CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page 1, Lines 1-2	Section 1, title
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 2, Lines 44-45	Section 2, key words
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	Page 2, Lines 28-31	Section 2, abstract
	3b	Main symptoms and/or important clinical findings	Page 2, 32-37	Section 2, abstract
	3c	The main diagnoses, therapeutic interventions, and outcomes	Page 2, 38-40	Section 2, abstract
	3d	Conclusion—What is the main “take-away” lesson(s) from this case?	Page 2, 38-40	Section 2, abstract
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page 3, Lines 53-77	Section 3, introduction
Patient Information	5a	De-identified patient specific information	Page 3, Lines 80-105	Section 3, case
	5b	Primary concerns and symptoms of the patient	Page 3, Lines 80-105	Section 3, case
	5c	Medical, family, and psycho-social history including relevant genetic information	N/A	
	5d	Relevant past interventions with outcomes	N/A	N/A
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Pages 4-5, Lines 80-105	Section 4-5, case
Timeline	7	Historical and current information from this episode of care organized as a timeline	Pages 4-5, Lines 80-105	Section 4-5, case
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Pages 4-5, Lines 80-105	Section 4-5, case
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	N/A	N/A
	8c	Diagnosis (including other diagnoses considered)	Pages 4-5, Lines 80-105	Section 4-5, case
	8d	Prognosis (such as staging in oncology) where applicable	N/A	N/A
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Pages 4-5, Lines 80-105	Section 4-5, case
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Pages 4-5, Lines 80-105	Section 4-5, case
	9c	Changes in therapeutic intervention (with rationale)	Pages 4-5, Lines 80-105	Section 4-5, case

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Pages 4-5, Lines 80-105	Section 4-5, case
	10b	Important follow-up diagnostic and other test results	Pages 4-5, Lines 80-105	Section 4-5, case
	10c	Intervention adherence and tolerability (How was this assessed?)	Pages 4-5, Lines 80-105	Section 4-5, case
	10d	Adverse and unanticipated events	N/A	N/A
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Pages 5-8, Lines 107-182	Section 5-8, discussion
	11b	Discussion of the relevant medical literature **with references**	Pages 5-8, Lines 107-182	Section 5-8, discussion
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Pages 5-8, Lines 107-182	Section 5-8, discussion
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	Page 8, Lines 184-196	Section 8, conclusion
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	N/A	N/A
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.