CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	p1, l1-2	N/A
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	p4, l83-84	N/A
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	p3, l51-59	N/A
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	p3-4, l60-78	N/A
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	p4, l79-81	N/A
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	p6-7, l125-162	Paragraph 2-4 of
Patient Information	5a	De-identified patient specific information	p7, l159-162	Paragraph 1 of case
	5b	Primary concerns and symptoms of the patient	p7, l165-169	P1 of case presentation
	5c	Medical, family, and psycho-social history including relevant genetic information	p8, l177-180	P2 of case presentation
	5d	Relevant past interventions with outcomes	N/A	N/A
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	p7, l165-166	P2 of case presentation
Timeline	7	Historical and current information from this episode of care organized as a timeline	p7-8, l164-187	P1-7 of case presentation
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	p7-8, l169-174	P1&2 of case presentation
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	p8, l180-183	P2 of case presentation
	8c	Diagnosis (including other diagnoses considered)	p7-8, l170-174	P1 of case presentation
	8d	Prognosis (such as staging in oncology) where applicable	N/A	N/A
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	p10, l232-234	P4-6 of case presentation
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	p8-11, l189-252	P4 of case presentation
	9c	Changes in therapeutic intervention (with rationale)	N/A	N/A

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	p11, l252-256	P7 of case presentation
	10b	Important follow-up diagnostic and other test results	p11, l256	P7 of case presentation
	10c	Intervention adherence and tolerability (How was this assessed?)	pll, l252-253	P7 of case presentation
	10d	Adverse and unanticipated events	N/A	N/A
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	p11-12, l259-274	Paragraph 2 of discussion
	11b	Discussion of the relevant medical literature **with references**	p12-13, l290-311	P1&4 of discussion
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	p13, l311-320	P4 of discussion
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	p14, l323-333	Paragraph 1 of conclusion
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	N/A	N/A
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☐	**No** ☑

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.