CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	1/1-2	Title Page/P1
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	3/1	Key Words/P1
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	2/6-10	Abstract/P1
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	2/11-18	Abstract/P2
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	2/19-23	Abstract/P3
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	3/7-22	Introduction/P1-2
Patient Information	5a	De-identified patient specific information	4/1-4/9	Case Presentation/P1
	5b	Primary concerns and symptoms of the patient	4/7-4/17	Case Presentation/P1
	5c	Medical, family, and psycho-social history including relevant genetic information	4/6-4/10	Case Presentation/P1
	5d	Relevant past interventions with outcomes	4/8-4/17	Case Presentation/P1
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	4/5-4/18	Case Presentation/P1
Timeline	7	Historical and current information from this episode of care organized as a timeline	4/12-21	Case Presentation/P1
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	4/12-14, 4/18-21	Case Presentation/P1
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	N/A	N/A
	8c	Diagnosis (including other diagnoses considered)	5/1-5/9	Case Presentation/P2
	8d	Prognosis (such as staging in oncology) where applicable	5/7-12	Case Presentation/P2
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	4/15-21, 5/1-12	Case Presentation/P2
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	4/16-21	Case Presentation/P1
	9c	Changes in therapeutic intervention (with rationale)	5/1-6	Case Presentation/P2

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	5/4-12	Case Presentation/P2
	10b	Important follow-up diagnostic and other test results	5/8-12	Case Presentation/P2
	10c	Intervention adherence and tolerability (How was this assessed?)	5/9-12	Case Presentation/P2
	10d	Adverse and unanticipated events	4/13-16	Case Presentation/P1
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	7/5-19	Discussion/P3
	11b	Discussion of the relevant medical literature **with references**	6/1-13, 7/5-17	Discussion/P1,3
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	6/15-21, 7/12-15	Discussion/P2-3
	11d	The primary “take-away” lessons of this case report (without references) in a one paragraph conclusion	8/1-7	Discussion/P4
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	N/A	N/A
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.