

## CARE Checklist of information to include when writing a case report



| Topic                       | Item<br>No | Checklist item description   | Reported on Page<br>Number/Line<br>Number | Reported on Section/Paragraph |
|-----------------------------|------------|--|---|-------------------------------|
| Title                       | 1          | The diagnosis or intervention of primary focus followed by the words "case report"                     | Line 1                                    | Title                         |
| Key Words                   | 2          | 2 to 5 key words that identify diagnoses or interventions in this case report, including "case report" | Line 3                                    | Key Words                     |
| Abstract<br>(no references) | 3a         | Introduction: What is unique about this case and what does it add to the scientific literature?        | Lines 11 and 15-16                        | Abstract                      |
|                             | 3b         | Main symptoms and/or important clinical findings   | Lines 13-16                               | Abstract                      |
|                             | 3c         | The main diagnoses, therapeutic interventions, and outcomes  | Lines 14-16                               | Abstract                      |
|                             | 3d         | Conclusion—What is the main "take-away" lesson(s) from this case?                                      | Lines 17-20                               | Abstract                      |
| Introduction                | 4          | One or two paragraphs summarizing why this case is unique (may include references)                     | Lines 28-30                               | Introduction                  |
| Patient Information         | 5a         | De-identified patient specific information   | Lines 34-35                               | Patient Information           |
|                             | 5b         | Primary concerns and symptoms of the patient   | Lines 34-35                               | Patient Information           |
|                             | 5c         | Medical, family, and psycho-social history including relevant genetic information                      | Lines 34-36                               | Patient Information           |
|                             | 5d         | Relevant past interventions with outcomes  | Lines 38-42                               | Patient Information           |
| Clinical Findings           | 6          | Describe significant physical examination (PE) and important clinical findings                         | Lines 41-42.                              | Patient Information           |
| Timeline                    | 7          | Historical and current information from this episode of care organized as a timeline                   | Lines 32-52                               | Patient Information           |
| Diagnostic<br>Assessment    | 8a         | Diagnostic testing (such as PE, laboratory testing, imaging, surveys).                                 | Lines 33-52                               | Patient Information           |
|                             | 8b         | Diagnostic challenges (such as access to testing, financial, or cultural)                              | Line 46-48                                | Patient Information           |
|                             | 8c         | Diagnosis (including other diagnoses considered)   | Lines 45-47                               | Patient Information           |
|                             | 8d         | Prognosis (such as staging in oncology) where applicable   | Line 35                                   | Patient Information           |
| Therapeutic<br>Intervention | 9a         | Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)             | Lines 49-50                               | Patient Information           |
|                             | 9b         | Administration of therapeutic intervention (such as dosage, strength, duration)                        | Lines 49-50                               | Patient Information           |
|                             | 9c         | Changes in therapeutic intervention (with rationale)   | Lines 73-78                               | Discussion                    |

| Follow-up and<br>Outcomes | 10a | Clinician and patient-assessed outcomes (if available)   | Lines 52-54 | Patient Information |
|---------------------------|-----|--|-------------|---------------------|
|                           | 10b | Important follow-up diagnostic and other test results  | Lines 50-54 | Patient Information |
|                           | 10c | Intervention adherence and tolerability (How was this assessed?)                                       | Line 53-54  | Patient Information |
|                           | 10d | Adverse and unanticipated events   | Lines 53-54 | Patient Information |
| Discussion                | 11a | A scientific discussion of the strengths AND limitations associated with this case report              | Lines 71-78 | Discussion          |
|                           | 11b | Discussion of the relevant medical literature with references  | Lines 64-76 | Discussion          |
|                           | 11c | The scientific rationale for any conclusions (including assessment of possible causes)                 | Lines 71-76 | Discussion          |
|                           | 11d | The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion | Lines 80-90 | Conclusion          |
| Patient Perspective       | 12  | The patient should share their perspective in one to two paragraphs on the treatment(s) they received  | Lines 92-93 |                     |
| Informed Consent          | 13  | Did the patient give informed consent? Please provide if requested                                     | Yes 🗑       | No 🔾                |

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\*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.