fragment size of the library was detected with the Agilent Bioanalyzer 2100 system. The required fragment size 4466

was 250–550 bp. The effective concentration of real-time quantitative polymerase chain reaction (qPCR) analysis was performed with Bio-Rad CFX 96 fluorescence qPCR detection system (Bio-Rad Laboratories, Hercules, CA, USA) and Bio-Rad kit iQ SYBR Green. The required effective concentration of the library was more than 10 nM.

Sequencing

The library was diluted to 2 nM and high-throughput sequencing was performed on Hiseq2500 platform (Illumina Inc., USA).

Statistical analysis

Sequencing quality analysis

SolexaQA (Illumina, USA) was used to filter out the sequences with base quality score less than 20 in the original data, that is, the longest sequences with base quality score more than 20 in the original read were retained. If the length of the filtered reads was less than 35 bp, the whole reads were discarded. Finally, 2 reads met the conditions in the reserved paired end data.

Gene transcriptional level calculation

TopHat (version 2.1.1; https://ccb.jhu.edu/software/ tophat/index.shtml) was used to compare the filtered data to the human reference genome (GRCh, version 38.82) (14,15). After confirming that the samples of each group were not contaminated by other samples, the transcripts of each sample were further constructed using Cufflinks (version 2.2.1; http://cole-trapnell-lab.github.io/cufflinks/ releases/v2.2.1/), and the transcriptional levels of genes and transcripts were obtained respectively, which were indicated by fragments per kilobase of exon model per million mapped fragments (FPKM).

Differential gene expression analysis

A total of 4 separate differential expression tests were implemented by DEGseq and the intersection was obtained from the results of Fisher's exact test (FET), fold-change threshold on the MA-plot (FC), likelihood ratio test (LRT), and the MA-plot-based method with random sampling model (MARS). The significance of the differences among all genes and transcripts was calculated by *t*-test, and the genes whose expression changes were statistically significant (P value <0.05) and whose differences were more than 2 times ($|\log_2$ (fold change)| >1) were defined as differentially expressed genes (DEGs).

GO enrichment analysis

The identified DEGs were analyzed by GO (16). The online bioinformatics website, Functional annotation bioinformatics microarray analysis (DAVID, https://david.ncifcrf.gov/) (17) was used to carry out GO gene function annotation and enrichment analysis on important DEGs. The GO analysis was based on hypergeometric testing to calculate whether the DEGs identified in the classification of functional terms are enriched in a certain class of GO terms (18,19).

KEGG enrichment analysis

The identified differential genes were analyzed by KEGG (9,10). In the KEGG pathway database, biological metabolic pathways are divided into 6 categories: cellular processes, environmental information processing, genetic information processing, human diseases, metabolism, and organismal systems and each of them is divided into layer 2, layer 3, and layer 4. The layer 2 currently includes 43 seed pathways, the layer 3 is the metabolic pathway map, and the layer 4 is the specific annotation information of each metabolic pathway map (20-26). In this paper, DAVID online analysis was used, taking DEGs as foreground and all genes as background, and calculated the enrichment degree of foreground genes in each signal pathway (expressed by P value) based on hypergeometric distribution algorithm. Pathway analysis was used to identify the signaling pathways involved in the DEGs, the most important biochemical metabolic pathway, and signal transduction pathway.

Protein interaction analysis of DEGs

The identified DEGs were submitted to an online tool, STRING database (https://www.string-db.org/) (27), for protein-protein interaction (PPI) analysis (28,29). This analysis can provide ideas for mining candidate genes for treatment.

Results

RNA extraction and library quality inspection results

After RNA extraction, the purity of RNA was detected with NanoDrop 2000 micro spectrophotometer, and the integrity of RNA samples was detected with Agilent 2100 bioanalyzer and Agilent RNA 6000 Nano kit. The test results showed that the RNA extraction results of all





Figure 1 Gene expression distribution.

samples met the following requirements: the total amount was more than 200 ng, the concentration was more than 20 ng/µL, RIN \geq 7.0, 28 s/18 s \geq 1.0, optical density (OD) 260/280 \geq 1.8 and OD 260/230 \geq 1.8, indicating that the extracted RNA had high concentration, good integrity, and no protein or polysaccharide pollution. Therefore, the total amount and quality of samples met the requirements of subsequent database construction, making it suitable for subsequent experiments.

The size of the final product was 392–422 bp, which met the requirements of 250–550 bp. The qPCR results showed that the molarity of the 7 groups of samples were over 10 nM. Thus, the constructed library fully met the requirements of subsequent sequencing and could be sequenced.

Filtration of low-quality data

After sequencing of the transcriptome library on Hiseq2500 sequencing platform was completed, about 24 megabytes of data was obtained from each sample, a 2-terminal sequence with length of 150 bp (reads). Low-quality data was filtered out from the obtained transcriptome data by comparing and analyzing the expression difference, function, localization, pathway, and so on. The analysis showed that the Q20 and Q30 of each group were more than 98% and 92%, respectively, and the sequencing quality was good. The final data for analysis (clean data) was obtained after adapter removal and quality trimming from the original sequencing results. The quality of the filtered sequencing data met the requirements of subsequent analysis, and the amount of sequencing data in each group basically showed no difference, which could be used for further analysis of DEGs and functional annotation.

Calculation of gene transcriptional level

TopHat (version 2.1.1) was used to compare the filtered data of 8 samples to the human reference genome (GRCh version 38.82). The comparison results showed that all overall read mapping rates were more than 85%, indicating that the quality of sequencing data was high and there was no contamination of other samples in each group. Thus, the transcript information of each sample was constructed, and the transcriptional levels of gene and transcripts were obtained respectively (*Figures 1,2*).

Identification of DEGs

In order to determine the mechanism of SPINK13, after the transcription level data was obtained, the DEGs whose expression level had changed resulting from SPINK13 treatment were identified by comparing the expression levels of genes in the EG and BC groups. The DEGs and transcripts are displayed in *Figures 3,4*, respectively. There were 446 genes significantly differentially expressed between the EG group and BC group, of which 347 genes were up-regulated in the EG group, while 99 genes were down regulated in the EG group.

GO enrichment analysis of DEGs

The GO enrichment analysis of the DEGs treated by SPINK13 was performed with DAVID (*Figures 5-7*). The



Figure 2 Transcript expression distribution.



Figure 3 The DEGs identified by pairwise comparison of the groups. DEGs, differentially expressed genes.

results of cell component enrichment showed that the most significant change in the transcription level of genes occurred in the nucleus (*Figure 4*). The results of molecular function enrichment showed that the transcription level of the genes related to DNA binding and chromosome changed significantly after SPINK13 treatment (*Figure 5*). There were many kinds of terms enriched in biological processes, among which nucleosome assembly was the strongest signal (nucleosome assembly is related to S phase of cell cycle). In addition, the terms related to cell division and proliferation were also enriched, indicating that





Figure 4 The differentially expressed transcripts identified by pairwise comparison of the two groups.

SPINK13 treatment significantly changed the transcription level of genes related to biological processes such as nucleosome assembly and cell division, including *CDC20*, *CDC34*, *CDCA8*, and *CDCA5*, which are classical cell cycle regulatory proteins. It is worth noting that terms related to liver development were also enriched (*Figure 6*). Among the upregulated genes, there are a total of 32 tumor-related genes were *HMGB2*, *NR4A2*, TOP2, *CEBPB*, and so on, of which 12 genes in total related to liver cancer were *HMGB2*, *CCNA2*, *CDCA8*, *HJURP*, and so on. Meanwhile, a total of 2 genes were downregulated and neither of them



Figure 5 Enrichment of cell components of DEGs after SPINK13 treatment. DEGs, differentially expressed genes; SPINK13, serine peptidase inhibitor, Kazal type 13.



Figure 6 Enrichment of molecular functions of DEGs after SPINK13 treatment. DEGs, differentially expressed genes; SPINK13, serine peptidase inhibitor, Kazal type 13.

4469



Biological process

Figure 7 Enrichment of biological processes of DEGs after SPINK13 treatment. DEGs, differentially expressed genes; SPINK13, serine peptidase inhibitor, Kazal type 13.

was related to tumors.

KEGG enrichment analysis of DEGs

DAVID online analysis was used to perform KEGG enrichment analysis for 446 DEGs, and pathway analysis was used to determine the signal pathways, the most important biochemical metabolic pathway and signal transduction pathway involved in the DEGs (Figure 7).

The KEGG enrichment results showed that there were 13 signaling pathways with P<0.001, of which the 3 most related signaling pathways were systemic lupus erythematosus, alcoholism, and cell cycle-related signaling pathways. The results for the enrichment of systemic lupus erythematosus and alcoholism seemed to be inconsistent with our previous understanding. After we carefully examined the DEGs that played a role in these 2 pathways, we found that these genes played a role related to nucleosome in the systemic lupus erythematosus signaling pathway and participated in the regulation of histone and MAPK signaling in the alcoholism signaling pathway. This is consistent with the enrichment results of the third pathway, cell cycle related pathway. These results suggest that SPINK13 affects the normal progress of cell cycle. It is worth noting that the enrichment results also showed the related signal pathways that inhibited the proliferation of cancer cells, such as transcriptional in cancer, p53 signal pathway, tumor necrosis factor (TNF) signal pathway, microRNAs in cancer, and MAPK signal pathway.

The KEGG enrichment analysis showed that there were 6 classical signaling pathways related to tumor in the 13 signaling pathways with P value <0.001, and a total of 58 input genes. Among the 58 genes, 8 genes, \mathcal{JUN} , GADD45A, GADD45B, TNFRSF1A, FOS, CDKN1B, NFKBIA, and BBC3 met 2 or more classical tumor signaling pathways and were the conditional genes by which SPINK13 resulted in gene alteration and antitumor effects.

Protein interaction analysis of DEGs

Protein interaction analysis showed that there were 35 nodal proteins upregulated after SPINK13 treatment, of which 14 proteins were related to tumor. They were HIST2H2BE, HIST1H2AC, RCC1, CKS1B, UBE2C, TOP2A, CCNB2, CCNA2, CDC20, AURKB, PTTG1, BUBI, NEK2 and INCENP (30-34). Except that RCC1, AURKB, NEk2, and INCENP were not found in the KEGG pathway, the remaining 10 genes had the largest number in the cell cycle pathway. This result was consistent with the previous enrichment analysis. Protein interaction analysis showed that there were only 2 nodal proteins downregulated after SPINK13 treatment. They were ACAT2 and HMGCS1, which were not related to tumor. Cholesterol acyltransferase 2, ACAT2, was mainly expressed in the liver and small intestine (35,36); whereas HMGCS1, a key enzyme that catalyzes the condensation of acetyl CoA and the conversion of acetyl CoA to 3-hydroxy-3-methylglutaryl, was involved in the biosynthesis of cholesterol in the liver and was related to liver and adipose tissue metabolism (37-39) (Figures 8,9).

Discussion

Herein, we mainly discuss the relationship between

SPINK13 and genes in tumor signaling pathways, so as to provide reference for further research exploring the molecular mechanism for SPINK13 to inhibit tumors. We studied the effect of SPINK13 on MHCC97-H cells on the transcriptional level including transcriptome sequencing, differential expression analysis and gene enrichment analysis. There were 8 genes that were present at the same time in 2 or more classical tumor signaling pathways (P<0.001 in KEGG analysis), namely, *JUN*, *FOS*, *GADD45A*, *GADD45B*, *TNFRSF1A*, *CDKN1B*, *NFKBIA*, and *BBC3*.

SPINK13 belongs to the SPINK family which has a characteristic signature that contains at least one conserved Kazal domain with six consensus cysteines forming a 1-5/2-4/3-6 disulfide bond pattern (40). The deregulation of SPINK protein can lead to serious diseases, such as acrosomal integrity and male fertility, clear cell renal cell carcinoma and ovarian cancer (41-43).

The gene *JUN* is a proto-oncogene, encoding c-Jun protein which is a transcription factor of activation protein 1 (AP-1) family. The increase of 7UN expression level will lead to abnormal cell proliferation and division, causing carcinogenesis. High expression of 7UN can be detected in a variety of cancers (44). The gene FOS is also a protooncogene, encoding c-Fos protein which is a transcription factor of activation protein 1 (AP-1) family (45). The c-Fos protein can form dimer AP-1 transcription factor with c-Jun protein, which is involved in the regulation of cell proliferation, differentiation, transformation, and apoptosis process (45). Omics data analysis showed that FOS and 7UN were significantly upregulated in hepatoma cells, and AP-1 transcription factor formed by the combination of c-Fos and c-Jun was in the central position in the carcinogenic signal regulatory network of hepatoma cells (46). The AP-1 transcription factor is a downstream-activated transcription factor in the MAPK signal transduction pathway (47). The results of RNA-seq showed that the expression levels of 7UN and FOS in hepatocarcinoma cells were significantly down-regulated after SPINK13 treatment, indicating that SPINK13 might inhibit the growth of hepatocarcinoma cells by inhibiting the *7NK* signaling pathway.

The GADD45 gene is a class of growth arrest and DNA damage inducible (GADD) genes. The GADD45 protein is involved in DNA damage repair, cell cycle regulation, apoptosis, and other cell life activities. It is closely related to the occurrence of cancer, and the expression level of GADD45 is downregulated in a variety of cancer cells; in other words, it is a tumor suppressor (48). In the study on



Figure 8 Signal pathway enrichment of DEGs after SPINK13 treatment. DEGs, differentially expressed genes; SPINK13, serine peptidase inhibitor, Kazal type 13.

hepatocarcinoma cells, it was found that the upregulated expression of *GADD45* could inhibit the development of liver cancer (49). In this study, we found that 2 members of the GADD45 family, *GADD45A* and *GADD45B*, were upregulated after treatment with SPINK13, indicating that SPINK13 can inhibit hepatocarcinoma cells by increasing the expression of GADD45.

The TNF receptor encoded by TNFRSF1A is the receptor of TNF- α on the cell membrane. It can mediate the signal pathway and activate the downstream transcription factor nuclear factor kappa-B (NF- κ B), thus participating in the regulation of cell proliferation, differentiation, and apoptosis. On the one hand, TNFRSF1A protein can activate NF- κ B through the IKK/ NF- κ B signaling pathway, or activate the JNK signaling pathway, and finally induce the expression of anti-apoptosis genes. On the other hand, TNFRSF1A protein can form a death-inducing signal complex with other proteins, thus causing apoptosis. Therefore, whether the activation of TNFRSF1A can induce cell survival or death depends on the signal level of both sides and the time of action (50). In this study, the expression level of TNFRSF1A was significantly upregulated after SPINK13 treatment. Further studies are needed to confirm how the upregulated TNFRSF1A by SPINK13 works.

As an inhibitor protein encoded by *NFKBIA*, NF- κ B is an endogenous inhibitor of transcription factor NF- κ B. The NFKBIA protein, by binding with NF- κ B, covers the nuclear localization signal region of NF- κ B, making it unable to enter the nucleus, thus inhibiting the antiapoptotic pathway mediated by NF κ B (51). A study found that *NFKBIA* expression level decreased in a variety of malignant tumors (52). In patients with liver cancer who had different clinical symptoms, the expression of *NFKBIA* was decreased in liver cancer tissue (53). In this study, the expression level of *NFKBIA* was significantly upregulated after SPINK13 treatment, indicating that SPINK13 might inhibit the growth of cancer cells by inhibiting the IKK/ NF- κ B signal transduction pathway.

The BH3-only protein of Bcl-2 family encoded by



Figure 9 Protein interaction analysis of DEGs after SPINK13 treatment. DEGs, differentially expressed genes; SPINK13, serine peptidase inhibitor, Kazal type 13.

BBC3 is an apoptosis initiation protein, which plays an important role in the process of apoptosis (54). The upstream promoter sequence of BBC3 contains the binding site of p53, a key target protein of apoptosis (55). Studies have shown that the downregulation of BBC3 is related to the occurrence of liver cancer, breast cancer, rectal cancer, and other malignant tumors (56-58). In this study, the expression level of BBC3 was significantly upregulated after SPINK13 treatment, indicating that SPINK13 can inhibit the growth of cancer cells by increasing the expression of BBC3.

The p27^{kip1} protein encoded by CDKN1B is a cyclindependent kinase (CDK) inhibitor. The binding of p27^{kip1} to cyclin E-CDK2 or cyclin D-CDK4 will result in the loss of cyclin kinase activity of E-CDK2 and D-CDK4 proteins, thus preventing the transition from G1 phase to S phase, and realizing the negative regulation function of cell proliferation (59). The gene CDKN1B is a tumor suppressor, which is involved in cell differentiation, proliferation, apoptosis, intercellular adhesion, growth inhibition, and other cellular functions. The decreased expression level of CDKN1B can be detected in a variety of cancers (60). In this study, the expression level of CDKN1B was significantly upregulated after SPINK13 treatment, indicating that SPINK13 can regulate the expression of CDKN1B, thus affecting the process of cell cycle and inhibiting tumor.

The results of molecular function enrichment showed that nucleosome assembly, terms related to cell division and proliferation, liver development were enriched after SPINK13 treatment. A total of 32 tumor-related genes including *HMGB2*, *NR4A2*, *TOP2*, *CEBPB* were upregulated, 12 genes including *HMGB2*, *CCNA2*, *CDCA8*, *HJURP* were related to liver cancer. In addition, 2 genes were downregulated and neither of them was related to tumors.

At present, there are many known causes of hepatocellular carcinogenesis, involving many pathways of carcinogenesis, such as p53 pathway, receptor tyrosine kinase pathway, PI3K/Akt signaling pathway, MAPK signaling pathway, IKK/NF- κ B signaling pathway, transforming growth factor- β (TGF- β) signaling pathway, and so on. Under normal circumstances, most of these signaling pathways control the self-renewal of hepatocytes and prevent injuries; however, when these signaling pathways are abnormally activated, normal hepatocytes may transform into hepatoma cells (61). In previous experiments, we obtained evidence that SPINK13 can inhibit liver cancer, but the mechanism

was not clear. By transcriptome sequencing, we identified 8 genes regulated by SPINK13 and involved in tumor regulation pathway. The gene *CDKN1B* is an inhibitor of cell cycle pathway; *JUN* and *FOS* are AP-1 transcription factors activated in JNK downstream signaling pathway in the MAPK signaling pathway; *GADD45A*, *GADD45B*, and *BBC3* can be activated by p53; *TNFRSF1A* and *NFKBIA* are key elements of the IKK/NF- κ B signaling pathway. These results indicate that SPINK13 inhibits the development of hepatocarcinoma cells mainly by regulating the JNK pathway, p53 pathway, and IKK/NF- κ B pathway. This study provides a basis for further study on the mechanism of SPINK13.

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Footnote

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Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). Institutional ethical approval and informed consent were waived.

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Translational Cancer Research, Vol 10, No 10 October 2021

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Translational Cancer Research, Vol 10, No 10 October 2021

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