



## CONSORT 2010 checklist of information to include when reporting a randomised trial\*

Section/Topic	Item No	Checklist item	Reported on Page Number/Line Number	Reported on Section/Paragraph
<b>Title and abstract</b>				
	1a	Identification as a randomised trial in the title	Page 1/line 1-2	Title
	1b	Structured summary of trial design, methods, results, and conclusions (for specific guidance see Table 2)	Page 2-3/ line 38-71	Abstract/ para 1-4
<b>Introduction</b>				
Background and objectives	2a	Scientific background and explanation of rationale	Page 4/ line 104-107	Introduction/ para 5
	2b	Specific objectives or hypotheses	Page 5/ line 113-117	Introduction/ para 6
<b>Methods</b>				
Trial design	3a	Description of trial design (such as parallel, factorial) including allocation ratio	Page 5/ line 120	Methods/ para 1
	3b	Important changes to methods after trial commencement (such as eligibility criteria), with reasons	NA	
Participants	4a	Eligibility criteria for participants	Page 5, 6/ line 125-130	Methods/ para 2
	4b	Settings and locations where the data were collected	Page 5/ line 121-122	Methods/ para 1
Interventions	5	The interventions for each group with sufficient details to allow replication, including how and when they were actually administered	Page 7-9/ line 169-208	Methods/ para 8-13
Outcomes	6a	Completely defined pre-specified primary and secondary outcome measures, including how and when they were assessed	Page 8/ line 193-196	Methods/ para 11-12
	6b	Any changes to trial outcomes after the trial commenced, with reasons	NA	
Sample size	7a	How sample size was determined	Page 6/ line 131-150	Methods/ para 3-4
	7b	When applicable, explanation of any interim analyses and stopping guidelines	NA	
Randomisation:				
Sequence generation	8a	Method used to generate the random allocation sequence	Page 7/ lines 154-166	Methods/ para 5-6
	8b	Type of randomisation; details of any restriction (such as blocking and block size)	Page 7/ line 162-164	Methods/ para 7
Allocation concealment mechanism	9	Mechanism used to implement the random allocation sequence (such as sequentially numbered containers), describing any steps taken to conceal the sequence until interventions were assigned	Page 7/ lines 158-166	Methods/ para 7

Implementation	10	Who generated the random allocation sequence, who enrolled participants, and who assigned participants to interventions	Page 7/ line 158-159,163-164	Methods/ para 7
Blinding	11a	If done, who was blinded after assignment to interventions (for example, participants, care providers, those assessing outcomes) and how	NA	
	11b	If relevant, description of the similarity of interventions	NA	
Statistical methods	12a	Statistical methods used to compare groups for primary and secondary outcomes	Page 9/ lines 209-218	Methods/ para 13
	12b	Methods for additional analyses, such as subgroup analyses and adjusted analyses	NA	
<b>Results</b>				
Participant flow (a diagram is strongly recommended)	13a	For each group, the numbers of participants who were randomly assigned, received intended treatment, and were analysed for the primary outcome	Figure 1	
	13b	For each group, losses and exclusions after randomisation, together with reasons	NA	
Recruitment	14a	Dates defining the periods of recruitment and follow-up	Page 5/ line 124	Methods/ para 2
	14b	Why the trial ended or was stopped	NA	
Baseline data	15	A table showing baseline demographic and clinical characteristics for each group	Table 1 Page 17	
Numbers analysed	16	For each group, number of participants (denominator) included in each analysis and whether the analysis was by original assigned groups	NA	
Outcomes and estimation	17a	For each primary and secondary outcome, results for each group, and the estimated effect size and its precision (such as 95% confidence interval)	Page 9/ line 239-256	Results/ para 4-7
	17b	For binary outcomes, presentation of both absolute and relative effect sizes is recommended	NA	
Ancillary analyses	18	Results of any other analyses performed, including subgroup analyses and adjusted analyses, distinguishing pre-specified from exploratory	NA	
Harms	19	All important harms or unintended effects in each group (for specific guidance see CONSORT for harms)	Figure 1	
<b>Discussion</b>				
Limitations	20	Trial limitations, addressing sources of potential bias, imprecision, and, if relevant, multiplicity of analyses	Page 13/ line 309-316	Discussion/ para 7
Generalisability	21	Generalisability (external validity, applicability) of the trial findings	NA	
Interpretation	22	Interpretation consistent with results, balancing benefits and harms, and considering other relevant evidence	Page 11-13/ lines- 258-308	Discussion/ para 1-6
<b>Other information</b>				
Registration	23	Registration number and name of trial registry	Page 3/ Lines 75-76	Before introduction

Protocol	24	Where the full trial protocol can be accessed, if available	<a href="#">Using trial registration number</a>	Before Introduction
Funding	25	Sources of funding and other support (such as supply of drugs), role of funders	Page 14/ line 330-331	Footnotes/ para 2

\*We strongly recommend reading this statement in conjunction with the CONSORT 2010 Explanation and Elaboration for important clarifications on all the items. If relevant, we also recommend reading CONSORT extensions for cluster randomised trials, non-inferiority and equivalence trials, non-pharmacological treatments, herbal interventions, and pragmatic trials. Additional extensions are forthcoming: for those and for up to date references relevant to this checklist, see [www.consort-statement.org](http://www.consort-statement.org).

## Table 2 Items to include when reporting a randomized trial in a journal or conference abstract

Item	Description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	Identification of the study as randomized	Page 1/Line 2	Title
Authors *	Contact details for the corresponding author	Page 1/ line 16-22	Title page
Trial design	Description of the trial design (e.g. parallel, cluster, non-inferiority)	Title	
<b>Methods</b>			
Participants	Eligibility criteria for participants and the settings where the data were collected	Page 5-6/ line 121-130	Methods/ para 1-2
Interventions	Interventions intended for each group	Page 7-9/ line 169-208	Methods/ para 8-13
Objective	Specific objective or hypothesis	Page 8/ line 193-196	Methods/ para 11-12
Outcome	Clearly defined primary outcome for this report	Page 8/ line 193-196	Methods/ para 11-12
Randomization	How participants were allocated to interventions	Page 7/ lines 158-166	Methods/ para 7
Blinding (masking)	Whether or not participants, care givers, and those assessing the outcomes were blinded to group assignment	Page 7/ lines 158-166	Methods/ para 7
<b>Results</b>			
Numbers randomized	Number of participants randomized to each group	Figure 1	
Recruitment	Trial status	Trial has ended	
Numbers analysed	Number of participants analysed in each group	NA	
Outcome	For the primary outcome, a result for each group and the estimated effect size and its precision	Page 9/ line 239-256	Results/ para 4-7
Harms	Important adverse events or side effects	NA	

Conclusions	General interpretation of the results	Page 14/ lines- 319-324	Conclusion/ para 1
Trial registration	Registration number and name of trial register	Page 3/ Lines 75-76	Before introduction
Funding	Source of funding	Page 14/ line 330-331	Footnotes/ para 2

*\* this item is specific to conference abstracts*

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\*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.