CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page1/Line 2 to 4	Title
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page2/Line 40 to 41	Key words
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	Page2/Line 24 to 25	Abstract/1
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	Page2/Line 26 to 34	Abstract/1
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	Page2/Line 35 to 39	Abstract/1
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page2/Line 42 to 61	Introduction/1-2
Patient Information	5a	De-identified patient specific information	Page3/Line 64	Case presentation/1
	5b	Primary concerns and symptoms of the patient	Page4/Line 76	Case presentation/2
	5c	Medical, family, and psycho-social history including relevant genetic information	Page3/Line 64	Case presentation/1
	5d	Relevant past interventions with outcomes	Page4/Line 66 to 70	Case presentation/1
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	N/A	N/A
Timeline	7	Historical and current information from this episode of care organized as a timeline	N/A	N/A
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page4/Line 70 to 75	Case presentation/1
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	N/A	N/A
	8c	Diagnosis (including other diagnoses considered)	Page4/Line 76 to 78	Case presentation/2
	8d	Prognosis (such as staging in oncology) where applicable	Page5/Line 96 to 97	Case presentation/2
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page4/Line 79 to 80	Case presentation/2
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page4/Line 79 to 80	Case presentation/2
	9c	Changes in therapeutic intervention (with rationale)	Page4/Line 84 to 89	Case presentation/2

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Page5/Line 89 to 92	Case presentation/2
	10b	Important follow-up diagnostic and other test results	Page5/Line 93 to 94	Case presentation/2
	10c	Intervention adherence and tolerability (How was this assessed?)	N/A	N/A
	10d	Adverse and unanticipated events	N/A	N/A
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page6/Line 126 to 132	Discussion/2
	11b	Discussion of the relevant medical literature **with references**	Page6/Line 114 to 125	Discussion/1
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page6/Line 129 to 131	Discussion/2
	11d	The primary “take-away” lessons of this case report (without references) in a one paragraph conclusion	Page8/Line 166 to 174	Discussion/6
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	N/A	N/A
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.