CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page 1/Line 2	Title page/para 1
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 2/Line 55	Abstract/Para 2
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	Page 2/Line 43	Abstract/Para 1
	3b	Main symptoms and/or important clinical findings	Page 2/Line 45	Abstract/Para 1
	3c	The main diagnoses, therapeutic interventions, and outcomes	Page 2/Line 46-50	Abstract/Para 1
	3d	Conclusion—What is the main “take-away” lesson(s) from this case?	Page 2/Line 51-54	Abstract/Para 1
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page 3	Introduction/Para 1-2
Patient Information	5a	De-identified patient specific information	Page 4/Line 83	Case presentation/Para 1
	5b	Primary concerns and symptoms of the patient	Page 4/Line 84-85	Case presentation/Para 1
	5c	Medical, family, and psycho-social history including relevant genetic information	Page 4/Line 86-88	Case presentation/Para 1
	5d	Relevant past interventions with outcomes	Page 4/Line 86	Case presentation/Para 1
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page 4/Line 89-91	Case presentation/Para 1
Timeline	7	Historical and current information from this episode of care organized as a timeline	Page 5/Line 111-123	Case presentation/Para 4
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page 4/Line 92-102, Line	Case presentation/Para 1-3
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	All necessary	Not any
	8c	Diagnosis (including other diagnoses considered)	Page 5/Line 109-110	Case presentation/Para 3
	8d	Prognosis (such as staging in oncology) where applicable	Page 5/Line 118-123	Case presentation/Para 4
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page 5/Line 111-112, Line	Case presentation/Para 4
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page 5/Line 111-112, Line	Case presentation/Para 4
	9c	Changes in therapeutic intervention (with rationale)	Page 5/Line 111-112, Line	Case presentation/Para 4

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Page 5/Line 119-120	Case presentation/Para 4
	10b	Important follow-up diagnostic and other test results	Page 5/Line 116-120	Case presentation/Para 4
	10c	Intervention adherence and tolerability (How was this assessed?)	Patient was admitted to the	Not any
	10d	Adverse and unanticipated events	Page 5/Line 118-119	Case presentation/Para 4
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page 6/Line 128-130	Discussion/Para 1
	11b	Discussion of the relevant medical literature **with references**	Page 6/Line 130-138	Discussion/Para 1/Table 1
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page 6/Line 139-144	Discussion/Para 2
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	Page 6-7/Line 145-150	Discussion/Para 3
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	Patient recovered from the	Not any
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☐	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.