CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	page 1, line 1-2	title/para 1
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	page 2, line 34	abstract
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	page 2, line 17-20	abstract
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	page 2, line 21-27	abstract
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	page 2, line 28-32	abstract
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	page 3, line 36 - 58	introduction/para 2-5
Patient Information	5a	De-identified patient specific information	page 3, line 60	Case presentation/para 7
	5b	Primary concerns and symptoms of the patient	page 3, line 61	Case presentation/para 7
	5c	Medical, family, and psycho-social history including relevant genetic information	N/A	N/A
	5d	Relevant past interventions with outcomes	page 3, line 63 - 67	Case presentation/para 7
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	page 4,line 76-77	Case presentation/para 3
Timeline	7	Historical and current information from this episode of care organized as a timeline	Figure-5	Case presentation/fig 5
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	page 4, line 66-67	Case presentation/para 7
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	page 4, line 81-83	Case presentation/para 3
	8c	Diagnosis (including other diagnoses considered)	page 4,line 85	Case presentation/para 4
	8d	Prognosis (such as staging in oncology) where applicable	N/A	N/A
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	page 4, line 68-72	Case presentation/para 2
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	page 4, line 68-72	Case presentation/para 2
	9c	Changes in therapeutic intervention (with rationale)	page 5, line 98-99;	Case presentation/para 1

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	page 5, line 100-101	Case presentation/para 1
	10b	Important follow-up diagnostic and other test results	N/A	N/A
	10c	Intervention adherence and tolerability (How was this assessed?)	N/A	N/A
	10d	Adverse and unanticipated events	N/A	N/A
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	page 5, line 95-97	Discussion/para 1
	11b	Discussion of the relevant medical literature **with references**	page 5-8	Discussion/para 3-14
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	N/A	N/A
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	page 8, line 195-198	Discussion/para 3
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	N/A	N/A
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.