CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	1/1	Title/Paragraph 1
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	2/21	Abstract/Paragraph 3
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	2/3-5	Abstract/Paragraph 1
	3b	Main symptoms and/or important clinical findings	2/9-11	Abstract/Paragraph 1
	3c	The main diagnoses, therapeutic interventions, and outcomes	2/11-14	Abstract/Paragraph 1
	3d	Conclusion—What is the main “take-away” lesson(s) from this case?	2/15-19	Abstract/Paragraph 2
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	3/13-15	Introduction/Paragraph 1
Patient Information	5a	De-identified patient specific information	4/1-4	Case
	5b	Primary concerns and symptoms of the patient	4/13-15	Case
	5c	Medical, family, and psycho-social history including relevant genetic information	4/1	Case
	5d	Relevant past interventions with outcomes	4/4-5	Case
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	4/8-9 + 16-20	Case
Timeline	7	Historical and current information from this episode of care organized as a timeline	Figure 3	Figures/Figure 3
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Figure 1+2, 4/17-20 +	Figures/Figure 1+2
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	4/18-23	Case
	8c	Diagnosis (including other diagnoses considered)	4/18-19 + 24-25, 5/2-4 +	Case
	8d	Prognosis (such as staging in oncology) where applicable		
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	4/24-25, 5/3-5 + 11-14	Case
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	4/24-25, 5/14+20-24,	Case
	9c	Changes in therapeutic intervention (with rationale)	5/20-24, 6/1-11	Case

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)		
	10b	Important follow-up diagnostic and other test results	6/1-13	Case
	10c	Intervention adherence and tolerability (How was this assessed?)	5/16-24, 6/1-13	Case
	10d	Adverse and unanticipated events	5/16-24, 6/1-13	Case
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	8/15-18	Discussion/Paragraph 5
	11b	Discussion of the relevant medical literature **with references**	6/12-25 + 7/1-24 + 8/1-22	Discussion/Paragraph 1-6
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	6/12-25, 7/1-24, 8/1-22,	Discussion/Paragraph 1-6
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	9/4-8	Discussion/Paragraph 7
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	9/10-14	Discussion/Paragraph 8
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.