

CARE Checklist of information to include when writing a case report



Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words "case report"	Page 1/ Line 1-2	Title
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 1/ Line 11-12	Keywords
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	Page 1/ Line 14-18	Abstract/ Paragraph 1
	3b	Case Description: describe the patient's demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	Page 1-2/ Line 19-25	Abstract/ Paragraph 2
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	Page 2/ Line 26-31	Abstract/ Paragraph 3
Introduction	4	One or two paragraphs summarizing why this case is unique (may include references)	Page 2-3/ Line 33-61	Introduction
Patient Information	5a	De-identified patient specific information	Page 3/ Line 63-64	Case Presentation/ Paragraph 1
	5b	Primary concerns and symptoms of the patient	Page 4-5/ Line 91-109	Case Presentation/ Paragraph 3
	5c	Medical, family, and psycho-social history including relevant genetic information	Page 3-4/ Line 63-77	Case Presentation/ Paragraph 1
	5d	Relevant past interventions with outcomes	Page 4/ Line 78-90	Case Presentation/ Paragraph 2
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page 4-5/ Line 91-109	Case Presentation/ Paragraph 3
Timeline	7	Historical and current information from this episode of care organized as a timeline	Figure 3	Figure 3
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page 4-5/ Line 91-109	Case Presentation/ Paragraph 3
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Page 5/ Line 102-106	Case Presentation/ Paragraph 3
	8c	Diagnosis (including other diagnoses considered)	Page 5/ Line 106-109	Case Presentation/ Paragraph 3
	8d	Prognosis (such as staging in oncology) where applicable	Page 5/ Line 106-109	Case Presentation/ Paragraph
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page 5/ Line 109-110	Case Presentation/ Paragraph 3
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page 5/ Line 110-120	Case Presentation/ Paragraph 3
	9c	Changes in therapeutic intervention (with rationale)	Page 5/ Line 110-120	Case Presentation/ Paragraph 3

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Page 5-6/ Line 119-120	Case Presntation/ Paragraph 3
	10b	Important follow-up diagnostic and other test results	Page 5-6/ Line 120-123	Case Presentation/ Paragraph 3
	10c	Intervention adherence and tolerability (How was this assessed?)	Page 6/ Line 123-128	Case Presentation/ Paragraph 3
	10d	Adverse and unanticipated events	Page 6/ Line 123-128	Case Presentation/ Paragraph 3
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page 9/ Line 205-215	Discussion/ Paragraph 7
	11b	Discussion of the relevant medical literature with references	Page 6-9/ Line 134-204	Discussion/ Paragraph 1-6
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page 10/ Line 217-224	Discussion/ Paragraph 8
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	Page 10/ Line 217-224	Discussion/ Paragraph 8
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	Page 10/ Line 226-230	Patient Perspective
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes √	No