

CARE Checklist of information to include when writing a case report



| Торіс | Item No | Checklist item description | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|----------------------------------|------------|--|---|-------------------------------|
| Title | 1 | The diagnosis or intervention of primary focus followed by the words "case report" | | |
| Key Words | 2 | 2 to 5 key words that identify diagnoses or interventions in this case report, including "case report" | | |
| Abstract (Structured summary) | 3a | Background: state what is known and unknown; why the case report is unique and what it adds to existing literature. | | |
| | 3b | Case Description: describe the patient's demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups. | | |
| | 3c | Conclusion: summarize the main take-away lesson, clinical impact and potential implications. | | |
| Introduction | 4 | One or two paragraphs summarizing why this case is unique (may include references) | | |
| Patient Information | 5a | De-identified patient specific information | | |
| | 5b | Primary concerns and symptoms of the patient | | |
| | 5c | Medical, family, and psycho-social history including relevant genetic information | | |
| | 5d | Relevant past interventions with outcomes | | |
| Clinical Findings | 6 | Describe significant physical examination (PE) and important clinical findings | | |
| Timeline | 7 | Historical and current information from this episode of care organized as a timeline | | |
| Diagnostic Assessment | 8a | Diagnostic testing (such as PE, laboratory testing, imaging, surveys). | | |
| | 8b | Diagnostic challenges (such as access to testing, financial, or cultural) | | |
| | 8c | Diagnosis (including other diagnoses considered) | | |
| | 8d | Prognosis (such as staging in oncology) where applicable | | |
| Therapeutic Intervention | 9a | Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care) | | |
| | 9b | Administration of therapeutic intervention (such as dosage, strength, duration) | | |
| | 9c | Changes in therapeutic intervention (with rationale) | | |
| | | | | |

| Follow-up and Outcomes | 10a | Clinician and patient-assessed outcomes (if available) | | |
|---------------------------|-----|--|-----|----|
| | 10b | Important follow-up diagnostic and other test results | | |
| | 10c | Intervention adherence and tolerability (How was this assessed?) | | |
| | 10d | Adverse and unanticipated events | | |
| Discussion | 11a | A scientific discussion of the strengths AND limitations associated with this case report | | |
| | 11b | Discussion of the relevant medical literature with references | | |
| | 11c | The scientific rationale for any conclusions (including assessment of possible causes) | | |
| | 11d | The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion | | |
| Patient Perspective | 12 | The patient should share their perspective in one to two paragraphs on the treatment(s) they received | | |
| Informed Consent | 13 | Did the patient give informed consent? Please provide if requested | Yes | No |