

CARE Checklist of information to include when writing a case report





Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words "case report"	Page 1; Line 1,2	Title
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 1; Line 25	Key words
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	Page 1 Line 13	Abstract
	3b	Case Description: describe the patient's demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	Page 1 Line 16-17	Abstract
	3с	Conclusion: summarize the main take-away lesson, clinical impact and potential implications.	Page 1 Line 20-22	Abstract
Introduction	4	One or two paragraphs summarizing why this case is unique (may include references)	Page 1, Line 30 – Page 2 Line 11	Introduction
Patient Information	5a	De-identified patient specific information	Page 2; Line 16	CASE PRESENTATION
	5b	Primary concerns and symptoms of the patient	Page 2; Line 16-20	CASE PRESENTATION
	5c	Medical, family, and psycho-social history including relevant genetic information	N/A	CASE PRESENTATION
	5d	Relevant past interventions with outcomes	Page 2 Line 22-27	CASE PRESENTATION
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page 3 Line 5 - 8	CASE PRESENTATION
Timeline	7	Historical and current information from this episode of care organized as a timeline	Page 3 Line 5 – Page 4 Line	CASE PRESENTATION
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page 3 Line 21 – Page 4 Line 7	CASE PRESENTATION
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	N/A	
	8c	Diagnosis (including other diagnoses considered)	Page 4 Line 2	CASE PRESENTATION
	8d	Prognosis (such as staging in oncology) where applicable	N/A	
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page 4 Line 16	CASE PRESENTATION
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	N/A	
	9c	Changes in therapeutic intervention (with rationale)	Page 4 Line 7	CASE PRESENTATION
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Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Page 5 Line 5 - 17	CASE PRESENTATION
	10b	Important follow-up diagnostic and other test results	Page 5 Line 16	CASE PRESENTATION
	10c	Intervention adherence and tolerability (How was this assessed?)	N/A	
	10d	Adverse and unanticipated events	N/A	
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page 6 Line 1- 23	DISCUSSION
	11b	Discussion of the relevant medical literature with references	Page 6 Line 29- Page 7 Line 17	DISCUSSION
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page 7 Line 13	DISCUSSION
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	Page 7 Line 19	DISCUSSION
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	N/A	
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes	

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^{*}As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.