Section/item	ltem No	Recommendation	Reported on Page Number/Line Number	Reported on Section/Paragraph		
Title and abstract	1	(a) Indicate the study's design with a commonly used term in the title or the abstract	page 2/line 6	Abstract/2		
		(b) Provide in the abstract an informative and balanced summary of what was done and what was found	page 2/lines 6-19	Abstract/2-3		
Introduction	Introduction					
Background/ rationale	2	Explain the scientific background and rationale for the investigation being reported	page 4-5/lines 43-83	Introduction/1-3		
Objectives	3	State specific objectives, including any prespecified hypotheses	page 5/lines 80-82	Introduction/3		
Methods			·			
Study design	4	Present key elements of study design early in the paper	page 5/line 87	Methods/1		
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection	page 5-6/lines 87-98	Methods/1		
Participants	6	<ul> <li>(a) Cohort study—Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up</li> <li>Case-control study—Give the eligibility criteria, and the sources and methods of case ascertainment and control selection. Give the rationale for the choice of cases and controls</li> <li>Cross-sectional study—Give the eligibility criteria, and the sources and methods of selection of participants.</li> </ul>	page 6/lines 87-109	Methods/1-2		
		(b) <b>Cohort study</b> —For matched studies, give matching criteria and number of exposed and unexposed <b>Case-control study</b> —For matched studies, give matching criteria and the number of controls per case	N/A	N/A		
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable	page 6-7/lines 112-152	Methods/3-5		
Data sources/ measurement	8*	For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group	page 6-8/lines 112-152	Methods/3-5		
Bias	9	Describe any efforts to address potential sources of bias	page 8/lines 155-181	Statistical Analysis/1-2		
Study size	10	Explain how the study size was arrived at	page 6-7/lines 87-129	Figure 1, Supp Table 1		
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why	page 6-8/lines 112-152	Methods/5-7		

## STROBE Statement-checklist of items that should be included in reports of observational studies

	1			
Statistical methods	12	(a) Describe all statistical methods, including those used to control for confounding	page 8-9/lines 155-181	Statistical Analysis/1-2
		(b) Describe any methods used to examine subgroups and interactions	page 8-9/lines 155-181	Statistical Analysis/1-2
		(c) Explain how missing data were addressed	page 9/lines 177-181	Statistical Analysis/2
		(d) <b>Cohort study</b> —If applicable, explain how loss to follow-up was addressed <b>Case-control study</b> —If applicable, explain how matching of cases and controls was addressed <b>Cross-sectional study</b> —If applicable, describe analytical methods taking account of sampling strategy	N/A	N/A
		(e) Describe any sensitivity analyses	page 9/lines 177-181	Statistical Analysis/2
Results				,
Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed	Figure 1	Figure 1
		(b) Give reasons for non-participation at each stage	Figure 1	Figure 1
		(c) Consider use of a flow diagram	Figure 1	Figure 1
Descriptive data	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders	Page 9/lines184-191	Results/1; Table 1
		(b) Indicate number of participants with missing data for each variable of interest	Figure 1	Figure 1
		(c) Cohort study-Summarise follow-up time (eg, average and total amount)	Page 9/lines 192-195	Table 3/Figure 3
Outcome data	15*	Cohort study – Report numbers of outcome events or summary measures over time	Page 10/lines 212-213	Results/4
		Case-control study – Report numbers in each exposure category, or summary measures of exposure	N/A	N/A
		Cross-sectional study-Report numbers of outcome events or summary measures	N/A	N/A
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included	Page 10-11/lines 199-240	Tables 2, 4, 5
		(b) Report category boundaries when continuous variables were categorized	Page 7-8/lines 137-152	Table 1
		(c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period	N/A	N/A
Other analyses	17	Report other analyses done-eg analyses of subgroups and interactions, and sensitivity analyses	Page 10-11/lines 208-240	Results 3, 6
Discussion				
Key results	18	Summarise key results with reference to study objectives	Page 11-12/line 243-269	Discussion/1-4
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias	Page 14-15/lines 301-328	Discussion/6
		J	1	

Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence	Page 15/lines 329-333	Discussion/7			
Generalisability	21	Discuss the generalisability (external validity) of the study results	Page 14/lines 301-328	Discussion/6			
Other information							
Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based	Page 16/line 361	Acknowledgments/3			

\*Give information separately for cases and controls in case-control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.

**Note:** An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at http://www.plosmedicine.org/, Annals of Internal Medicine at http://www.annals.org/, and Epidemiology at http://www.epidem.com/). Information on the STROBE Initiative is available at www.strobe-statement.org.

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\*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.