



DNA methylation profiling in early lung adenocarcinoma to predict response to immunotherapy

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The management of patients with lung cancer has changed significantly in recent decades, and this is largely due to the advent of new treatment options (1). Among these, immunotherapeutic approaches seem particularly promising (2). These strategies are based on the principle that, while tumors can be recognized and destroyed by immune T cells, they mobilize a variety of escape mechanisms that allow them to resume development without immune constraint. As an escape mechanism, some tumors turn up immune checkpoint pathways that put the breaks on T cell activities. One therapeutic option is to inhibit the action of checkpoint proteins, with the hope of unleashing T cell responses and enabling tumor rejection. Immune checkpoint inhibitors (ICI) have shown clinical efficacy in lung cancer, and are now considered as a first-line treatment for patients with advanced non-small cell lung cancer (NSCLC), often in combination with chemo- or radiotherapy.

Although clinical results have generated enthusiasm among physicians, there is substantial concern about the significant proportion of patients that do not respond to ICI treatments. Clearly, there is an urgent need to develop reliable diagnostic tools to select the patients that will benefit from ICI treatments. In this line, the presence of immune cells infiltrating the tumor, particularly CD8⁺ cytotoxic T lymphocytes, appears to be a valid indicator to predict better chances of response to ICI (3). It is considered indeed that such “hot” tumors comprise immunogenic cancer cells and invading T lymphocytes, but that the latter became paralyzed when immune checkpoints were

activated. Accordingly, ICI treatments would more likely resuscitate immune responses in hot tumors rather than in non-infiltrated “cold” tumors (4). There are multiple ways by which the immune component of tumors can be assessed, for instance by immunohistochemical detection of T-cell markers, or by gene expression analyses to identify immune-cell signatures (5). In a recent study published in *Clinical Cancer Research*, Guidry and colleagues assessed the value of analyzing DNA methylation profiles to gauge the immune composition in lung adenocarcinoma (LUAD), the most common type of NSCLC (6).

DNA methylation, which consist in the addition of a methyl group on cytosines in CpG dinucleotides, is an epigenetic mechanism that establishes long-term repression of defined genes. Specific patterns of DNA methylation, which are set during development of the embryo and fetus, are later maintained with a fairly high level of fidelity in differentiated cells (7). Every cell type in adult individuals is therefore characterized by a fixed profile of genomic methylation (8). Taking this principle into account, an analytical tool (MethylCIBERSORT) was developed that scans global genomic methylation data in search of cell-type specific methylation signatures, and estimates thereby the abundances of individual cells types in a mixed cell population (9). The procedure is an adaptation of the originally RNAseq-applied deconvolution method Cell type Identification by Estimating Relative Subsets of known RNA Transcripts (CIBERSORT) (10). An advantage of DNA methylation-based screening procedures lies on the robustness of DNA, and hence the

fact that they can be easily applied to both fresh frozen or formalin-fixed paraffin-embedded tissue samples. Evidence that MethylCIBERSORT can be used to classify immunologically hot and cold tumors was previously provided in head and neck squamous carcinoma, where immunohistochemical analyses demonstrated that most *in silico* defined hot tumors were indeed infiltrated by immune cells (9). In their study, Guidry and colleagues applied MethylCIBERSORT to a cohort of 88 resected early-stage LUAD samples from which they generated methylomic data using the Infinium methylation assay, a procedure that allows determination of the methylation status of several hundred thousands CpGs distributed throughout the genome. This enabled classification of immunologically hot and cold tumors, which appeared to be present in equal amounts among LUAD samples. Comparison of the two immunological phenotypes revealed no difference in overall survival, an observation that was in disagreement with previous studies where hot tumors correlated with a better prognosis (11,12). Further examination of possible correlations between immune cell composition of LUAD samples and clinical parameters revealed that patients with a smoking history displayed increased immune cell infiltration within their tumor.

The authors did not stop at the MethylCIBERSORT analysis of cell composition, but decided to dive deeper into the DNA methylation data with the goal of identifying variations that could help them better characterize LUAD subgroups. The point here is that variations of DNA methylation in tumors not only depend on the composition of infiltrating cells, but also reflect epigenetic alterations that affect the genome of cancer cells. It is well documented indeed that many cancerous cells show profound alterations in their DNA methylation pattern (13). Both gains and losses of methylation are observed in different parts of the tumor genomes, and there is evidence that these changes contribute to malignant progression, notably by contributing to the repression of tumor suppressor genes or the activation of oncogenes, respectively (14,15). In other instances, DNA methylation changes do not immediately modify the transcription status, but lock genes that are already repressed into an irreversibly silent state. This may modify the way cancer cells respond to signaling cues (16). The mechanisms underlying DNA methylation changes in cancer cells are still partially understood, but involve imbalances of methylation and demethylation activities, which can result from mutations in epigenetic regulators, or be associated with hypoxia, inflammation, and aging (17-20).

More recently, infiltration of immune cells in the tumor was found to correlate with DNA methylation changes in the cancer cells, often within genes that are involved in immune escape mechanisms (21). In summary, defining altered DNA methylation patterns in cancer cells provides information not only on their current gene expression program, but also on what they have been through, and how they will respond to environmental challenges.

Another aspect of DNA methylation is its natural evolution during the individual's lifetime. Several studies have indeed identified specific CpGs that exhibit age-related changes in the different tissues (22,23). Such changes can be computed to provide a DNA methylation age (DNAm age) that estimates the "biological age" of tissues. DNAm ages match remarkably well with the chronological age of the donors (24). There are however between-person variations in the biological aging process, which can be influenced by genetic background, lifestyle, or disease. Not surprisingly, application of the DNAm age calculation to tumor tissues revealed significant acceleration of biological aging in most samples (24,25).

In their study, Guidry and colleagues applied the Horvath's DNAm age calculation procedure (based on the analysis of 353 CpGs) to all of their 88 LUAD samples, and observed discrepancies between the biological age of the tumors and the chronological age of the corresponding patients (at the time of resection). Surprisingly, tumors with both accelerated and decelerated aging were observed. Tumor aging could however not be significantly correlated with either overall survival or infiltration by CD8⁺ T cells (6). The authors then went back to the complete DNA methylation data they had generated, and performed an unsupervised clustering analysis with the goal of identifying LUAD tumor subgroups that would display specific patterns of DNA methylation changes. The procedure identified 6 distinct subgroups. To determine whether this classification could inform the immune phenotype of the samples, the authors used their MethylCIBERSORT data to calculate the proportion of hot tumors in each subgroup. Interestingly, one subgroup of tumors (#4, 20 samples) was composed of 100% hot tumors, whereas two others (#1, 11 samples, and #2, 19 samples) contained 100% cold tumors. The other three subgroups were composed of a mixture of hot and cold tumors. Importantly, the authors performed immunohistochemical analyses on representative tumor samples of the different subgroups, which confirmed that infiltration of CD8⁺ T cells was lower in subgroups #1 and #2, and higher in subgroup #4 (6). These results therefore

support the idea that DNA methylation profiles can be used to determine the immune phenotype of LUAD tumors.

The study by Guidry *et al.* thus adds to other work suggesting that DNA methylation can be used as a basis for the development of diagnostic tools that characterize the immune profile of tumors, and thus their likely response to ICI. In an ideal clinical setting, it would be preferable to identify a handful of informative CpGs whose methylation status could be easily analyzed by methylation-specific PCR. Interestingly, the author's results suggest that DNA methylation changes associated with immune phenotype reflect not only the cellular composition of the tumor microenvironment, but also epigenetic alterations in the cancer cells that strive to resist immune attacks. It would be interesting to examine the genes that are affected by DNA methylation changes in cancer cells, as this could shed light on the biological mechanisms by which these cells escape the immune system, and hence open new therapeutic perspectives. Another strength of Guidry's study is that it focused on early stage LUAD tumors, and suggests that immune profiling by DNA methylation profiling is applicable to patients who are at an early stage of disease development. This is important because it adds to current efforts to develop tools that would allow earlier diagnosis and management of lung cancer.

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