CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page 1 / Line 1	Title Page
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 1 / Line 7	Title Page
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	Page 2 / Line 10-11	Abstract/ Paragraph 1
	3b	Main symptoms and/or important clinical findings	Page 2 / Line 22-29	Abstract / Paragraph 3
	3c	The main diagnoses, therapeutic interventions, and outcomes	Page 2 / Line 13	Abstract / Paragraph 2
	3d	Conclusion—What is the main “take-away” lesson(s) from this case?	Page 2 / Line 31-33	Abstract / Paragraph 4
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page 3-4 / Line 37-69	Introduction/Paragraph
Patient Information	5a	De-identified patient specific information	Page 4 / Line 72	Case Report / Paragraph 1
	5b	Primary concerns and symptoms of the patient	Page 4/ Line 72-78	Case Report / Paragraph 1
	5c	Medical, family, and psycho-social history including relevant genetic information	Page 4/ Line 78	Case Report / Paragraph 1
	5d	Relevant past interventions with outcomes	Page 4/ Line 73-74	Case Report / Paragraph 1
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page 4/5 / Line 80-87	Case Report/ Paragraph 2
Timeline	7	Historical and current information from this episode of care organized as a timeline	Page 5 / Line 89-101	Case Report/Paragraph 3-4
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page 5 / Line 96-97	Case report / Paragraph 4
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Not Applicable	Not Applicable
	8c	Diagnosis (including other diagnoses considered)	Page 5 / Line 96	Case report / Paragraph 4
	8d	Prognosis (such as staging in oncology) where applicable	Not Applicable	Not Applicable
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page 5 / Line 89-94	Case report / Paragraph 4
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page 5 / Line 89	Case report / Paragraph 4
	9c	Changes in therapeutic intervention (with rationale)	Not Applicable	Not Applicable

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Page 5 / Line 96-101	Case Report/Paragraph 4
	10b	Important follow-up diagnostic and other test results	Page 5 / Line 96-101	Case Report/Paragraph 4
	10c	Intervention adherence and tolerability (How was this assessed?)	Not Applicable	Not Applicable
	10d	Adverse and unanticipated events	Not Applicable	Not Applicable
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page 11 / Line 252-256	Discussion/Paragraph 15
	11b	Discussion of the relevant medical literature **with references**	Page 8-11 / Line 169-256	Discussion/Paragraph1-15
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page 8-11 / Line 169-256	Discussion/Paragraph1-15
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	Page 11 / Line 259-263	Conclusion / Paragraph 1
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	Page 5/ Line 96-101	Case Study / Paragraph 4
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.