

CARE Checklist of information to include when writing a case report



Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words "case report"	1/ 2-3	Title
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	2/37-38	Keywords
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	2/21-27	Abstract/Background
	3b	Case Description: describe the patient's demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	2/28-32	Abstract/Case description
	3c	Conclusion: summarize the main take-away lesson, clinical impact and potential implications.	2/33-35	Abstract/Conclusion
Introduction	4	One or two paragraphs summarizing why this case is unique (may include references)	2-3/42-63	Introduction/1.1, 1.2, 1.3
Patient Information	5a	De-identified patient specific information	3/68-71	Case description
	5b	Primary concerns and symptoms of the patient	3/72-74	Case description
	5c	Medical, family, and psycho-social history including relevant genetic information	3/69-71	Case description
	5d	Relevant past interventions with outcomes	N/A no past interventions	
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	3/ 69-73	Case description
Timeline	7	Historical and current information from this episode of care organized as a timeline	3/72-86	Case description
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	3/73-78	Case description
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	N/A no diagnostic challenges are described	
	8c	Diagnosis (including other diagnoses considered)	3/ 82-83	Case description
	8d	Prognosis (such as staging in oncology) where applicable	N/A no oncological disease	
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	3/75-87	Case description
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	3/75-87	Case description
	9c	Changes in therapeutic intervention (with rationale)	N/A no changes in the apeutic intervention	

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	3-4/87-90	Case description
	10b	Important follow-up diagnostic and other test results	4/90-92	Case description
	10c	Intervention adherence and tolerability (How was this assessed?)	3-4/87-90	Case description
	10d	Adverse and unanticipated events	N/A no adverse events	
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	4/119-124	Discussion/ 3.2
	11b	Discussion of the relevant medical literature with references	4/95-118	Discussion/3.1
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	4/125-132	Discussion/3.3
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	5/138-143	Conclusion
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	N/A no patient perspective was collected	
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes X	No