CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	1/1	Title Page/ P1
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	2/48	Keywords
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	2/ 30-35	Abstract/ P1
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	2/ 37-42	Abstract/ P2
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	2/ 44-47	Abstract/ P3
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	3-4/57-81	Introduction
Patient Information	5a	De-identified patient specific information	4/ 84-85	Case Description/P1
	5b	Primary concerns and symptoms of the patient	4/86-90	Case Description/P1
	5c	Medical, family, and psycho-social history including relevant genetic information	4/ 86-90	Case Description/P1
	5d	Relevant past interventions with outcomes	NA	
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	4/90-94	Case Description/P1
Timeline	7	Historical and current information from this episode of care organized as a timeline	NA	
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	5/96-102	Case Description/P1
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	5/96-102	Case Description/P1
	8c	Diagnosis (including other diagnoses considered)	5/96-102	Case Description/P1
	8d	Prognosis (such as staging in oncology) where applicable	5/98-102	Case Description/P1
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	4-5/ 93-100	Case Description/P1
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	4-5/ 93-100	Case Description/P1
	9c	Changes in therapeutic intervention (with rationale)	4-5/ 93-102	Case Description/P1

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	5/102-104	Case Description/P1
	10b	Important follow-up diagnostic and other test results	5/102-104	Case Description/P1
	10c	Intervention adherence and tolerability (How was this assessed?)	5/102-104	Case Description/P1
	10d	Adverse and unanticipated events	NA	
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	5/111-114	Discussion/P1-2
	11b	Discussion of the relevant medical literature **with references**	5-7/106-167	Discussion/P3-8
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	5-7/123-167	Discussion/P3-8
	11d	The primary “take-away” lessons of this case report (without references) in a one paragraph conclusion	7/168-174	Discussion/P3-8
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	NA	
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ✔	**No**

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*Asthechecklistwasprovideduponinitialsubmission,thepagenumber/linenumberreportedmaybechangedduetocopyeditingandmaynotbereferableinthepublishedversion.Inthiscase,thesection/paragraphmaybeusedasanalternativereference.