Narrative Review Checklist

| Section/topic | # | Checklist item | Reported on page or line # |
|----------------------|---|--|----------------------------------|
| TITLE | | | |
| Title | 1 | Identify the report as a Narrative Review of | Title page |
| ABSTRACT | | | |
| Unstructured summary | 2 | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. | Page 1 |
| INTRODUCTION | 2 | | |
| Rationale/background | 3 | Describe the rationale for the review in the context of what is already known. | Page 1 -2 |
| Objectives | 4 | Specify the key question(s) identified for the review topic. | Lines 18-41 |
| METHODS | | | |
| Research selection | 5 | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | |
| DISCUSSION/SUMMARY | | | |
| Narrative | 6 | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | Page 4-6 Lines 87-136 |
| Summary | 7 | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | Page 6 Lines 137-14 |



CARE Checklist of information to include when writing a case report





| Topic | Item | Checklist item description | Reported on Line | |
|-----------------------------|------|--|------------------------------|--|
| Title | 1 | The diagnosis or intervention of primary focus followed by the words "case report" | Page 1/ lines 1-2/Title page | |
| Key Words | 2 | 2 to 5 key words that identify diagnoses or interventions in this case report, including "case report" | Page 1/ lines 16 to 17 | |
| Abstract (no references) | 3a | Introduction: What is unique about this case and what does it add to the scientific literature? | Page 2 / lines 27 to 40 | |
| | 3b | Main symptoms and/or important clinical findings | Page 2/ lines 43 to 50 | |
| | 3с | The main diagnoses, therapeutic interventions, and outcomes | Page 3&4/ lines 52 to 84 | |
| | 3d | Conclusion—What is the main "take-away" lesson(s) from this case? | Page 6 / lines 137 to 144 | |
| Introduction | 4 | One or two paragraphs summarizing why this case is unique (may include references) | Page 6 / lines 125 to 136 | |
| Patient Information | 5a | De-identified patient specific information | Page 2 / lines 43 to 44 | |
| | 5b | Primary concerns and symptoms of the patient | Page 2 / lines 44 to 50 | |
| | 5c | Medical, family, and psycho-social history including relevant genetic information | Page 2 / lines 45 to 46 | |
| | 5d | Relevant past interventions with outcomes | N/A | |
| Clinical Findings | 6 | Describe significant physical examination (PE) and important clinical findings | Page 2/ lines 46 to 50 | |
| Timeline | 7 | Historical and current information from this episode of care organized as a timeline | N/A | |
| Diagnostic | 8a | Diagnostic testing (such as PE, laboratory testing, imaging, surveys). | Page 4/ lines 74 to 77 | |
| Assessment | 8b | Diagnostic challenges (such as access to testing, financial, or cultural) | N/A | |
| | 8c | Diagnosis (including other diagnoses considered) | Page 3/ lines 66 to 67 | |
| | 8d | Prognosis (such as staging in oncology) where applicable | N/A | |
| Therapeutic | 9a | Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care) | Page 3/ lines 59 to 72 | |
| Intervention | 9b | Administration of therapeutic intervention (such as dosage, strength, duration) | N/A | |
| | 9с | Changes in therapeutic intervention (with rationale) | N/A | |
| Follow-up and Outcomes | 10a | Clinician and patient-assessed outcomes (if available) | N/A | |
| | 10b | Important follow-up diagnostic and other test results | Page 4/ lines 74 to 84 | |
| | 10c | Intervention adherence and tolerability (How was this assessed?) | Page 3/71 to 72 | |
| | 10d | Adverse and unanticipated events | N/A | |
| Discussion | 11a | A scientific discussion of the strengths AND limitations associated with this case report | Page 6/ lines 132 to 144 | |
| | 11b | Discussion of the relevant medical literature with references. | Table 1 | |
| | 11c | The scientific rationale for any conclusions (including assessment of possible causes) | N/A | |
| | 11d | The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion | Page 6/ lines 137 to 144 | |
| Patient Perspective | 12 | The patient should share their perspective in one to two paragraphs on the treatment(s) they received | ¬N/A | |
| Informed Consent | 13 | Did the patient give informed consent? Please provide if requested | Yes No 🗌 | |