

# Carfilzomib inhibits the proliferation and apoptosis of multiple myeloma cells by inhibiting STAT1/COX-2/iNOS signaling pathway

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**Background:** The ubiquitin-proteasome pathway (UPP) plays a key role in the intracellular degradation of abnormal and misfolded proteins in eukaryotic cells. Multiple myeloma (MM) is a common hematologic malignancy caused by clonal expansion of malignant plasma cells. Proteasome-targeted drugs such as carfilzomib, which is a selective proteasome inhibitor (PI), could play an important role in the treatment of diseases such as MM.

**Methods:** MM cells were treated with different concentrations of carfilzomib and apoptosis as well as the viability of MM cells were measured by flow cytometry analysis and MTT assay. We also measured the effect of carfilzomib on the proliferation of myeloma cells by DNA incorporation of the pyrimidine analog BrdU. The effect of carfilzomib on apoptosis was detected by immunofluorescence TUNEL staining and western blot. We also verified its effect on the STAT1/COX-2/iNOS pathway by western blot.

**Results:** Carfilzomib inhibited the growth of MM cells in a concentration-dependent manner, with the strongest inhibitory activity on RPMI-8226 cells. Carfilzomib also induced apoptosis of MM cells in a concentration-dependent manner, with the strongest effect on RPMI-8226. BrdU assay was then performed with RPMI-8226 cells, and the results showed that carfilzomib inhibited cell proliferation in a concentration-dependent manner. Immunofluorescence TUNEL staining and western blot assays showed that carfilzomib induced apoptosis in a dose-dependent manner, and promoted the expression of apoptosis-related proteins such as cleaved-caspase-3, cleaved-caspase-3, Bax and Bcl2. Western blot also verified that carfilzomib promoted STAT1 inhibition and subsequently inhibited COX-2 and iNOS.

**Conclusions:** Inhibition of the STAT1/COX-2/iNOS signaling pathway by carfilzomib not only inhibited MM cell proliferation, but was also an important mechanism of inducing MM cell apoptosis.

Keywords: Apoptosis; carfilzomib; proliferation; STAT1/COX-2/iNOS signaling pathway

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# Introduction

Cancer is a major global health problem, causing nearly 7.6 million deaths worldwide, and it is estimated that

the number of cancers will reach 21 million by 2030. In addition to external factors such as smoking, alcohol, and radiation, there are also internal factors such hormone imbalance, gene mutations and disorders of the human

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immune system, which can cause abnormal proliferation of normal cells and their transformation into malignant cells (1). For example, multiple myeloma (MM) is a common hematologic malignancy caused by clonal expansion of malignant plasma cells.

Although there are many methods of treatments, including high-dose chemotherapy, stem cell transplantation, and combinations of some innovative compounds [e.g., proteasome inhibitors (PIs), immunomodulators, and antibodies] or above, they remain incurable in most cases despite the introduction and approval of multiple new drugs (2-5). Therefore, new and more effective approaches are urgently needed, especially in the case of relapsed or refractory disease. The ubiquitin-proteasome pathway (UPP) plays a key role in the recognition and degradation of abnormal and misfolded proteins (6). The protein is degraded by the proteasome by covalent attachment of 8.5 kDa ubiquitin, and ubiquitination occurs with the assistance of three different enzymes. In the protein degradation pathway, the 26S proteasome is the major proteolytic component, containing two ATP-dependent 19S regulatory particles and a 20S core particle. The 20S proteasome is a key element of the protease activity of UPP, which dominates most of the intracellular protein degradation in eukaryotic cells. Proteasome-targeted drugs have been demonstrated to play an important role in the treatment of diseases such as MM (7,8). Carfilzomib is a selective PI that irreversibly binds the proteasome (9,10). It exerts its antimyeloma activity through a variety of effects, including induction of undeployed protein stress response (11), downregulation of nuclear factor kappa B (NF-kB) pro-survival activity (12), and changes in bone turnover and the bone marrow microenvironment leading to increased bone strength and diminished microenvironment support of myeloma cells (13-15). Immunogenic MM cell death is induced by increased natural killer cell-mediated lysis of MM cells and enhanced antigen presentation (16-19). Signal transducer and activator of transcription 1 (STAT1) is activated by a variety of cytokines, such as interferons (IFNs), tumor necrosis factor (TNF)-α, interleukin (IL)-6, Platelet derived growth factor (PDGF), and Epidermal Growth Factor (EGF) (20). Phosphorylation of STAT1 by the Janus kinase (JAK) family of kinases results in homology and heterodimerization. After being transferred to the nucleus, STAT1 participates in a variety of cellular processes, such as proliferation, differentiation and cell death (21). According to most studies, STAT1 is considered

to be a tumor suppressor, for example in melanoma and ovarian cancer, lung cancer, colon cancer, esophageal cancer, head and neck cancer, liver cancer, and gastric cancer (22-25). On the other hand, some studies support the concept of STAT1 as a tumor promoter, for example in breast cancer, sarcoma, Wilms' tumor, and leukemia (26,27). STAT1 induces tumor cell proliferation by upregulating various proinflammatory factors and chemokines such as TNF- $\alpha$ , cyclooxygenase (COX)-2 and inducible nitric oxide synthase (iNOS) (28). Activation of STAT1 also stimulates the expression of anti-apoptotic genes, such as inhibitor of apoptosis 1 and 2, Bcl-2 protein family, caspase family and Tumor necrosis receptor-associated factor (TRAF1), being involved in anti-apoptotic cell death of Hodgkin's lymphoma cells (29). Currently, the USFDA has approved three PIs (bortezomib, cafezomib, and isazomib) for the treatment of MM. In addition, covalent binding with these groups in a variety of short peptides and the false peptide has been explored for cancer treatment. The reactive electrophilic group, however, leads to overreaction, low specificity and instability of these inhibitors and the stability of the covalent interaction is irreversible, which is considered during the treatment as the main cause of side effects (resistance) (30). Overcoming chemoresistance is arguably the most important challenge in cancer therapy today. MM cells may exhibit a variety of constitutive or acquired resistance mechanisms, some of which may even be promoted by chemotherapy treatment. For example, upregulation of the binding of MM cells to fibronectin by multidrug resistance genes or p-glycoprotein will result in cell adhesion-mediated resistance. A variety of cytokines such insulin-like IGF-1, IL-6, vascular endothelial growth factor and TNF- $\alpha$  can trigger signaling pathways, support MM cell proliferation and reduce apoptosis (31). Most of these inhibitors fail to treat solid cancers, mainly due to the rapid covalent binding of proteasomes, thus limiting their widespread distribution in tissues. Therefore, in the present study we explored the potential molecular mechanisms of PIs such as carfilzomib as therapeutic agents in MM.

We present the following article in accordance with the MDAR reporting checklist (available at https://tcr. amegroups.com/article/view/10.21037/tcr-21-2534/rc).

# Methods

#### Cell culture and reagents

Human MM cell lines MOLP-8, RPMI-8226, NCI-H929

and OPM-2 (Cell source: Shanghai Cell Bank, Chinese Academy of Sciences) were cultured at 37 °C in a humidified 5% CO<sub>2</sub> incubator with RPMI1640 medium supplemented with 10–20% fetal calf serum (FCS), 100 U/mL penicillin and 100 µg/mL streptomycin (PAA Laboratories, Pasching, Austria). All cell cultures were routinely checked for absence of mycoplasma infection. Carfilzomib stock solution of 100 µM was prepared with 5 mM trifluoroacetic acid dimethyl sulfoxide solution (5 mM trifluoroacetic acid dimethyl sulfoxide solution) and stored at –20 °C. The MM cell lines (MOLP-8, RPMI-8226, NCI-H929, and OPM-2) were exposed to different (1, 5, 10, 15, 20, and 25 nM) concentrations of carfilzomib for 48 h.

# Cell extract preparation and western blot analysis

Cultured human MM cells were washed twice with phosphate-buffered saline (PBS) (PAA Laboratories, Pasching, Austria), using RIPA cracking liquid (100 µL, 1 M Tris, pH 7.0. 200 μL, 10% SDS; 100 μL β mercaptoethanol; 1,314.3 µL ddH<sub>2</sub>O with 285.7 µL complete protease inhibitor [Roche Diagnostics, Indianapolis, IN, USA)] for total protein extraction. Protein quantification was performed by the BCA method, and 5× protein loading buffer was added to the supernatant at 1:4, and denatured by heating in boiling water for 10 min. Next, 50 µg of protein was subjected to polyacrylamide gel (SDS-PAGE) electrophoresis for protein separation, the separated protein was transferred to PVDF membrane by wet transfer method, and the PVDF membrane was sealed with 5% skim milk at room temperature for 2 hours. Caspase3 (1:1,000), Bax (1:1,000), Bcl2 (1:1,000), STAT1 (1:1,000), COX2 (1:1,000), iNOS (1:1,000) and β-actin (1:2,000) primary antibodies (Cell Signaling Technology, Danvers, Massachusetts, USA) were added, and incubated overnight at 4 °C while being shaken. The TBST solution was washed three times, 5 min/time, incubated with horseradish enzyme-labeled secondary antibody (1:5,000) for 1 h at room temperature, and washed three times, 5 min/time, with TBST solution. Finally, ECL luminescent solution was evenly applied and photographed on a gel imager for exposure. ImageJ software was used to determine the gray values of the bands, and  $\beta$ -actin was used as an internal reference. The above procedures were repeated three times.

# Apoptosis detection (DNA fragment analysis)

To detect apoptosis, we use an enzyme-linked immunosorbent

assay (ELISA) + apoptosis assay for cell death detection in accordance with the manufacturer's instructions (Roche Diagnostics, Mannheim, Germany). Cells were cultivated under (1, 5, 10, 15, 20, 25 nM) Carfilzomib, Cell lysate is used to lysate cells, and with 400 g centrifugation for 10 min. An equal amount of supernatant was added to a 96-well microdrop plate coated with streptavidin. Anti-DNA-POD and anti-histone solutions were added and the plates were incubated on a platform rotator for 2 h at room temperature. The generation of histone-bound DNA fragments showed green and was quantified by spectrophotometer (Thermo Scientific Appliscan, Waltham, MA, USA) at a wavelength of 405 nm. The apoptosis rate of treated cells was calculated as a percentage of the drug loading control.

#### Apoptosis detection (TUNEL staining)

Twenty-five thousand cells were inoculated into each well of 96-well plates contained 100 microLiters of RPMI and 10-20% FCS, Carfilzomib (5, 10, 20 nM) was treated for 48 h, the culture medium was removed by suction, washed three times with 1x PBS for 5 min/time, fixed with 4% PFA for 30 min at room temperature, washed three times with 1× PBS for 5 min/time, then 100 µL of 20 µg/mL proteinase K solution was added to each well before incubation at room temperature for 20 min, followed by washing three times with 1x PBS for 5 min/ time, addition of 100 µL of equilibration solution and further incubation at room temperature for 10 min. The equilibration solution was removed by suction, 50 µL of reaction solution (Roche Diagnostics, Mannheim, Germany) was added, the plates were incubated at 37 °C for 1 h, washed three times with 1× PBS for 5 min/time, then 100 µL of Hoechst was added to each well before incubation at room temperature for 20 min, washing three times with 1× PBS for 5 min/time, and finally observation and imaging under an inverted fluorescence microscope, using Image J software to determine the proportion of TUNEL-positive cells.

#### Cell survival assay (MTT)

Twenty-five thousand cells were inoculated into each well of 96-well plates contained 100 microLiters of RPMI and 10–20% FCS. At 48 h after treatment, the number of living cells was determined in aqueous solution by cell proliferation test, according to the manufacturers instructions (Promega, Mannheim, Germany). Quantitative Translational Cancer Research, Vol 11, No 1 January 2022



Figure 1 Structure of carfilzomib proteasome inhibitor.

detection was performed at a wavelength of 570 nm using a spectrophotometer (Thermo Scientific) and using 630 nm wavelength as the reference minus the background signal.

#### Cell survival assay (CCK8)

A 96-well plate containing 100 microl RPMI and 10-20% FCS was inoculated with 25,000 cells per well. After 48 h of treatment, cell survival rate was detected by CCK8 kit (GLPBIO, USA). Quantitative detection was performed using a spectrophotometer with wavelength of 450 nm (Thermo Scientific), with wavelength of 630 nm as reference, and background signal was subtracted.

# Proliferation assay (5-bromo-2'-deoxyuridine *incorporation*)

To determine the proliferation of MM cells, 25,000 cells were implanted in a 96-well culture plate. Carfilzomib (5, 10, 20 nM) was treated for 48 h. Thymine analogue 5-bromo-2'-deoxyuridine (BrdU) was added 4 h before the end of the experiment, and cells were collected at the end point of the experiment 48 h. The proliferation rate was determined by ELISA (Roche diagnosis) and 450 nm bispectral spectrophotometer colorimetry.

#### Statistical analysis

All data in our study are expressed as mean ± standard error (mean ± SEM) and were analyzed using Prism 7.0 software (GraphPad, La Jolla, CA, USA). Behavioral experimental data were analyzed by one-way analysis of variance (ANOVA) with repeated measures, followed by Dunnett's test. Comparisons were performed by ANOVA followed by Dunnett's test. P values <0.05 were considered statistically significant.

# **Results**

#### Structure of carfilzomib

The proteasome inhibitor carfilzomib has been approved by the USFDA for the treatment of MM (Figure 1). It is a covalent peptidyl inhibitor with an electrophilic portion at the c-terminus of the peptidyl backbone that covalently binds to the Thr1 residue at the catalytic end of the  $\beta 5$ subunit of the proteasome.

# Effect of carfilzomib on apoptosis and cell viability of MM cell lines

The MM cell lines (MOLP-8, RPMI-8226, NCI-H929, and OPM-2) were exposed to different (1, 5, 10, 15, 20, and 25 nM) concentrations of carfilzomib for 48 h. Cells were detected by flow cytometry after 7-AAD staining, and carfilzomib showed dose-dependent induction of apoptosis in all MM cell lines (Figure 2A). The apoptotic rates after 48 h of incubation were 15.20%±0.2% MOLP-8, 20.73%±0.21% RPMI-8226, 16.55%±2.00% NCI-H929, and 15.00%±2.84% OPM-2 cells. In the MTT assay of viable cells, carfilzomib showed dose-dependent inhibition of cell viability in all MM cell lines (Figure 2B). The IC50 values after 48-h incubation were 12.20±0.14 µM MOLP-8, 10.73±3.21 μM RPMI-8226, 26.15±2.05 μM NCI-H929, and 15.97±1.84 µM for OPM-2 cells. RPMI-8226 cells are more sensitive to carfilzomib than other MM cells. Therefore, that cell line was selected to elucidate the molecular mechanism of carfilzomib cytotoxic activity in more detail.

# Effect of carfilzomib on proliferation of RPMI-8226 cells

In the MM cells treated with Carfilzomib, the cell survival rate decreased, and the incorporation of BrdU as a proliferation indicator decreased. In addition, cafezomib was dose-dependent on cell survival and proliferation of RMI-8226 cells. The proliferation and survival rate of RPMI-8226 cells decreased by 30% and 28% at 10 nM. At 20 nM, proliferation decreased by 43% and cell viability decreased by 45% (Figure 3).

# Effect of carfilzomib on apoptosis of RPMI-8226 cells

Upon genomic DNA fragmentation, the exposed 3'-OH



**Figure 2** Carfilzomib inhibits multiple myeloma cell viability and induces apoptosis. MOLP-8, RPMI-8226, NCI-H929 and OPM-2 cells were exposed to the indicated concentrations of carfilzomib for 48 h. (A) Cell death was analyzed by flow cytometry after 7-AAD staining and (B) viability of multiple myeloma cells were assessed by MTT assay. (n=6 per group).

can be catalyzed by terminal deoxynucleotidyltransferase (TdT) plus fluorescein (FITC)-labeled dUTP (fluoresceindUTP), which can be detected by fluorescence microscopy. At present, the Bcl-2 protein family and caspase family attract the most attention, including the Bcl-2 gene and Bax genes, which are known as the most important pair of genes to inhibit apoptosis, and caspase 3 executive protease is the most important in the regulation of apoptosis. When they were used as a parameter to measure apoptosis of RPMI-8226 cells, apoptosis was observed and a significant dose-dependent increase occurred (*Figure 4A,4B*). In fact, at concentrations >5 nM, the cells all showed a significant apoptotic response (P<0.05 at 5 nM and P<0.01 at 10 and 20 nM). At a concentration of 10 nM, carfilzomib increased the apoptotic rate of RPMI-8226 cells by 3-fold and apoptotic protein expression by 1.5-fold compared with



**Figure 3** Carfilzomib inhibits RPMI-8226 cell proliferation. (A) Cell survival rate of RPMI-8226 cells incubated with 5, 10 and 20 nM carfilzomib for 48 h and detected by CCK8 detection kit. (B) The effect of pyrimidine analogue BrdU on the proliferation of myeloma cells was determined by participating in DNA replication. Data are presented as mean  $\pm$  SEM. \*, compared with the control group; \*, P<0.05; \*\*, P<0.01; \*, compared with the carfilzomib 5 nM group; \*, P<0.05; \*\*, P<0.01. Repeated measures analysis of variance followed by Dunnett's test was used (n=6 per group).

control-treated cells.

#### Induction of tumor progression by carfilzomib

It has been reported that the cytokine TNF $\alpha$  can stimulate the increased expression of STAT1, thus inducing cell stress response and cell proliferation. Therefore, we investigated the STAT1, iNOS and COX-2 protein expression levels in carfilzomib-treated RPMI-8226 cells. All were overexpressed in untreated cells and decreased in a dosedependent manner after apigenin treatment (*Figure 5*).

# Carfilzomib induces tumor progression through the STAT1/COX2/iNOS signaling pathway

Then Fludarabine (NSC 118218) (Selleck, USA), an inhibitor of STAT1, was introduced for functional reversal. Fludarabine has been reported to inhibit cell proliferation and promote cell apoptosis. RPMI-8226 cells were treated with both Carfilzomib and Fludarabine. The detection results show that the additive has no superposition effect. It was demonstrated that Carfilzomib regulates tumor progression through STAT1 (*Figure 6*).

#### **Discussion**

In 2016, there 138,509 new cases of MM globally, and in America, 30,770 cases are expected to occur in 2018 (32). In recent decades, the global incidence has increased dramatically, in part because of the aging of populations. In MM clinical trials, the introduction of PIs and immunomodulatory drugs has improved treatment responses compared with older therapies for patients with newly diagnosed MM (33). Carfilzomib-based regimens have shown strong efficacy, and carfilzomib has been approved for the treatment of recurrent or refractory MM (34).

The main mechanism of anticancer drugs is apoptosis induction, and multiple signaling pathways are involved in this process (35). In the present study, TUNEL staining showed that carfilzomib increased the proportion of RPMI-8226 cells undergoing apoptosis in a dose-dependent manner. Shrinkage, fragmentation, chromatin condensation, and DNA fragmentation of the cells after treatment were distinct features of apoptosis (35). Treatment of tumor cells with carfilzomib activates the levels of the caspase and Bcl2 families and nuclear condensation, thereby



**Figure 4** Carfilzomib induced apoptosis in RPMI-8226 cells. (A) The apoptosis of RMI-8226 cells was induced by carfilzomib at 5, 10 and 20 nM for 48 h, and the apoptosis was detected by Tunel staining. (B) Apoptosis-related proteins cleaved-caspase-3, cleaved-caspase-3, Bax and Bcl2 detected by western blot.  $\beta$ -actin was used as a control. Data are presented as mean ± SEM. \*, compared with the control group; \*, P<0.05; \*\*, P<0.01; <sup>#</sup>, compared with the carfilzomib 5 nM group; <sup>#</sup>, P<0.05. Repeated measures analysis of variance followed by Dunnett's test was used (n=6 per group). Magnification: ×200. Scale bars: 50 µm.



**Figure 5** Carfilzomib inhibits the expression of the STAT1/COX-2/iNOS signaling pathway in RPMI-8226 cells. The protein expression levels of STAT1, COX-2 and iNOS were detected by western blot.  $\beta$ -actin was used as a control. Data are presented as mean  $\pm$  SEM. \*, compared with the control group, \*, P<0.05; \*\*, P<0.01; <sup>#</sup>, compared with the carfilzomib 5 nM group; <sup>#</sup>, P<0.05. Repeated measures analysis of variance followed by Dunnett's test was used (n=6 per group).

A

Cell proliferation (ext. 450 nM)



Cleaved-Caspase 3/Caspase 3 Bax/Bcl2

Figure 6 Carfilzomib induced the proliferation and apoptosis of RPMI-8226 cells through the STAT1/COX-2/iNOS signaling pathway. (A) The effect of pyrimidine analogue BrdU on the proliferation of myeloma cells was determined by participating in DNA replication. (B) Apoptosis-related proteins cleaved-caspase-3, cleaved-caspase-3, Bax and Bcl2 detected by western blot. β-actin was used as a control. Data are presented as mean ± SEM. \*, compared with the control group; \*\*, P<0.01; ns, P>0.05. Repeated measures analysis of variance followed by Dunnett's test was used (n=6 per group).

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inducing apoptosis. Anticancer compounds usually inhibit cell proliferation by promoting cell cycle arrest (36). Carfilzomib inhibits the DNA synthesis phase (S phase) of MM cells and arrests most of the cells in G2/M phase in a dose-dependent manner (37). In contrast, cell cycle arrest was induced at the G2/M checkpoint in the oral squamous cell carcinoma cell line SCC-25, which inhibited the expression of cyclinD1 and E and the inactivation of CDK1 (38).

It is estimated that more than 20% of human cancers are caused by chronic inflammation. STAT1 is involved in tumorigenesis and metastasis by upregulating inducible enzymes such as COX-2 and iNOS (38-40), which lead to the overproduction of nitric oxide and prostaglandin E2 (41). We examined the expression of STAT1, iNOS and COX-2 in cells after carfilzomib treatment. Carfilzomib inhibited the activation of STAT1, which is responsible for the expression of iNOS and COX-2 in cancer cells. Carfilzomib dose-dependently decreased iNOS and COX-2 expressions compared with untreated cells, which was consistent with other reports showing inhibition of the expressions of iNOS and COX-2 (42-45). Inhibiting the overproduction of nitric oxide and prostaglandin E2 is an effective chemopreventive strategy (46). Inhibition of MAP3K8 may interrupt important interactions between macrophages and cancer cells, leading to dose-dependent apoptosis of MM cells (47). To demonstrate the activity of carfilzomib in hematological tumor cells, we investigated the possible mechanism by which it caused reduced cell survival and increased apoptosis in MM cell lines. Carfilzomib effectively reduced cell viability and induced apoptosis in a dose-dependent manner in all of the studied MM cell lines, with the strongest sensitivity to RPMI-8226 cells. Some studies have reported the expression of STAT1 in RPMI-8226, NCI-H929, KMS-11, OPM-2, AMO-I, 1-363, JJN-3, U266, MM.1S, KMS-20BM, and KMS-28BM MM cell lines (48-50). The prognostic role of related enzymes COX-2 and iNOS in MM and other malignancies has been

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reported (51). Other authors also discuss the involvement of STAT1, COX-2 and iNOS in all types of inflammation, angiogenesis, and metastasis of human cancer, chemical resistance and their special role in the development of drug resistance (52). Our results are consistent with several previous reports, confirming that the STAT1/COX2/iNOS signaling pathway plays a key role in MM (pathology) biology. We then treated the cells with STAT1 inhibitor Fludarabine and Carfilzomib, and found that Fludarabine reversed the effects of Carfilzomib on the proliferation and apoptosis of RPMI-8226 cells. It was further demonstrated that Carfilzomib acted through the STAT1/COX2/iNOS signaling pathway.

To sum up, this study provides strong circumstantial evidence that the new PI inhibitor, carfilzomib, can inhibit growth and induce apoptosis *in vitro* in MM cells (53). One concern is direct activity of the MM cells themselves. In human patients, however, with complex "natural" environments, and other anatomic sites of MM, multiple interactions of bone marrow cells may not only activate the STAT1/COX2/iNOS pathway, but also activate PI3K/ Akt, MEK/ERK, JAK/STAT3, NF-kappa B or other signal cascades that may promote the survival, drug resistance and/ or migration of tumor cells (54,55). Therefore, although the efficacy of carfilzomib remains to be further studied, such as in combination with targeted therapy and chemotherapy, our data provides experimental evidence for future research and suggest a path worth exploring.

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#### Footnote

*Reporting Checklist:* The authors have completed the MDAR reporting checklist. Available at https://tcr.amegroups.com/article/view/10.21037/tcr-21-2534/rc

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Ethical Statement: The authors are accountable for all

aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

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