CARE case report guidelines

# CARE Checklist of information to include when writing a case report

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| Topic | Item No | Checklist item description | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|---|---|---|---|---|
| Title | 1 | The diagnosis or intervention of primary focus followed by the words “case report” | Page 1/ Line 1 | Title |
| Key Words | 2 | 2 to 5 key words that identify diagnoses or interventions in this case report, including "case report" | Page 2/ Line 23 | Keywords |
| Abstract (Structured summary) | 3a | Background: state what is known and unknown; why the case report is unique and what it adds to existing literature. | Page 2/ Line 2-8 | Abstract/ ¶ 1 |
| | 3b | Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups. | Page 2/ Line 9-20 | Abstract/ ¶ 1 |
| | 3c | Conclusions: summarize the main take-away lesson, clinical impact and potential implications. | Page 2/ Line 21-22 | Abstract/ ¶ 1 |
| Introduction | 4 | One or two paragraphs summarizing why this case is unique **(may include references)** | Pg 3 #19-26; pg 4 #1-17 | Introduction/ ¶ 1-2 |
| Patient Information | 5a | De-identified patient specific information | P 4 #23-26; p. 5 #1-28 | Case Presentation/ ¶ 1-4 |
| | 5b | Primary concerns and symptoms of the patient | Page 4/ Line 23-26 | Case Presentation/ ¶ 1 |
| | 5c | Medical, family, and psycho-social history including relevant genetic information | Page 5/ Line 4-7 | Case Presentation/ ¶ 2 |
| | 5d | Relevant past interventions with outcomes | Page 5/ Line 4-7 | Case Presentation/ ¶ 2 |
| Clinical Findings | 6 | Describe significant physical examination (PE) and important clinical findings | Pg 4 #23-26, p 5 #1-12 | Case Presentation/ ¶ 3 |
| Timeline | 7 | Historical and current information from this episode of care organized as a timeline | NA | NA |
| Diagnostic Assessment | 8a | Diagnostic testing (such as PE, laboratory testing, imaging, surveys). | Pg 4 #23-26, pg 5 #1-12 | Case Presentation/ ¶ 3 |
| | 8b | Diagnostic challenges (such as access to testing, financial, or cultural) | Page 5 #1-7 | Discussion/ ¶ 4 |
| | 8c | Diagnosis (including other diagnoses considered) | Page 5 / Line 4-7 | Case Presentation/ ¶ 2 |
| | 8d | Prognosis (such as staging in oncology) where applicable | pg 5 #12-15 | Case Presentation/ ¶ 3 |
| Therapeutic Intervention | 9a | Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care) | Page 5/ Line 15-25 | Case Presentation/ ¶ 3 |
| | 9b | Administration of therapeutic intervention (such as dosage, strength, duration) | Page 5/ Line 16-17 | Case Presentation/ ¶ 3 |
| | 9c | Changes in therapeutic intervention (with rationale) | Pg 5 #4-7 | Case Presentation/ ¶ 3 |

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| Follow-up and Outcomes | 10a | Clinician and patient-assessed outcomes (if available) | Page 6/ Line 1-4 | Case Presentation/ ¶ 4 |
| | 10b | Important follow-up diagnostic and other test results | Pg 5 #27-28, pg. 6 #1-4 | Case Presentation/ ¶ 4 |
| | 10c | Intervention adherence and tolerability (How was this assessed?) | Pg 5 #27-28, pg. 6 #1-4 | Case Presentation/ ¶ 4 |
| | 10d | Adverse and unanticipated events | Page 6 #1-4 | Case Presentation/ ¶ 4 |
| Discussion | 11a | A scientific discussion of the strengths AND limitations associated with this case report | pg 7 #15-23 | Discussion/ ¶ 4-5 |
| | 11b | Discussion of the relevant medical literature **with references** | pg 6 #11-28, pg 7 #1-3 | Discussion/ ¶ 1-3 |
| | 11c | The scientific rationale for any conclusions (including assessment of possible causes) | Page 7 #5-13 | Discussion/ ¶ 4 |
| | 11d | The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion | Pg 7 #27-28, pg 8 #1-3 | Discussion/ ¶ 6 |
| Patient Perspective | 12 | The patient should share their perspective in one to two paragraphs on the treatment(s) they received | Page 6/ Line 1-4 | Case Presentation/ ¶ 4 |
| Informed Consent | 13 | Did the patient give informed consent? Please provide if requested | **Yes** ☑ | **No** ☐ |

Article information: https://dx.doi.org/10.21037/amj-22-61
*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.