CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page 1 , Line 1	Title page, first paragraph
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 2 , Line 48	Abstract, fourth paragraph
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	Page 1 , Line 30-36	Abstract, first paragraph
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	Page 1-2, Line 36-40	Abstract, second paragraph
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	Page 2 , Line 44-47	Abstract, third paragraph
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page 2-3 , Line 72-76	Introduction, third
Patient Information	5a	De-identified patient specific information	Page 3, Line 81-83	Case presentation, first
	5b	Primary concerns and symptoms of the patient	Page 3, Line 81-83	Case presentation, first
	5c	Medical, family, and psycho-social history including relevant genetic information	Page 3, Line 81-83	Case presentation, first
	5d	Relevant past interventions with outcomes	NA	NA
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	NA	NA
Timeline	7	Historical and current information from this episode of care organized as a timeline	Figure 3	Figure 3
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page 4 , Line 84-91	Case presentation, second
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	NA	NA
	8c	Diagnosis (including other diagnoses considered)	Page 3, Lines 83-84	Case presentation, first
	8d	Prognosis (such as staging in oncology) where applicable	Page 4, Line 85	Case presentation, second
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page 4 , Line 93-115	Case presentation, 2nd-6th
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page 4 , Line 93-115	Case presentation, 2nd-6th
	9c	Changes in therapeutic intervention (with rationale)	Page 4 , Line 93-115	Case presentation, 2nd-6th

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Page 4, Line 126-128	Case presentation, fourth
	10b	Important follow-up diagnostic and other test results	Page 4 , Line 118	Case presentation, sixth
	10c	Intervention adherence and tolerability (How was this assessed?)	Page 4 , Line 120-122	Case presentation, sixth
	10d	Adverse and unanticipated events	NA	NA
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page 6, Line 144-151	Discussion, second
	11b	Discussion of the relevant medical literature **with references**	Page 6, Line 152-164	Discussion, third and fourth
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page 5, Line 152-164	Discussion, third and fourth
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	Page 7, Line 168-172	Conclusions, first
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	Pt has passed	Pt has passed
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.