CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page 1/ Line1,2	Title / Paragraph1
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 3/ Line 48	Abstract/ Paragraph 4
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	Page 2/ Line 30-32	Abstract/ Paragraph 1
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	Page 2/ Line 33-38	Abstract/ Paragraph 2
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	Page 3/ Line 44-46	Abstract/ Paragraph 4
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page 4/ Line 53-66	Introduction/Paragraph 1
Patient Information	5a	De-identified patient specific information	Page 4/ Line 70	Case description/
	5b	Primary concerns and symptoms of the patient	Page 4/ Line 71	Case description/
	5c	Medical, family, and psycho-social history including relevant genetic information	Page 4,5/ Line 72,83,96	Case description/
	5d	Relevant past interventions with outcomes	NA	NA
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page 4,5/ Line 77-81,	Case description/
Timeline	7	Historical and current information from this episode of care organized as a timeline	Page 4,5 Line 70-106	Case description/
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page 5/ Line 73-76,	Case description/
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Page 6/ Line 116-117	Case description/ Para 4
	8c	Diagnosis (including other diagnoses considered)	Page 6/ Line 116	Case description/ Para 4
	8d	Prognosis (such as staging in oncology) where applicable	Page 6/ Line 118	Case description/ Para 4
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page 6/ Line 108-114	Case description/ Para 4
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page 6/ Line 121-122	Case description/ Para 5
	9c	Changes in therapeutic intervention (with rationale)	NA	NA

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	NA	NA
	10b	Important follow-up diagnostic and other test results	Page 6/ Line 123-124	Case description/ Para 5
	10c	Intervention adherence and tolerability (How was this assessed?)	NA	NA
	10d	Adverse and unanticipated events	page 8/ Line 150-151	Case description/ Para 5
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page 10/ Line 195-196	Conclusion/ Paragraph 1
	11b	Discussion of the relevant medical literature **with references**	Page 7,8,9/ Line 128-190	Dicussion para 1-5
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page 7/ Line 138-144	Discussion/ Para 3
	11d	The primary “take-away” lessons of this case report (without references) in a one paragraph conclusion	Page 10/ Line 191-198	Conclusion/ Paragraph 1
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	NA	NA
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ●	**No** ○

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.