



# A narrative review of transplant-associated thrombotic microangiopathy: pathogenesis and novel therapies

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**Background and Objective:** Hematopoietic stem cell transplantation (HSCT) is the only cure for most hematologic disorders. Transplant-associated thrombotic microangiopathy (TA-TMA) is a life-threatening complication after HSCT. It has a high morbidity and mortality rate relative to other post-transplant complications. We summarize in this review the pathogenesis of TA-TMA as reported in previous studies and some of the current novel therapeutic approaches in the hope of providing ideas for treating this disease.

**Methods:** We collected published literature related to TA-TMA up to August 2022 from databases including PubMed and Embase to summarize the pathogenesis, treatment, and outlook of TA-TMA, combined with our own studies related to TA-TMA. All the publications referred are in English.

**Key Content and Findings:** Microvascular thrombosis due to endothelial cell injury raised from multiple causes may be its primary pathophysiological process. Disturbances in the oxidative microenvironment, complement dysregulation, microvascular hemolytic anemia, and endothelial injury may lead to multi-organ failure and death. The initial onset of the disease is often difficult to differentiate from other post-transplant disorders such as graft-versus-host disease and hepatic vein occlusive disease, which delays the diagnosis. Recent studies have shown that complement is a major pathogenic factor in TA-TMA, and complement blockers have potential therapeutic value for TA-TMA. Eculizumab was an effective treatment, and the Food and Drug Administration (FDA) has granted narsoplimab priority review. Additional interventions targeting the oxidative microenvironment, such as N-acetylcysteine, have also been reported to be effective against TA-TMA treatment in individual cases.

**Conclusions:** TA-TMA is a severe complication after HSCT with high morbidity and mortality, for which the pathogenesis is not yet clear, and treatments are not fully effective. Many new therapies include new complement blockers and emerging prevention methods. Further elucidation of the disease's risk factors, and pathophysiology will provide the theoretical basis for additional prevention and treatment options.

**Keywords:** Transplant-associated thrombotic microangiopathy (TA-TMA); oxidative microenvironment; complement dysregulation; therapeutic approaches

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## Introduction

### Background

Transplant-associated thrombotic microangiopathy (TA-TMA) is a life-threatening complication after stem cell transplantation. However, delayed diagnosis occurs due to the similarity in clinical presentation to other post-transplant complications in the early stages of development. Transplantation-associated factors contribute to the disturbance of the oxidative microenvironment, complement dysregulation, endothelial injury, and microvascular hemolytic anemia, which can lead to multi-organ failure in patients, and its morbidity and mortality after transplantation are high (1-3). TA-TMA manifests as thrombotic microangiopathy: thrombocytopenia, microangiopathic hemolytic anemia, and organ dysfunction. Clinical symptoms of TA-TMA include renal insufficiency, serositis, hypertension, pulmonary hypertension, diffuse alveolar hemorrhage, posterior reversible encephalopathy syndrome, and gastrointestinal bleeding (4,5).

The gold standard for TA-TMA diagnosis is the pathological diagnosis, i.e., microscopic visualization of significant microvascular thrombosis. However, this is not generally recommended due to the risk of bleeding and infection in post-transplant patient biopsies. The diagnosis of TA-TMA currently relies instead on clinical diagnosis. Of the multiple criteria for TA-TMA, at least four of the following seven features must be met: thrombocytopenia, hemolytic anemia, schistocytes on a peripheral blood smear, elevated lactate dehydrogenase (LDH), proteinuria of at least 30 mg/dL in random urine, hypertension, and high soluble membrane attack complex (MAC) (sC5b-9) (6,7). A clinical diagnosis is needed to anticipate TA-TMA before developing multi-organ dysfunction, as other post-transplant complications can present similarly. And due to the lack of a consistent definition of the clinical diagnosis of TA-TMA, the incidence and prognosis of the syndrome are difficult to estimate and quantify (8-11). However, what is clear is that TA-TMA has an apparent detrimental effect on overall survival (OS) and non-recurrent mortality (NRM) (8,10,11). We present this article in accordance with the Narrative Review reporting checklist (available at <https://aob.amegroups.com/article/view/10.21037/aob-22-22/rc>).

### Rational and knowledge gap

The pathogenesis of TA-TMA is a combination of factors that lead to microvascular endothelial cell damage, which in turn

causes platelet aggregation and eventually leads to massive microthrombosis and organ failure in patients (4). However, the specific pathogenesis is still unclear. Multiple therapeutic approaches targeting the pathogenesis have been explored but with different efficacy and prognosis. The most promising targeted therapy is complement blockade. Terminal complement blockade such as eculizumab has become a well-recognized treatment (12-15). Narsoplimab (OMS721), another complement blocker, has recently received a priority review by the Food and Drug Administration (FDA) (16). Current research on TA-TMA is still focused on abnormal complement activation and related treatment, and previous reviews have mainly summarized these related contents (17,18), while the effects of inflammation and oxidative microenvironment on TA-TMA are rarely summarized.

### Objective

This review adds the effects of inflammation and oxidative microenvironment on TA-TMA and the possible treatment options, hoping to help in the clinical treatment of TA-TMA.

### Methods

We collected published literature related to TA-TMA up to August 2022 to summarize the pathogenesis, treatment, and outlook of TA-TMA, combined with our own studies related to TA-TMA. The specific flow is shown in *Table 1*.

## Pathogenesis

### Overview

TA-TMA is a clinical syndrome characterized by endothelial injuries like hemolytic uremic syndrome (HUS) and thrombotic thrombocytopenic purpura (TTP) (19). It is characterized by a disturbed inflammatory-oxidative microenvironment, complement activation, and endothelial injury (6), rather than absolute or relative deficiency of ADAMTS13 (20). Various factors during transplantation lead to complement activation, endothelial injury, and microvascular thrombosis, ultimately leading to end-organ dysfunction. Dvorak *et al.* put forward a “three-hit” hypothesis for TA-TMA pathogenesis: an underlying propensity for complement activation or endothelial damage (first hit), a toxic conditioning regimen leading to endothelial damage (second hit), drugs, alloreactivity, and infection-caused damage (third hit). The combination of the three hits exceeds the threshold that triggers activation

**Table 1** Information about data collection

Items	Specification
Date of search	2022-08-14
Databases and other sources searched	PubMed, Embase
Search terms used	((("Thrombotic Microangiopathies"[Mesh]) OR (Microangiopathies, Thrombotic [Title/Abstract])) OR (Microangiopathy, Thrombotic[Title/Abstract])) OR (Thrombotic Microangiopathy[Title/Abstract]) AND (((("Stem Cell Transplantation"[Mesh]) OR (Stem Cell Transplantations[Title/Abstract])) OR (Transplantations, Stem Cell[Title/Abstract])) OR (Transplantation, Stem Cell[Title/Abstract]))
Timeframe	1990.8–2022.8
Inclusion and exclusion criteria	Literature that is consistent with the TA-TMA topic of interest is used as a reference. TTP and other diseases were excluded. Article type included original manuscripts, reviews, and case reports. Language was limited in English
Selection process	There were two independent authors who performed the search and merge separately

TA-TMA, transplant-associated thrombotic microangiopathy; TTP, thrombotic thrombocytopenic purpura.

of the complement cascade and micro thrombosis (5). Multiple causes before and after transplantation can increase procoagulant factors, soluble adhesion molecules, and pro-inflammatory cytokines, further promoting endothelial damage and initiating complement activation-related pathways (21,22). Nitric oxide inhibits microvascular dilation, reduces P-selectin release from von Willebrand factor (vWF), and gives rise to platelet aggregation and microthrombus formation (23,24). These findings are not only present in microthrombi but also other types of thrombi. The pathogenesis of TA-TMA seems to be highly related to hosting factors. Previous studies have confirmed the role of complement activation, as displayed by the significant increase in sC5b-9 and C3b (6,25). Our previous study showed that TA-TMA patients had elevated levels of complement sC5b-9 and CH50 compared to veno-occlusive disease (VOD), infection, and graft-versus-host disease (GVHD), with implications for identifying post-transplant complications (25).

In contrast, patients with GVHD and TA-TMA have elevated C3b, suggesting TA-TMA in combination with GVHD (25). In addition, the time of onset and the duration of GVHD correlated with the start of TA-TMA (26). During transplantation, recipients can acquire complement system regulatory protein variants from the donor, which increases the risk of developing TA-TMA, suggesting that both donors and recipients should be screened for relevant genes before hematopoietic stem cell transplantation (HSCT) to select a better donor (16). HLA-DRB1\*11 is strongly related to the development of idiopathic TTP

(27,28). In TA-TMA patients, HLA-DRB1\*11 patients have a better prognosis than average controls (29).

### Complement system

According to several previous studies, patients with TA-TMA often present with dysregulation of the complement system. Several pieces of evidence have confirmed the role of abnormal complement activation in the pathogenesis of other thrombotic microangiopathies such as atypical hemolytic uremic syndrome (aHUS). Defects in regulatory proteins associated with the complement system's alternative pathway in patients with aHUS lead to a large production of the C3-converting enzyme C3bBb. This convertase can form additional C3b molecules, the activated form of C3, leading to the accumulation of the C3bBb-C3b, which ultimately promotes the generation of the cellular C5b-9 MAC, causing endothelial cell damage and ultimately TA-TMA. aHUS defects in complement regulation can be determined by the production of neutralizing autoantibodies against factor H, thereby promoting abnormal complement activation (30).

In a study by Jodele *et al.* involving six patients with TA-TMA, these patients were found to have defective complement regulation (31). These patients displayed a high rate of CFHR3-CFHR1 heterozygous deletion (83%) compared to only 33% found in a control population, which is close to 25% in general population (32). And in these six patients, three also exhibited the presence of factor H autoantibodies. The CFHR1 haploinsufficiency that leads to

partial deletion may lead to dysregulation of C5 convertase activity. At the same time, autoantibodies that neutralize factor H may also lead to uninhibited formation of the cell surface alternative pathway C3 convertase. Most patients (67%) responded well to antibody clearance therapies such as rituximab and therapeutic plasma exchange (TPE) (32).

Although activation due to abnormalities in the complement system and microvascular endothelial damage are the primary mechanisms contributing to the pathogenesis of aHUS, emerging evidence from clinical and basic experiments suggests a direct role for complement in promoting other types of TMA. Patients with complement TTP have severe ADAMTS13 defects, and their vWF multimers similarly activate complement, and mouse models of TTP again show the presence of abnormal complement activation (33). In addition, patients with refractory relapsed TTP had a higher frequency of complement abnormalities, and elevated levels of plasma C5a, C3a, and sC5b-9 were also detected, and patients' prognosis was improved with plasmapheresis (34,35).

Previous studies have confirmed that Shiga toxin disrupts the biological activity of factor H, which results in diminished inhibition of C3, leading to elevated levels of sC5b-9 and abnormal complement activation in patients with Shiga toxin-associated hemolytic uremic syndrome (STEC-HUS) (36,37). Based on these studies, STEC-HUS patients were successfully treated with eculizumab, which was essential in the 2011 STEC-HUS outbreak in Germany (38,39). Some researchers have even speculated that all TMA is a complement-mediated disease (40). The complement disorder also seems to be involved in developing "secondary" TMA, such as HELLP (Hemolysis, Elevated Liver enzymes and Low Platelets) syndrome, systemic lupus erythematosus, and malignant hypertension (41-44). The HSCT status and the abnormal activation of complement are among the features that distinguish TA-TMA from other TMAs.

### ***Oxidation microenvironment***

Redox is a necessary life process of the organism. Some investigations have shown that oxidative stress can induce the formation of thrombosis (45,46). Heme oxygenase-1 (HO-1) is a regulatory protein mediated by oxidative stress that protects cell membranes by degrading heme to ferrous iron, carbon monoxide, and biliverdin (47). In response to oxidative stress, it protects vascular endothelial cells from various factors (48,49). HO-1 attenuates cellular damage

through its anti-apoptotic, antioxidant, and anti-inflammatory effects (50,51). Dysfunctions of HO-1 are observed in multiple diseases, including vascular injury (52), hypoxic lung disease (53), and cardiac transplant rejection (54), especially acute myocardial infarction (55). What's more, it prevents abnormal complement activation by stimulating complement regulatory proteins such as CFH (56). HO-1 may upregulate the expression of complement regulatory protein-decay acceleration factor and inhibit the production of complement C3 and C5 converting enzymes, minimizing the deposition of MAC and thus protecting endothelial cells from damage (57,58). N-acetylcysteine (NAC) is an agent, and recent studies suggest it may be a treatment for TTP. Li and colleagues provided the first clinical evidence for NAC's efficacy in treating TTP (59). In addition, Cai *et al.* reported that NAC contributed to a substantial increase in HO-1 mRNA expression in carbon tetrachloride (CCl<sub>4</sub>)-injured livers (60). Our previous study showed that HO-1 levels were downregulated in TA-TMA patients, while *in vitro* experiments confirmed that HO-1 stimulants inhibited complement activation on endothelial cells. At the same time, NAC protected the endothelium from complement activation injury (61). Nuclear factor erythroid-associated factor 2 (Nrf-2) is one of the b-Zip transcription factors of the CNC (cap 'n' collar) family, which contains Nrf1, NF-E2, p45, and Nrf3 (62). In our recent investigation, Nrf2 levels were reduced in TA-TMA patients, and NAC was able to inhibit Nrf2/HO-1 levels, protect microvascular endothelial cells, and inhibit the development of TA-TMA (63). In addition, NAC can inhibit complement activation and vWF multimer formation (64). In another of our studies, we showed that upregulation of HIF-1 $\alpha$  contributes to complement activation in TA-TMA. Comprehensive analysis, including DNA array, a luciferase reporter assay, chromatin immunoprecipitation (ChIP)-seq, and quantitative polymerase chain reaction (PCR), revealed that HIF-1 $\alpha$  interacted with the promoter of complement factor H (CFH) to inhibit its transcription (65). Professor Sabulski *et al.* wrote a commentary stating that the above study provides a potential new mechanism for complement activation in the TA-TMA state and suggests a potentially viable animal model for TA-TMA. However, whether complement activation due to hypoxic injury is a cause or a consequence of TA-TMA still needs to be further confirmed by numerous studies (66).

### ***Inflammation and TA-TMA***

Neutrophil extracellular traps (NETs) may be a critical

component between complement activation, endothelial injury, and TA-TMA pathogenesis. The concept of NETs was first introduced by the German scholar Volker Brinkmann in 2004 (67). Activated neutrophils generated an innate immune response to round up and kill invading pathogens (67). In addition, several other factors, including activated platelets, inflammatory stimuli, or compounds, can also induce the formation of NETs after neutrophil activation. Multiple factors during HSCT, such as pretreatment drugs, systemic irradiation, infection, GVHD, and calmodulin inhibitors, can cause endothelial cell injury. Neutrophils and activated platelets are recruited to the injury site after endothelial damage, and neutrophils and platelets form aggregates that induce NET formation (68).

In turn, neutrophil activation promotes the release of complement factors, which causes the formation of terminal complement MAC (69), forming an amplification endothelial injury loop. In severe cases of coronavirus disease 2019 (COVID-19), neutrophil activation was found in patients with COVID-19 combined with micro thrombosis. In the context of thrombosis, NETs can trap erythrocytes and activate platelets. Neutrophil elastase associated with NETs enhances tissue factor activity and thrombin production. Moreover, NETs can act as a scaffold for thrombosis and a coagulation activator through multiple mechanisms (70). Arai *et al.* first proposed that elevated levels of NETs are associated with the development of transplantation-related thrombotic microangiopathy and identified micro thrombosis and NETs formation in renal autopsies of TA-TMA patients (71). A clinical trial of 103 pediatric hematopoietic stem cell transplant patients demonstrated that in patients who subsequently developed TA-TMA, NETs levels were significantly elevated on day 14 post-transplantation. In addition, damaged endothelial cells released IL-8, inducing the release of NETs from neutrophils, which activated complement and microthrombus formation (72). NETs-mediated neutrophil involvement in endothelial injury and TA-TMA pathogenesis remains further investigated.

## Diagnosis

The more accepted diagnosis of TMA is made using the published diagnostic criteria proposed by Cho *et al.* (73), which include: (I) elevated lactate dehydrogenase (LDH) above the upper limit of normal for age; (II) new onset thrombocytopenia, with a platelet count  $<50 \times 10^9/L$  or a 50% reduction in platelet count; (III) new onset anemia,

with hemoglobin below the lower limit of normal or anemia requiring transfusion support; (IV) microangiopathy, defined as the presence of lytic cells in peripheral blood or histological evidence of microangiopathy on tissue specimens, and (V) absence of coagulopathy and negative Coombs test. All laboratory criteria must be present simultaneously, and criteria 1–4 must be documented on at least two consecutive tests to be classified as positive. ADAMTS13 activity was measured in subjects with TMA to rule out the diagnosis of TTP. The date of diagnosis of TMA was defined as the first date on which all diagnostic criteria were met. In recent years, the diagnostic role of complement for TA-TMA has been reported, and Jodele *et al.* used complement sC5b-9 as one of the diagnostic indicators for TA-TMA (6).

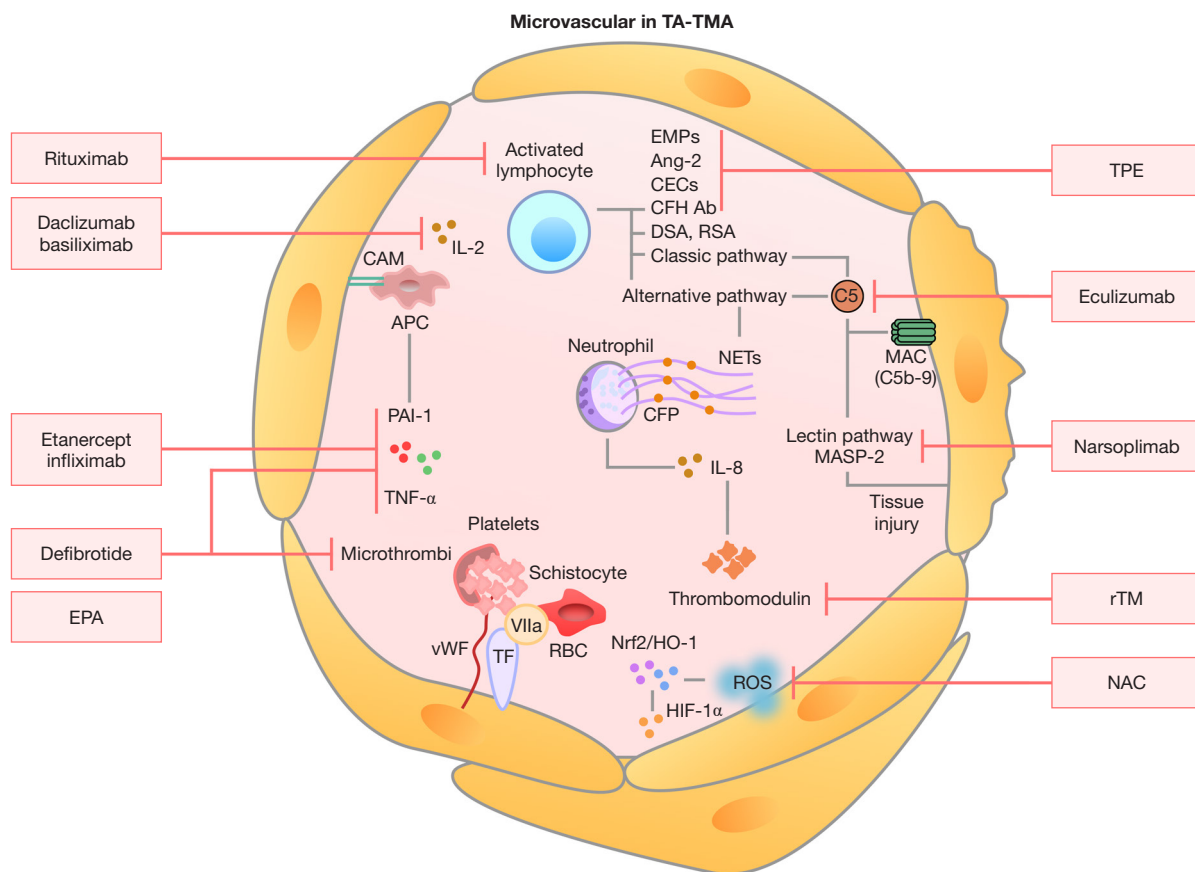
## Therapies

### Overview

Since 2010, the treatment of TA-TMA has advanced due to a better understanding of the pathogenesis of TA-TMA as well as risk factors. Preventive measures during transplantation, such as optimizing pre-transplant pretreatment protocols, avoiding infection, and avoiding GVHD, can minimize endothelial injury. Aggressive transplant management is central to TA-TMA treatment, including preventing and reducing hypertension, minimizing blood transfusions, and prophylactic anti-infective therapy. Other approaches include TPE, discontinuation of calcineurin inhibitors and mammalian target of rapamycin inhibitors (CNI/mTOR), defibrillation, rituximab, and antioxidant treatment (NAC), and the complement inhibitor eculizumab. Clinical trials have explored new therapeutic approaches, including second-generation C5 monoclonal antibodies and mannitol-binding lectin-associated serine protease-2 inhibition (MASP-2). The therapeutic targets involved in TA-TMA-related mechanisms are shown in *Figure 1*. In conclusion, early identification of TA-TMA and early intervention to eliminate risk factors can lead to a better prognosis for patients (13,74).

### Withdrawal of immunosuppressive drugs

Previous studies have shown that CNI induces endothelial cell injury and promotes TA-TMA, so CNI is usually discontinued when TA-TMA is detected (19). Some studies even reported using specific drugs to clear CNI (8). However,



**Figure 1** The pathogenesis of TA-TMA and the corresponding therapeutic targets. This image is a cross-section of a microvessel, with the vessel's interior demonstrating the possible pathophysiological processes of TA-TMA and the exterior showing the relevant therapeutics for the corresponding target. These potential therapeutic tools include TNF- $\alpha$  inhibitors (infliximab, etanercept), EPA, and recombinant thrombomodulin. TA-TMA, transplant-associated thrombotic microangiopathy; ang2, angiotensin 2; APC, antigen-presenting cells; CEC, circulating endothelial cells; CAM, cell adhesion molecules; DSA, donor-specific antibodies; CFP, complement factor P; CFH, complement factor H; EMP, endothelial microparticles; Hb, hemoglobin; NETs, neutrophil extracellular trap; PAI, plasminogen activator inhibitor; RBC, red blood cells; TNF- $\alpha$ , tumor necrosis factor-alpha; TPE, therapeutic plasma exchange; TF, tissue factor; VIIa, factor VIIa; vWF, von Willebrand factor.

the effectiveness of these measures is controversial (75). There is no evidence that TA-TMA onset, as well as severity, correlates with the concentration of immunosuppressive agents, such as cyclosporine and tacrolimus (76,77). Considering that some patients are notified of the presence of TA-TMA and GVHD, withdrawal of CNI should be made with caution, as it may exacerbate GVHD, and switching to other anti-GVHD drugs may be a practical option. Daclizumab, an IL-2 inhibitor, was shown by Wolff *et al.* to replace other anti-GVHD drugs while promoting TA-TMA remission. The study included 13 patients; nine had remission of TA-TMA, two were stable, and one had no

response. However, the GVHD-related mortality was high in the entire cohort; therefore, this approach is currently pending additional evidence to confirm (78).

### TPE

TA-TMA has limited efficacy for treatment by TPE because it is fundamentally different from TTP, with no significant differences in ADAMTS13 levels, and not all patients have detectable antibodies to the Complement H factor. A prospective cohort study involving TPE for TA-TMA showed an overall response rate of 64% for TPE (79).

In another single-center retrospective study involving 66 patients with TA-TMA, 60% of the 63 patients treated with TPE had a response. And the 6-month cumulative survival was 50% for patients who responded and 0% for those who did not (77). A study of 15 patients with TA-TMA displayed that TPE did not prevent TA-TMA-related renal insufficiency (78).

Due to its clearance properties, TPE may be effective when complement H factor antibodies are present in patients (74). Early TA-TMA diagnosis and timely TPE application may result in a better outcome. A study of TA-TMA in children showed that earlier initiation of TPE resulted in a higher response rate (74). TPE-related complications such as infection, bleeding, and electrolyte disturbances may lead to worse outcomes with TPE, as suggested by some studies (19,80). Therefore, once TA-TMA is diagnosed, do not use TPE blindly, but only in the absence of other complement-blocking therapies or in the clear presence of complement H factor antibodies and when treatment can be initiated early during TA-TMA. According to the AFP guidelines, TPE is a weak grade 2C recommendation due to the poor quality of the evidence (81).

### **Rituximab**

Rituximab, an anti-CD20 antibody, depletes the body of abnormal antibodies and performs immunomodulation (82). In combination with TPE, rituximab is highly effective in treating TTP (83). However, the evidence for TA-TMA was limited to a few cases, reports (84-91), and only some patients showed a positive response to rituximab.

### **Defibrotide**

Defibrillation has a protective effect on microvascular endothelial cells and the ability to restore the thrombus-fibrinolytic balance in small vessels; therefore, it is approved for the treatment of TA-TMA (92). An investigation in Spain included 17 adult TA-TMA patients, five of whom were treated with defibrillation monotherapy and the control group with other therapies. Compared to the control group, 65% of patients in the defibrillation group were wholly cured with an OS of 59% (93). Yeates *et al.* also included 17 patients with TA-TMA in another study, and 76% achieved remission after defibrillation (94). Another study observed a 61% response rate in patients treated with defibrillation in combination with TPE or melphalan (92).

### **Recombinant thrombomodulin (rTM)**

Thrombomodulin is a transmembrane glycoprotein with vascular endothelial cell-protective, antifibrinolytic, antithrombotic, and anti-inflammatory properties (95). Activated neutrophils cleave thrombomodulin upon endothelial cell activation, thus compromising the original vascular protective function. RTM has shown inconsistent results in multiple clinical trials investigating the effects on disseminated intravascular coagulation and sepsis (96,97). In case reports or small sample size analyses, rTM has been used in treating TA-TMA with mixed responses (71,98). Although the biological characteristics of rTM make it an appropriate treatment, there are limited data to support its use in TA-TMA.

### **Complement blockage**

Eculizumab is a monoclonal anti-C5 antibody that blocks the complement pathway and inhibits the formation of complement C5b-9. Most published studies on eculizumab for TA-TMA treatment are retrospective cohorts with small sample sizes. Many studies included patients previously treated with rituximab and TPE, some of whom withdrew CNI/mTOR. Therefore, there were many confounding factors and insufficient evidence for conclusions. In addition, the treatment initiation timing in these patients varied widely. While most studies followed the dosing criteria for eculizumab in aHUS, which was 900 mg per week for four weeks and then 1,200 mg every two weeks, some studies dosed eculizumab on its drug concentration and complement levels. Overall, these studies' response rates in TA-TMA patients ranged from 50–93%, with overall OS rates ranging from 33–60% (12,14,15,99-102). One of these groups observed that eculizumab needs to be applied promptly at an early stage of TA-TMA onset for a better outcome (101). Jodele *et al.* recently published a study on using eculizumab in 64 pediatric patients under 18 years old with high-risk TA-TMA. The overall response rate was 64%, with a 1-year OS of 66%. Of the patients who died, only 2 achieved remission of TA-TMA, but the remaining 27 had signs of active TA-TMA at the time of death (13). It should be noted that eculizumab is administered dynamically based on eculizumab blood concentrations and CH50 levels.

We conducted a meta-analysis of the efficacy and safety of eculizumab in treating TA-TMA. We included six studies involving 116 patients. Meta-analysis revealed that the pooled estimates of complete response rate (CRR),

overall response rate (ORR), and survival rate (SR) in TA-TMA patients were 32% (95% CI: 11–56%), 71% (95% CI: 58–82%) and 52% (95% CI: 40–65%), respectively. Infection was the most common adverse effect (103). Eculizumab improved ORR and SR in TA-TMA patients with few adverse events. However, limited by sample size and retrospective studies, the current findings remain highly biased. Therefore, higher-quality randomized controlled trials are needed to validate the efficacy and prognosis.

However, eculizumab has not been approved by the FDA for TA-TMA. Although the FDA currently supports complement-directed therapy for microangiopathic hemocrit anemia, particularly paroxysmal nocturnal hemoglobinuria and aHUS, its efficacy in TA-TMA has been demonstrated in several studies. The use of complement blockers is logical due to the role of complement in TA-TMA. Despite encouraging preliminary findings, a survey of the anti-C5 compound LFG316 was stopped early after results in seven patients showed a low likelihood of clinical benefit (NCT02763644).

### *MASP-2 inhibition*

The MASP-2 inhibitor narsoplimab (OMS721) is a novel selective complement inhibitor that effectively blocks abnormal complement activation and has a protective effect on endothelial cells with minimal impact on immune function. Its ability to act on mannose-binding lectin-associated serine protease-2 affects the process of complement activation. Since it blocks only one of the three complement pathways, this contributes to its ability to preserve the respective functions of the other innate immunity pathways and can avoid widespread damage (16). A clinical trial initiated by Khaled *et al.* (NCT02222545) included 28 patients with TA-TMA and showed that the overall response rate after applying narsoplimab was 61%. Similar responses were observed in all patient subgroups defined according to baseline characteristics, HSCT characteristics, and complications. Seventy-four percent of patients had improved organ function. One-hundred-day SRs after HSCT-TMA diagnosis were 94% and 68% for responders, respectively, with a median OS of 274 days. Narsoplimab was well tolerated, and adverse events in this population were typical, with no significant safety concerns (104).

### *N-acetyl-L-cysteine*

Alterations in the oxidative microenvironment play an

essential role in the pathogenesis of TA-TMA. A study by Chen *et al.* illustrated that NAC reduced vWF multimers and inhibited platelet aggregation and collagen binding, suggesting that NAC may have therapeutic value in TA-TMA (105). Subsequently, Rottenstreich *et al.* reported a group of three patients with TTP who successfully achieved remission by adding NAC to standard therapy (106). We have previously also addressed the first complete report of a 36-year-old female TA-TMA patient successfully cured with NAC and explored the pathogenesis underpinning the efficacy (64). The results of our single-center clinical trial (NCT03252925) using NAC to prevent the occurrence of TA-TMA showed that the incidence of TA-TMA was 9.1% in the NAC cohort compared with 23% in the placebo cohort. The median time to TA-TMA onset was 60 and 36 days in the NAC and control groups, respectively. The 2-year OS rates were 75.4% and 63.0% in the NAC and placebo groups, respectively, with a hazard ratio (HR) of 0.622. The EFS rate was 25.8% in NAC patients and 8.1% in placebo patients, with an HR of 0.254. They suggested that NAC effectively prevents the occurrence of TA-TMA (107). However, there are fewer studies on NAC for TA-TMA, and more clinical trials are needed to validate it in the future.

### *Strengths and limitations*

This review summarizes the pathophysiological processes as well as the diagnosis and treatment of TA-TMA and highlights the effects of inflammation and oxidative microenvironment on TA-TMA, which have not been summarized in previous reviews and which are part of several previous studies by the authors of this article. However, the question of whether the inflammatory and oxidative microenvironment is a cause or a consequence of the development of TA-TMA remains unexplained, and more studies are expected to elucidate this disease in the future.

### **Conclusion and prospects**

TA-TMA is a severe complication after HSCT with high morbidity and mortality, for which the pathogenesis is not yet clear, and treatments are not fully effective. Many new therapies include new complement blockers and emerging prevention methods. Further elucidation of the disease's risk factors and pathophysiology will provide the theoretical basis for additional prevention and treatment options.



Advances in treatment also depend on rapid and accurate diagnosis, which requires a uniform standard. Many novel therapies will also need to be validated in multicenter, large sample size clinical trials.

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### Footnote

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*Reporting Checklist:* The authors have completed the Narrative Review reporting checklist (available at <https://aob.amegroups.com/article/view/10.21037/aob-22-22/rc>).

*Conflicts of Interest:* Both authors have completed the ICMJE uniform disclosure form (available at <https://aob.amegroups.com/article/view/10.21037/aob-22-22/coif>). The series “Thrombotic Thrombocytopenic Purpura” was commissioned by the editorial office without any funding or sponsorship. The authors have no other conflicts of interest to declare.

*Ethical Statement:* The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

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