

No/Item	Question/Description	Page
<b>Domain 1: Research team and reflexivity. Personal Characteristics</b>		
1. Interviewer/facilitator	Which author/s conducted the interview or focus group?	p.5 CJS and RK
2. Credentials	What were the researcher's credentials? E.g. PhD, MD	Title page
3. Occupation	What was their occupation at the time of the study?	Title page
4. Gender	Was the researcher male or female?	Research team – 3 females, 1 male Title page
5. Experience and training	What experience or training did the researcher have?	p.4
<b>Relationship with participants</b>		
6. Relationship established	Was a relationship established prior to study commencement?	Yes p.4
7. Participant knowledge of the interviewer	What did the participants know about the researcher? e.g. personal goals, reasons for doing the research	p.5
8. Interviewer characteristics	What characteristics were reported about the interviewer/facilitator? e.g. Bias, assumptions, reasons and interests in the research topic	p.5
<b>Domain 2: study design. Theoretical framework</b>		
9. Methodological orientation and Theory	What methodological orientation was stated to underpin the study? e.g. grounded theory, discourse analysis, ethnography, phenomenology, content analysis	p.2 – descriptive qualitative
<b>Participant selection</b>		
10. Sampling	How were participants selected? e.g. purposive, convenience, consecutive, snowball	p.4 purposive
11. Method of approach	How were participants approached? e.g. face-to-face, telephone, mail, email	p.4 face-to-face,

		telephone and online
12. Sample size	How many participants were in the study?	p.6
13. Non-participation	How many people refused to participate or dropped out? Reasons?	See figure 1
<b>Setting</b>		
14. Setting of data collection	Where was the data collected? e.g. home, clinic, workplace	p.5 – home and place of work
15. Presence of non-participants	Was anyone else present besides the participants and researchers?	No
16. Description of sample	What are the important characteristics of the sample? e.g. demographic data, date	p.6 & p.8
<b>Data collection</b>		
17. Interview guide	Were questions, prompts, guides provided by the authors? Was it pilot tested?	p.4 – topic guide
18. Repeat interviews	Were repeat interviews carried out? If yes, how many?	No
19. Audio/visual recording	Did the research use audio or visual recording to collect the data?	p.5 – yes
20. Field notes	Were field notes made during and/or after the interview or focus group?	p.10 - yes
21. Duration	What was the duration of the interviews or focus group?	p.5
22. Data saturation	Was data saturation discussed?	No, informed by Braun & Clarke's (2021)
23. Transcripts returned	Were transcripts returned to participants for comment and/or correction?	No
<b>Domain 3: analysis and findings. Data analysis</b>		
24. Number of data coders	How many data coders coded the data?	p.7 - two
25. Description of the coding tree	Did authors provide a description of the coding tree?	p.6&7
26. Derivation of themes	Were themes identified in advance or derived from the data?	p.7 - no
27. Software	What software, if applicable, was used to manage the data?	n/a

28. Participant checking	Did participants provide feedback on the findings?	No
<b>Reporting</b>		
29. Quotations presented	Were participant quotations presented to illustrate the themes / findings? Was each quotation identified? e.g. participant number	pp. 10-20 - yes
30. Data and findings consistent	Was there consistency between the data presented and the findings?	pp. 10-22
31. Clarity of major themes	Were major themes clearly presented in the findings?	pp.21-22
32. Clarity of minor themes	Is there a description of diverse cases or discussion of minor themes?	pp. 21-22

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\*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.