

GD3 mediated immune response via vascular endothelial growth factor in ovarian cancer

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Introduction

Cancer constitutes a major public health problem and one of the most frequent causes of death in the Western world. It has been reported that 1,685,210 new cancer cases and 595,690 deaths from cancer are estimated to occur in the United States in 2016 (1). The economic burden of cancer is associated with expenditures including aspects such as prevention, screening and treatment services and the lost productivity due to cancer-related death (2). Furthermore it has been estimated that by 2030, the number of new cases in various types of the disease will reach 23 million per year corresponding to an increase of 70% when compared to relevant data from 2012 (3).

Ovarian cancer is the most lethal gynecological type of cancer in developed countries. Approximately 23,000 women will be diagnosed with ovarian cancer in the forthcoming years, according to SEER data and about 15,000 of them will die of the disease (1). Ovarian cancer lethality derives from the fact that the majority of ovarian cancer sufferers report the disease when in advanced stages (4). Treatment of advanced disease involves cytoreductive surgery combined with carboplatin/paclitaxel chemotherapy. Despite the initial effectiveness of this therapeutic approach, the majority of women will relapse, with a median PFS of around 18 months, and eventually die from ovarian cancer (4). The necessity for novel therapies, therefore, is obvious. Recent research has been focused on targeted therapies, i.e. treatment targeting biologically relevant molecular factors, present in the tumor or its microenvironment. Such targets are constantly sought in order to extend the already growing pipeline of therapies

by seeking effective ways to combat the disease including circulating tumor cells, soluble tumor markers and the use of genomic or proteomic information (5,6).

Angiogenesis is a process that refers to the formation of new blood vessels, and it constitutes a hallmark process of cancer progression and metastasis. The angiogenetic process is rather complex and involves a large number of cytokines and associated receptors and it is one of the most prominent processes in cancer related to tumor survival and induction of tumor metastasis (7). It is a dynamic process with pro-angiogenic and anti-angiogenic proteins involved in its regulation. Angiogenesis plays a major role in tumorigenesis, tumor expansion and ascites formation in ovarian cancer. Ascitic fluid represents an easily accessible biological fluid compared to tumor samples, and it may be more representative of the biological behavior of ovarian cancer compared with blood (8).

The vascular endothelial growth factor (VEGF) is one of the most potent pro-angiogenic factors and it may be associated with poor prognosis and resistance to therapy in ovarian cancer (9). VEGF levels have also been shown to be higher within ascitic fluid when compared to blood, suggesting that the tumor burden is higher in the peritoneal cavity, which is the anatomic region with the highest disease impact.

Except angiogenesis, VEGF has been implicated in a series of other processes that may be associated with ovarian cancer and moreover it may be directly interacting with the patients' immune system in a number of ways. More specifically, we have shown that VEGF may be suppressing T cell activation and proliferation in both blood and in

ascites of ovarian cancer patients (10,11). Other groups have shown that VEGF may be involved in immune system suppression in ways such as via the downregulation of dendritic cells (12,13), and via the attraction and accumulation of immunoregulatory cells such as myeloidderived suppressor cells (MDSCs) affecting T cells but also natural killer (NK) cells (14,15). MDSCs comprise a heterogeneous group of cells of myeloid origin, one that includes a variety of cells such as myeloid progenitor cells and also immature myeloid cells. The latter includes granulocytes, and dendritic cells that show significant immunosuppressive properties. MDSC accumulation in the tumor microenvironment leads to suppression of T-cell response in a number of ways and VEGF-A is responsible for the accumulation of MDSC.

T regulatory cells (T regs) may also be accumulated by VEGF and other pro angiogenic factors such as the placental growth factor (PIGF) (16) via the implication of cytokines such as tumor growth factor beta (TGF- β) but also interleukin 10 (IL-10). VEGF may also affect accumulation of tumor associated macrophages (17). In this case VEGF is not the only player but its effects are also assisted by the expression and secretion of other cytokines such as IL-10 and IL-4. VEGF can also induce the expression of Fas ligand, a well known driver of apoptosis of T cells, on endothelial cells, which have specifically acquired the ability of preferentially killing cytotoxic CD8⁺ T cells and not affecting T regs (18).

For that matter VEGF has been a target of research in all types of cancer, including ovarian cancer in order to establish therapies that may interfere with its function and prevent tumor spread. Antibody based therapy has been introduced in the clinic with encouraging results when Bevacizumab/Avastin and also anti-angiopoietin agents have been used (19).

The paper by Tiper *et al.*, accepted and currently in press at the journal of Clinical Cancer Research, deals though with another aspect of VEGF mediated suppression of the immune system in ovarian cancer (20). In this study, VEGF is shown to potentiate immune suppression by human ovarian cancer cells via GD3 ganglioside. This work builds on previous studies by the same group that have exhibited the presence of GD3 in ascitic fluid from ovarian cancer patients and in addition they have shown that NKT cells' antitumor responses may be hindered (21). Interestingly the cross talk between VEGF and GD3 has been reported in the past in the case of another type of cancer, namely glioma, where GD3 was shown to be a potent stimulator of VEGF release (22).

The authors have chosen to work with ascitic fluid rather than blood in this study and in our opinion, this is a well-driven decision since ascitic fluid contains numerous angiogenesis related proteins in higher amounts than blood, including VEGF. In their latest study (20) they have focused in the effects that this mechanism of tumor immunity evasion may achieve targeting NKT cells as the end point of suppression. For that matter conditioned media from ovarian cancer cell lines has been shown to inhibit CD1d mediated NKT cell activation.

We believe that showing a similar effect on other immune cell populations would have been of interest too, especially in the ratio of CD4⁺/CD8⁺ T cells and also Tregs. These populations are of great interest, alongside NK and NKT cells of course, since CD8+ cytotoxic T cells have long been studied in various types of cancer for the effects that may exert on the tumor and Tregs function has been the subject of a great debate as to whether their presence in the tumor can act as a prognostic factor in terms of both progress free survival (PFS) and overall survival (OS) of the patients (23). Our notion is strengthened by the fact that they did find tumor infiltration by immune cells although they clearly state that there was a higher percentage of CD4⁻ CD8⁻ cells present in NKT cells inhibitory ascites rather than the opposite. Nevertheless the differences in these cell populations might have been of interest and this may be the aim of future work.

In accordance with previous findings (8,9) the authors have measured high VEGF levels in patients' ascitic fluids and also in the supernatants of cultured ovarian cancer cell lines. This is further in concert with our previous studies in terms of the levels of VEGF addressed in ascitic fluids showing once more the validity of using this biological material in this type of research. They also used Bevacizumab and Genistein in order to abrogate the effects of VEGF and screened for NKT cell activation. Treatment of ovarian cancer cell lines with both these agents resulted in VEGF inhibition as expected and this had as a downstream effect the restoration of NKT cell activity. Similar effects have been reported regarding the restoration of function of dendritic cells upon VEGF blockage with anti-VEGF agents including Bevacizumab (24). Moreover, regarding the relationship between VEGF overexpression and NKT population cell suppression, this has been shown by other groups in the past including our own (9). In this paper by Bamias et al., VEGF levels were inversely correlated with NKT-like cells (CD3⁺ CD56⁺)



Figure 1 Components of the VEGF pathway are depicted in this figure. VEGF, vascular endothelial growth factor.

and these were also correlated to platinum resistance. $CD3^+$ $CD56^+$ cells are a well-defined and important population regarding tumor rejection, since they can mediate non-MHC-restricted cytotoxicity, while previous experiments using blood cells from patients with lymphomas have shown a rather significant expansion of this population in *ex vivo* conditions and have also shown considerable *in vitro* cytotoxicity (9). Therefore the results presented by Tiper *et al.*, are in accordance with previous studies that do show similar effects of VEGF on immune cell populations.

The novelty of the paper by Tiper *et al.*, is the addition of GD3 in this mechanism of immunosuppression. The same group has reported previously that GD3 that is present in ascitic fluid shows potential in inhibiting antitumor NKT cell responses and higher levels of GD3 have been shown to be present in the blood of ovarian cancer patients when compared to healthy donors as a result of ganglioside shedding from the surface of tumor cells. The authors performed further work in order to show that GD3 inhibition is responsible for restoring NKT cell function by overexpressing the membrane associated NEU3, a molecule that has been shown to decrease GD3 (20). What is of note here is that the source of GD3 seems to play an important role in the functional impact of GD3, with the GD3 derived from bovine brain seeming to be more effective than the one derived from buttermilk for example. Why is there a difference in their function depending on the origin of the molecule is something that poses questions about the establishment of functionality of GD3 topologically.

The authors have also shown that the incubation of ascites from patients with target cells activates different proteins in the Map Kinase Pathway (MAPK) including molecules such as ERK and p38. The interesting issue here is that ascites from different patients do not show a uniform pattern of induction of proteins related to the MAPK pathway but in fact they exhibit differences in the repertoire

Translational Cancer Research, Vol 5, Suppl 2 August 2016

of molecules expressed. The MAPK pathway is activated as a downstream effect of the VEGF signalling cascade (7) (*Figure 1*) and since the ascitic fluids contain high amounts of VEGF, the activation of this pathway is highly expected to occur. The difference in the expression of molecules from the MAPK pathway depending on the ascites used is of interest but surely a higher number of samples may be necessary to investigate this further. To enhance the importance of the MAPK pathway, in the most recent study that our group has published, a MAPK functionally related protein, MIP-1, is shown to be a part of a proposed prognostic signature model that may be used to select patients for anti angiogenic therapies (25).

Conclusions

The necessity for novel therapies in ovarian cancer is growing. Targeting pro angiogenic factors with VEGF being the most prominent target has shown considerable promise and has already been incorporated into the current treatment paradigm for ovarian cancer. In the paper by Tiper *et al.*, the authors describe the cross talk between VEGF and the ganglioside GD3 as a means for the tumor to evade the patient's immune system. More specifically, they have found that VEGF suppresses GD3 and have hypothesized that activation of MAPK kinase pathway components such as ERK induce the ganglioside shedding by ovarian cancer cells. They have also found that VEGF blockade via the use of Bevacizumab may restore NKT cell responses.

This proposed mechanism of VEGF suppressing the immune system, mainly acting on the innate immune cell fortress, is being added to the ways proposed so far for VEGF's role in the immune system evasion. Given these encouraging results we are looking forward to new data on the subject that will broaden the target repertoire for battling this devastating disease.

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Footnote

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S251

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

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Bamias and Gavalas. GD3 mediated immune response via VEGF

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S252