Date:	21 February 2022	
Your Name:	Jing Fang	

Manuscript Title:______ A systematic review and meta-analysis of the effects of muscle relaxation training VS. conventional nursing on the depression, anxiety and life quality of patients with breast cancer

_____ Manuscript number (if known):

In the interest of transparency, we ask you to disclose all relationships/activities/interests listed below that are related to the content of your manuscript. "Related" means any relation with for-profit or not-for-profit third parties whose interests may be affected by the content of the manuscript. Disclosure represents a commitment to transparency and does not necessarily indicate a bias. If you are in doubt about whether to list a relationship/activity/interest, it is preferable that you do so.

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		Time frame: Since the initial	planning of the work	
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		Time frame: past	36 months	
2	Grants or contracts from any entity (if not indicated in item #1 above).	None		-
3	Royalties or licenses	None		
4	Consulting fees	None		

5	Payment or honoraria for	None	
	lectures, presentations,		
	speakers bureaus,		
	manuscript writing or		
	educational events		
6	Payment for expert	None	
0	testimony		
	testimony		
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7	Support for attending	None	
	meetings and/or travel		
8	Patents planned, issued or	None	
Ū	pending		
	pending		
9	Participation on a Data	None	
9	Safety Monitoring Board or		
	Advisory Board		
- 10			
10	Leadership or fiduciary role	None	
	in other board, society,		
	committee or advocacy		
	group, paid or unpaid		
11	Stock or stock options	None	
12	Receipt of equipment,	None	
	materials, drugs, medical		
	writing, gifts or other		
	services		
13	Other financial or non-	None	
	financial interests		

I have no conflicts of interest to declare.

Please place an "X" next to the following statement to indicate your agreement:

Date:	_21 February 2022	
Your Name:	Chun	
Yu		

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13	Other financial or non-	None	
	financial interests		

I have no conflicts of interest to declare.

Please place an "X" next to the following statement to indicate your agreement:

Date:	_21 February 2022	
Your Name:	Jinping Liu	
Manuscript Title:	A systematic review and	meta-analysis of the effects of muscle relaxation training
VS. conventional n	ursing on the depression, anxiety	and life quality of patients with breast
cancer	-	

Manuscript number (if known):_____

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3	Royalties or licenses	None	
4	Consulting fees	None	

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13	Other financial or non-	None	
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Please place an "X" next to the following statement to indicate your agreement:

Date:	_21 February 2022	
Your Name:	Xiaorong Mao _	

Manuscript Title:______ A systematic review and meta-analysis of the effects of muscle relaxation training VS. conventional nursing on the depression, anxiety and life quality of patients with breast cancer______

Manuscript number (if known):_____

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Please place an "X" next to the following statement to indicate your agreement:

Date:	_21 February 2022	
Your Name:	Xueyan Jia	
Manuscript Title:	A systematic review and	meta-analysis of the effects of muscle relaxation training
VS. conventional n	ursing on the depression, anxiety	and life quality of patients with breast
cancer	-	

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	any entity (if not indicated		
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Please place an "X" next to the following statement to indicate your agreement:

Date:	21 February 2022	
Your Name:	Jing Luo	

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Date:	_21 February 2022	
Your Name:	Ruyao Liu	
Manuscript Title:	A systematic review and	meta-analysis of the effects of muscle relaxation training
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7	Support for attending	None	
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9	Participation on a Data	None	
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