

Brief overview of primary mesenchymal chondrosarcoma and discussion of a case report

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Primary mesenchymal chondrosarcoma (PMC) remains a relatively rare entity and represents less than 10% of all chondrosarcomas. As a result, literature on presentation, diagnosis, and treatment of mesenchymal chondrosarcoma remains relatively scarce, with case reports providing the majority of the content available to physicians. While primarily arising from the soft tissue or bone, axial locations, including the brain and meninges have been reported (1). As a group, the prognosis of these tumors is often poor with a propensity for late local recurrence and metastasis. (1-6). Although histologic analysis with immunohistochemical staining often narrows the differential diagnosis, an exact diagnosis may prove elusive (1,2).

In the article entitled "Primary mesenchymal chondrosarcoma of the adult lumbar spine: a case report and review of the literature" the authors provide an overview of PMC as well as specific details of the management of nonmetastatic PMC in the lumbar spine. This case report is of particular importance for several reasons: tumor location in the lumbar spine, age of patient, and inconclusive immunohistochemical staining results on initial biopsy (7). There are only a small number of case reports of PMC in the lumbar spine as noted by the authors (3-6). Additionally, the majority of patients are diagnosed in their second or third decade of life, making the patient's age of 47 years old, unusual. Lastly, the immunohistochemistry results of the specimen were atypical for a diagnosis of primary mesenchymal chondrosarcoma as it did not express S-100 or vimentin (1). Furthermore, mesenchymal chondrosarcoma, which has a propensity to metastasize, often presents with systemic disease by the time of diagnosis, further complicating treatment. Accordingly, literature on the management of non-metastatic mesenchymal chondrosarcoma is an important addition to the current literature (1,2).

As discussed by Lin et al., there are limited options for the management of this tumor. The majority of the current literature does support treatment of non-metastatic cases in the spine with surgical resection (3-8), with adjuvant radiotherapy post operatively as needed (9). The authors do not remark on the use of neoadjuvant chemotherapy (7). As stated in other case reports, neoadjuvant chemotherapy may be used in the management of this disease with limited success in the literature, however, there are reports of positive response in individual patients (3-6). Overall, this case report serves as a valuable resource to physicians faced with managing PMC and adds to the limited literature available on the subject in an important way, while also demonstrating some unique case specific details that differ from prior case reports in the literature with regards to location of disease, age at presentation and diagnostic challenges.

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