CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page 1/ line 1-2	Title page
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	**Page 3/line 42-43**	Abstract and keywords
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	**Page 2/line 21-27**	Abstract/ Paragraph 1
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	**Page 2/line 28-36**	Abstract/ Paragraph 1
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	**Page 2/line 37-41**	Abstract/ Paragraph 1
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	**Page 3/ line 44-60**	Introduction/ Paragraph 1
Patient Information	5a	De-identified patient specific information	**Page 3/ line 62-63**	**Case-presentation/para**
	5b	Primary concerns and symptoms of the patient	**Page 4/line 64-72**	**Case-presentation/para**
	5c	Medical, family, and psycho-social history including relevant genetic information	**Page 4/ line 64-67**	**Case-presentation/para**
	5d	Relevant past interventions with outcomes	**Page 4/line 68-70**	**Case-presentation/para**
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	**Page 4/line 73-77**	**Case-presentation/para**
Timeline	7	Historical and current information from this episode of care organized as a timeline	**Page 5/line 105**	**Case-presentation/para**
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	**Page 4/line 77-Page**	**Case-presentation/para**
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	**Page 5/line 91-97**	**Case-presentation/para**
	8c	Diagnosis (including other diagnoses considered)	**Page 5/line 94-96**	**Case-presentation/para**
	8d	Prognosis (such as staging in oncology) where applicable	**N/A**	**No standard prognostic**
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	**Page 5/line 91-98**	**Case-presentation/para**
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	**Page 5/line 97-100**	**Case-presentation/para**
	9c	Changes in therapeutic intervention (with rationale)	**N/A**	**No change occured**

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	**Page 5/line 99-101**	**Case-presentation/para**
	10b	Important follow-up diagnostic and other test results	**Page 5/line 102-105**	**Case-presentation/para**
	10c	Intervention adherence and tolerability (How was this assessed?)	**Page 5/line 101-102**	**Case-presentation/para**
	10d	Adverse and unanticipated events	**N/A**	**no other adverse**
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	**Page 8 /line 163-166**	**Discussion/Paragraph 5**
	11b	Discussion of the relevant medical literature **with references**	**Page 6/line 113- page**	**Discussion/Paragraph**
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	**page 7/line136-151**	**Discussion/Paragraph 3**
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	**Page 8/line158-162**	**Discussion/Paragraph 5**
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	NA	NA
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

Article Information: http://dx.doi.org/10.21037/tcr-21-2501
*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.