

## The ARRIVE Essential 10

These items are the basic minimum to include in a manuscript. Without this information, readers and reviewers cannot assess the reliability of the findings.

| Item                                    | Recommendation   | Section/line number, or reason for not reporting |
|---|--|--|
| <b>Study design</b>                     | 1 For each experiment, provide brief details of study design including: <ol style="list-style-type: none"> <li>The groups being compared, including control groups. If no control group has been used, the rationale should be stated.</li> <li>The experimental unit (e.g. a single animal, litter, or cage of animals).</li> </ol>   |  |
| <b>Sample size</b>                      | 2 <ol style="list-style-type: none"> <li>Specify the exact number of experimental units allocated to each group, and the total number in each experiment. Also indicate the total number of animals used.</li> <li>Explain how the sample size was decided. Provide details of any <i>a priori</i> sample size calculation, if done.</li> </ol>  |  |
| <b>Inclusion and exclusion criteria</b> | 3 <ol style="list-style-type: none"> <li>Describe any criteria used for including and excluding animals (or experimental units) during the experiment, and data points during the analysis. Specify if these criteria were established <i>a priori</i>. If no criteria were set, state this explicitly.</li> <li>For each experimental group, report any animals, experimental units or data points not included in the analysis and explain why. If there were no exclusions, state so.</li> <li>For each analysis, report the exact value of <i>n</i> in each experimental group.</li> </ol> |  |
| <b>Randomisation</b>                    | 4 <ol style="list-style-type: none"> <li>State whether randomisation was used to allocate experimental units to control and treatment groups. If done, provide the method used to generate the randomisation sequence.</li> <li>Describe the strategy used to minimise potential confounders such as the order of treatments and measurements, or animal/cage location. If confounders were not controlled, state this explicitly.</li> </ol>  |  |
| <b>Blinding</b>                         | 5 Describe who was aware of the group allocation at the different stages of the experiment (during the allocation, the conduct of the experiment, the outcome assessment, and the data analysis).  |  |
| <b>Outcome measures</b>                 | 6 <ol style="list-style-type: none"> <li>Clearly define all outcome measures assessed (e.g. cell death, molecular markers, or behavioural changes).</li> <li>For hypothesis-testing studies, specify the primary outcome measure, i.e. the outcome measure that was used to determine the sample size.</li> </ol>  |  |
| <b>Statistical methods</b>              | 7 <ol style="list-style-type: none"> <li>Provide details of the statistical methods used for each analysis, including software used.</li> <li>Describe any methods used to assess whether the data met the assumptions of the statistical approach, and what was done if the assumptions were not met.</li> </ol>  |  |
| <b>Experimental animals</b>             | 8 <ol style="list-style-type: none"> <li>Provide species-appropriate details of the animals used, including species, strain and substrain, sex, age or developmental stage, and, if relevant, weight.</li> <li>Provide further relevant information on the provenance of animals, health/immune status, genetic modification status, genotype, and any previous procedures.</li> </ol>   |  |
| <b>Experimental procedures</b>          | 9 For each experimental group, including controls, describe the procedures in enough detail to allow others to replicate them, including: <ol style="list-style-type: none"> <li>What was done, how it was done and what was used.</li> <li>When and how often.</li> <li>Where (including detail of any acclimatisation periods).</li> <li>Why (provide rationale for procedures).</li> </ol>  |  |
| <b>Results</b>                          | 10 For each experiment conducted, including independent replications, report: <ol style="list-style-type: none"> <li>Summary/descriptive statistics for each experimental group, with a measure of variability where applicable (e.g. mean and SD, or median and range).</li> <li>If applicable, the effect size with a confidence interval.</li> </ol>  |  |

# The Recommended Set

These items complement the Essential 10 and add important context to the study. Reporting the items in both sets represents best practice.

| Item   | Recommendation  | Section/line number, or reason for not reporting |
|--|---|--|
| <b>Abstract</b>                                | 11 Provide an accurate summary of the research objectives, animal species, strain and sex, key methods, principal findings, and study conclusions.  |  |
| <b>Background</b>                              | 12 a. Include sufficient scientific background to understand the rationale and context for the study, and explain the experimental approach.<br>b. Explain how the animal species and model used address the scientific objectives and, where appropriate, the relevance to human biology.  |  |
| <b>Objectives</b>                              | 13 Clearly describe the research question, research objectives and, where appropriate, specific hypotheses being tested.  |  |
| <b>Ethical statement</b>                       | 14 Provide the name of the ethical review committee or equivalent that has approved the use of animals in this study, and any relevant licence or protocol numbers (if applicable). If ethical approval was not sought or granted, provide a justification.   |  |
| <b>Housing and husbandry</b>                   | 15 Provide details of housing and husbandry conditions, including any environmental enrichment.   |  |
| <b>Animal care and monitoring</b>              | 16 a. Describe any interventions or steps taken in the experimental protocols to reduce pain, suffering and distress.<br>b. Report any expected or unexpected adverse events.<br>c. Describe the humane endpoints established for the study, the signs that were monitored and the frequency of monitoring. If the study did not have humane endpoints, state this. |  |
| <b>Interpretation/ scientific implications</b> | 17 a. Interpret the results, taking into account the study objectives and hypotheses, current theory and other relevant studies in the literature.<br>b. Comment on the study limitations including potential sources of bias, limitations of the animal model, and imprecision associated with the results.  |  |
| <b>Generalisability/ translation</b>           | 18 Comment on whether, and how, the findings of this study are likely to generalise to other species or experimental conditions, including any relevance to human biology (where appropriate).  |  |
| <b>Protocol registration</b>                   | 19 Provide a statement indicating whether a protocol (including the research question, key design features, and analysis plan) was prepared before the study, and if and where this protocol was registered.  |  |
| <b>Data access</b>                             | 20 Provide a statement describing if and where study data are available.  |  |
| <b>Declaration of interests</b>                | 21 a. Declare any potential conflicts of interest, including financial and non-financial. If none exist, this should be stated.<br>b. List all funding sources (including grant identifier) and the role of the funder(s) in the design, analysis and reporting of the study.   |  |

## **Materials Design Analysis Reporting (MDAR) Checklist for Authors**

The MDAR framework establishes a minimum set of requirements in transparent reporting applicable to studies in the life sciences (see Statement of Task: [doi:10.31222/osf.io/9sm4x](https://doi.org/10.31222/osf.io/9sm4x)). The MDAR checklist is a tool for authors, editors and others seeking to adopt the MDAR framework for transparent reporting in manuscripts and other outputs. Please refer to the MDAR Elaboration Document for additional context for the MDAR framework.

**Materials**

|   |   |            |
|---|---|------------|
| <b>Antibodies</b>   | <b>Yes (indicate where provided: section/paragraph)</b> | <b>n/a</b> |
| For commercial reagents, provide supplier name, catalogue number and RRID, if available.  | See in "Reagents and antibodies"                        |            |
| <b>Cell materials</b>   | <b>Yes (indicate where provided: section/paragraph)</b> | <b>n/a</b> |
| <b>Cell lines:</b> Provide species information, strain. Provide accession number in repository <b>OR</b> supplier name, catalog number, clone number, <b>OR</b> RRID                                    | See in " Cell lines and cell culture"                   |            |
| <b>Primary cultures:</b> Provide species, strain, sex of origin, genetic modification status.   |   | n/a        |
| <b>Experimental animals</b>   | <b>Yes (indicate where provided: section/paragraph)</b> | <b>n/a</b> |
| <b>Laboratory animals:</b> Provide species, strain, sex, age, genetic modification status. Provide accession number in repository <b>OR</b> supplier name, catalog number, clone number, <b>OR</b> RRID | See in " Animal experiments"                            |            |
| <b>Animal observed in or captured from the field:</b> Provide species, sex and age where possible   |   | n/a        |
| <b>Model organisms:</b> Provide Accession number in repository (where relevant) <b>OR</b> RRID  |   | n/a        |
| <b>Plants and microbes</b>  | <b>Yes (indicate where provided: section/paragraph)</b> | <b>n/a</b> |
| <b>Plants:</b> provide species and strain, unique accession number if available, and source (including location for collected wild specimens)   |   | n/a        |
| <b>Microbes:</b> provide species and strain, unique accession number if available, and source   |   | n/a        |
| <b>Human research participants</b>  | <b>Yes (indicate where provided: section/paragraph)</b> | <b>n/a</b> |
| Identify authority granting ethics approval (IRB or equivalent committee(s), provide reference number for approval.   | See in " Clinical specimen selection"                   |            |
| Provide statement confirming informed consent obtained from study participants.   | See in " Clinical specimen selection"                   |            |
| Report on age and sex for all study participants.   |   | n/a        |

**Design**

|   |   |            |
|---|---|------------|
| <b>Study protocol</b>   | <b>Yes (indicate where provided: section/paragraph)</b> | <b>n/a</b> |
| For clinical trials, provide the trial registration number <b>OR</b> cite DOI in manuscript.  |   | n/a        |
| <b>Laboratory protocol</b>  | <b>Yes (indicate where provided: section/paragraph)</b> | <b>n/a</b> |
| Provide DOI or other citation details if detailed step-by-step protocols are available.   | See in " Material and methods"                          |            |
| <b>Experimental study design (statistics details)</b>   | <b>Yes (indicate where provided: section/paragraph)</b> | <b>n/a</b> |
| State whether and how the following have been done, <b>or</b> if they were not carried out.   |   |            |
| Sample size determination   | See in " Statistical analysis "                         |            |
| Randomisation   | See in " Statistical analysis "                         |            |
| Blinding  | See in " Statistical analysis "                         |            |
| Inclusion/exclusion criteria  | See in " Statistical analysis "                         |            |
| <b>Sample definition and in-laboratory replication</b>  | <b>Yes (indicate where provided: section/paragraph)</b> | <b>n/a</b> |
| State number of times the experiment was replicated in laboratory   | See in " Statistical analysis "                         |            |
| Define whether data describe technical or biological replicates   | See in " Statistical analysis "                         |            |
| <b>Ethics</b>   | <b>Yes (indicate where provided: section/paragraph)</b> | <b>n/a</b> |
| Studies involving human participants: State details of authority granting ethics approval (IRB or equivalent committee(s), provide reference number for approval.   | See in " Clinical specimen selection"                   |            |
| Studies involving experimental animals: State details of authority granting ethics approval (IRB or equivalent committee(s), provide reference number for approval. | See in " Animal experiments"                            |            |
| Studies involving specimen and field samples: State if relevant permits obtained, provide details of authority approving study; if none were required, explain why. |   | n/a        |
| <b>Dual Use Research of Concern (DURC)</b>  | <b>Yes (indicate where provided: section/paragraph)</b> | <b>n/a</b> |
| If study is subject to dual use research of concern, state the authority granting approval and reference number for the regulatory approval                         |   | n/a        |

**Analysis**

|   |   |            |
|---|---|------------|
| <b>Attrition</b>  | <b>Yes (indicate where provided: section/paragraph)</b> | <b>n/a</b> |
| State if sample or data point from the analysis is excluded, and whether the criteria for exclusion were determined and specified in advance. |   | n/a        |
| <b>Statistics</b>   | <b>Yes (indicate where provided: section/paragraph)</b> | <b>n/a</b> |
| Describe statistical tests used and justify choice of tests.  | See in " Statistical analysis "                         |            |
| <b>Data Availability</b>  | <b>Yes (indicate where provided: section/paragraph)</b> | <b>n/a</b> |
| State whether newly created datasets are available, including protocols for access or restriction on access.                                  |   | n/a        |
| If data are publicly available, provide accession number in repository or DOI or URL.   |   | n/a        |
| If publicly available data are reused, provide accession number in repository or DOI or URL, where possible.                                  |   | n/a        |
| <b>Code Availability</b>  | <b>Yes (indicate where provided: section/paragraph)</b> | <b>n/a</b> |
| For all newly generated code and software essential for replicating the main findings of the study:   |   |            |
| State whether the code or software is available.  |   | n/a        |
| If code is publicly available, provide accession number in repository, or DOI or URL.   |   | n/a        |

**Reporting**

|  |   |            |
|--|---|------------|
| <b>Adherence to community standards</b>  | <b>Yes (indicate where provided: section/paragraph)</b>                                       | <b>n/a</b> |
| MDAR framework recommends adoption of discipline-specific guidelines, established and endorsed through community initiatives. Journals have their own policy about requiring specific guidelines and recommendations to complement MDAR. |   |            |
| State if relevant guidelines (eg., ICMJE, MIBBI, ARRIVE) have been followed, and whether a checklist (eg., CONSORT, PRISMA, ARRIVE) is provided with the manuscript.   | ICMJE guidelines were followed, as the journal follows ICMJE recommendations for publication. |            |

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