CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page 1, Lines 1-2	Section 1, Paragraph 1
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 1, Line 21	Section 2, Paragraph 5
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	Page 1, Lines 4-9	Section 2, Paragraph 2
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	Page 1, Lines 10-14	Section 2, Paragraph 3
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	Page 1, Lines 15-20	Section 2, Paragraph 4
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page 2-3, Lines 23-45	Section 3, Paragraphs 6-7
Patient Information	5a	De-identified patient specific information	Page 3-4, Lines 47, 75, 76	Section 4, Paragraphs 8,11
	5b	Primary concerns and symptoms of the patient	Pages 3-4, Lines 48, 76	Section 4, Paragraphs 8,11
	5c	Medical, family, and psycho-social history including relevant genetic information	Not reported	Not reported
	5d	Relevant past interventions with outcomes	Not reported	Not reported
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Pages 3-4, Lines 48, 49,	Section 4, Paragraphs 8,11
Timeline	7	Historical and current information from this episode of care organized as a timeline	Not reported	Not reported
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Pages 3-4, Lines 48, 49,	Section 4, Paragraphs 8,11
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Not reported	Not reported
	8c	Diagnosis (including other diagnoses considered)	Page 5, Lines 88-89	Section 4, Paragraph 12
	8d	Prognosis (such as staging in oncology) where applicable	Not reported	Not reported
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Pages 3-4, Lines 55 & 81	Section 4, Paragraphs 9,11
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Pages 3-4, Lines 55 & 81	Section 4, Paragraphs 9,11
	9c	Changes in therapeutic intervention (with rationale)	Not reported	Not reported

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Page 5, Lines 84-85	Section 4, Paragraph 12
	10b	Important follow-up diagnostic and other test results	Pages 4, Lines 71-72	Section 4, Paragraph 10
	10c	Intervention adherence and tolerability (How was this assessed?)	Not reported	Not reported
	10d	Adverse and unanticipated events	Page 4, Lines 66, 67, 85	Section 4, Paragraph 10,12
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Not reported	Not reported
	11b	Discussion of the relevant medical literature **with references**	Pages 5-8, Lines 98-142	Section 5, Paragraph
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page 7, Lines 98-142	Section 5, Paragraph
	11d	The primary “take-away” lessons of this case report (without references) in a one paragraph conclusion	Page 7-8, Lines 143-155	Section 5, Paragraph 17
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	Not reported	Not reported
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.