

CARE Checklist of information to include when writing a case report



Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words "case report"	Page 1 line 1	Title/para 1
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 4 line 8	Key words/para 1
	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	Page 3 line 3-11	Background /para1
Abstract (Structured summary)	3b	Case Description: describe the patient's demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	Page 3 line 12-22	Case Description/para 1
	3c	Conclusion: summarize the main take-away lesson, clinical impact and potential implications.	Page 4 line 2-8	Conclusion /para 1
Introduction	4	One or two paragraphs summarizing why this case is unique (may include references)	Page 5; page 6 line 1-2	Introduction/para 1,2
Patient Information	5a	De-identified patient specific information	Page 5 line 4	Case presentation/ para 1
	5b	Primary concerns and symptoms of the patient	Page 5 line 5-6,13-23	Case presentation/ para 1,2
	5c	Medical, family, and psycho-social history including relevant genetic information	Page 5 line 8-13	Case presentation/ para 1
	5d	Relevant past interventions with outcomes	Page 5 line 11-13	Case presentation/ para 1
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page 5 line 14-23	Case presentation/ para 1,2
Timeline	7	Historical and current information from this episode of care organized as a timeline	NA	NA
	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page 7 line 11-16	Case presentation/ para 3
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Page 7 line 11-16	Case presentation/ para 3
	8c	Diagnosis (including other diagnoses considered)	Page 7 line 11-16	Case presentation/ para 3
	8d	Prognosis (such as staging in oncology) where applicable	Page 7 line 11-16	Case presentation/ para 3
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page 7 line 14-20	Case presentation/ para 3
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page 7 line 14-20	Case presentation/ para 3
	9c	Changes in therapeutic intervention (with rationale)	Page 7 line 16-20	Case presentation/ para 3

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Page 7 line 16-20	Case presentation/ para 3
	10b	Important follow-up diagnostic and other test results	Page 7 line 16-20	Case presentation/ para 3
	10c	Intervention adherence and tolerability (How was this assessed?)	NA	NA
	10d	Adverse and unanticipated events	NA	NA
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	NA	NA
	11b	Discussion of the relevant medical literature with references	NA	NA
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	NA	NA
Patient Perspective	11d	The primary “take-away” lessons of this case report (without references) in a one paragraph conclusion	NA	NA
	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	NA	NA
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes <input checked="" type="checkbox"/>	No <input type="checkbox"/>

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.