

Two primary cancers appeared after discontinuation of nivolumab in the course of treating Hodgkin lymphoma: a case report

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Background: Nivolumab is a human monoclonal antibody against programmed death-1 (PD-1) that blocks interactions of PD-1 with both PD-L1 and PD-L2 and upregulates tumor antigen-specific T cell to develop appropriate immune response against cancer cells. It has been approved by the US Food and Drug Administration (FDA) in the treatment of various malignancies including Hodgkin lymphoma (HL).

Case Description: Our patient is a 75-year-old man diagnosed with nodular sclerosis HL. After relapse of disease on several lines of treatment including autologous stem cell transplant, Nivolumab was started as part of a clinical trial. Partial response (PR) was noted on nivolumab for a few years which was eventually discontinued due to disease progression. A few weeks later, the patient was noted to have a suspicious lesion on the right earlobe and another on the base of the tongue, which were pathologically diagnosed as Merkel cell carcinoma (MCC) and oropharyngeal squamous cell carcinoma (SCC), respectively.

Conclusions: Immune checkpoint inhibitors (ICIs) like nivolumab have demonstrated anti-tumor efficacy in several cancers to date. We describe here a unique observation of nivolumab suppressing the growth of two separate malignancies apart from the primary malignancy, discontinuation of which has then contributed to their growth and subsequent diagnosis. Our case report showcases the broad activity of ICIs and brings attention to the possibility of uncovering new malignancies after discontinuation of ICIs in high-risk patients.

Keywords: Nivolumab; Hodgkin lymphoma (HL); discontinuation; Merkle cell carcinoma; case report

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Introduction

The discovery of immune checkpoint proteins such as programmed death-1 (PD-1)/PD-L1 and CTLA-4 has revolutionized the field of cancer immunotherapy (1).

Immune checkpoint inhibitors (ICIs) against these proteins, block signaling through the PD-1 pathway, release inhibition of T cells, and augment antitumor immune responses. Nivolumab is one such humanized IgG4

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monoclonal anti-PD-1 antibody approved by the US Food and Drug Administration (FDA) in metastatic melanoma, renal cell carcinoma, gastric or gastroesophageal junction cancer, hepatocellular, classical Hodgkin's lymphoma, head and neck and non-small cell lung cancers (1,2).

Although there are many ongoing clinical trials studying the effect of nivolumab in individual cancers, its efficacy on different concurrent malignancies in the body has not been studied till date, due to paucity of such cases. Here we report a unique case of a patient with relapse refractory Hodgkin's lymphoma when discontinued on long term maintenance with nivolumab due to relapse of the disease, then exhibited two different primary malignancies of Merkle cell carcinoma and squamous cell carcinoma (SCC) of the tongue in a short duration. Although nivolumab has been demonstrated to have anti-tumor activity in head and neck cancers, there has been only one clinical case report to date (3), that reported the antitumor activity of nivolumab on Merkle cell carcinoma. We intend to add to the literature this notable finding of tumor suppressive effect of nivolumab on three different malignancies simultaneously. We present the following case in accordance with the CARE reporting checklist (available at https://acr.amegroups.com/ article/view/10.21037/acr-22-87/rc).

Highlight box

Key findings?

 Nivolumab, an immune checkpoint inhibitor (ICI) used for relapse refractory Hodgkin's lymphoma in our patient was simultaneously suppressing two other primary malignancies of Merkle cell carcinoma and squamous cell carcinoma of the tongue. Discontinuation of nivolumab exposed these malignancies in a short period of time.

What is known and what is new?

- ICIs like nivolumab have demonstrated anti-tumor efficacy in several cancers to date by blocking the programmed death-1 (PD-1) pathway and promoting antitumor immune responses.
- Their efficacy on different concurrent malignancies has not been studied till date, due to paucity of such cases. Our case report showcases the broad activity of nivolumab against two malignancies in addition to primary Hodgkin's lymphoma, discontinuation of which revealed them.

What is the implication and what should change now?

 Our report brings attention to the possibility of uncovering new malignancies after discontinuation of ICIs in high-risk patients and reinforces the importance of close follow up in patients at high risk of developing multiple malignancies.

Case presentation

Our patient is a 75-year-old Caucasian male with past medical history of insulin dependent diabetes mellitus, hypertension, and family history significant for lung cancer in mother who passed at age 48. He was first diagnosed of Hodgkin's lymphoma at the age of 58 in October 2005, when he presented with fatigue, night sweats, hives, and weight loss of 25 pounds. Physical examination revealed cervical and axillary lymphadenopathy. Complete blood count (CBC) showed hemoglobin of 10.1 g/dL, white blood cell (WBC) count of 15,000/µL (range, 4,000-11,000/µL) and platelet count of 561,000/μL (range, 150,000–450,000/μL), erythrocyte sedimentation ratio (ESR) of 140 mm/h (range, 0-22 mm/h), and lactate dehydrogenase (LDH) of 353 U/L (range, 140-280 U/L). Biopsy of an enlarged right cervical lymph node revealed classic HL, nodular sclerosis subtype. Bone marrow biopsy showed cellular bone marrow with trilinear hematopoiesis without evidence of HL. Disease was initially staged as IVb due to extra nodal involvement.

The patient was initiated on ABVD regimen (adriamycinbleomycin-vinblastine-dacarbazine), which he received for 7 cycles as he refused the 8th cycle. Positron emission tomography-computed tomography (PET-CT) in March 2006 post completion of ABVD regimen (doxorubicin at the dose of 25 mg/m², bleomycin at 10 mg/m², vinblastine at 6 mg/m², and dacarbazine at 375 mg/m²) showed complete response (Figure 1). Eight months post treatment, surveillance PET-CT in November 2006 showed relapse of disease. Salvage chemotherapy with RICE [rituximab at 375 mg/m², ifosfamide at 5,000 mg/m², carboplatin area under the curve (AUC) of 5, etoposide at 100 mg/m²] was given for two cycles as the disease was CD20⁺. The patient underwent preparation for autologous stem cell transplant with BEAM (carmustine, etoposide, cytarabine, melphalan) per standard protocol and subsequently was transplanted in April 2007 with complete response. PET-CT in December 2007 showed no evidence of relapsed disease and patient has been in remission until July 2011. PET-CT scan at this time showed enlarged lymphadenopathy above and below diaphragm suggestive of recurrence. The patient was informed of the poor prognosis at this point given the relapse/refractory nature of his disease and was initiated on gemcitabine at 1,000 mg/m² and navelbine at 30 mg/m² in November 2011. After completion of 8 cycles, PET-CT to assess response showed residual disease. Upon discussion of options, patient refused allogenic stem cell transplant and expressed interest to take a break from chemotherapy.

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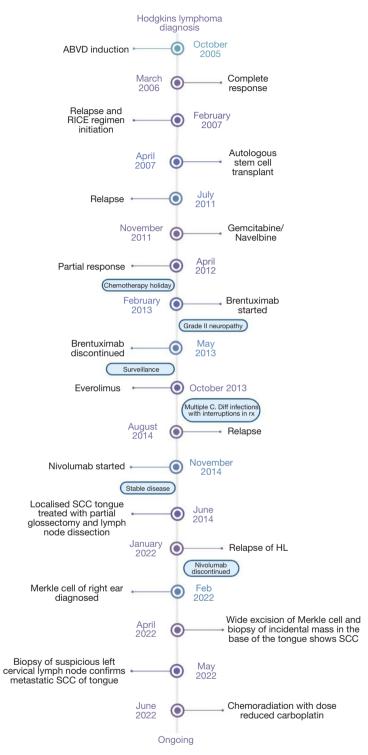


Figure 1 Timeline depicting various treatments against Hodgkin's lymphoma over the years. ABVD, adriamycin-bleomycin-vinblastine-dacarbazine; RICE, rituximab-ifosfamide-carboplatin-etoposide; SCC, squamous cell carcinoma; HL, Hodgkin's lymphoma.

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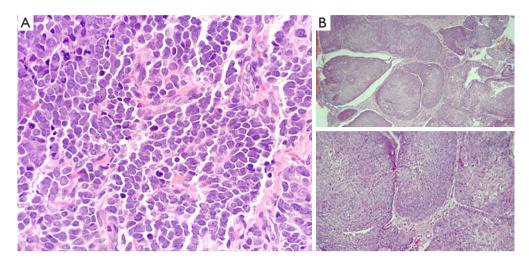


Figure 2 Histology images of Merkel cell carcinoma and squamous cell carcinoma. (A) Hematoxylin and eosin-stained section (pictured: ×40 objective) of right ear biopsy showing solid sheets of tumor cells with high N:C ratios, round to oval nuclei with a characteristic "salt and pepper" chromatin pattern and some areas with nuclear molding. Atypical mitoses and apoptotic bodies are present. These histopathological features, when combined with the patient's clinical history and tumor immunoreactivity to CK20 (not pictured), suggest a diagnosis of Merkel cell carcinoma. (B) Hematoxylin and eosin-stained sections (top: ×4 objective, bottom: ×10 objective) of right side of base of the tongue biopsy showing invasive squamous cell carcinoma in a background of atypical squamous proliferation with focal papillary features. Significant architectural complexity of the squamous epithelium favors an invasive component to this lesion. N:C, nuclear to cytoplasmic.

On surveillance, progression of disease was noted 7 months later in November 2012. Brentuximab dosed at 1.8 mg/kg every 3 weeks, was started as next line of salvage chemotherapy in February 2013, which was eventually discontinued due to intolerable grade II neuropathy despite medications. PET-CT post treatment showed partial response (PR) in May 2013 and was continued on surveillance. Subsequently, patient was initiated on everolimus (10 mg p.o. daily) upon evidence of progression of disease in October 2013. Patient had multiple episodes of *C. difficile* infection due to which everolimus was discontinued intermittently. Even though it was restarted later, disease progression was noted in October 2014.

As part of a clinical trial, the patient was later started on nivolumab 240 mg intravenous (IV) every 2 weeks in November 2014, and the disease was in PR. Six years later in June 2020, surveillance PET-CT showed hypermetabolic activity in the right lateral border of the tongue, biopsy of which identified SCC. He underwent right partial glossectomy and lymph node dissection which showed a 3.1 cm SCC of right tongue with clear margins and no lymph nodal involvement. It was determined that patient does not require any further adjuvant chemoradiation. His course has been eventless since then with no relapse of HL on surveillance imaging, until 2 years later when he was hospitalized for presyncope in January 2022. CT

thorax/abdomen/pelvis showed progressed disease and a large pleural effusion, cell cytology from thoracocentesis showed relapse of HL. Nivolumab was discontinued due to progression of disease and the patient was again started on bendamustine at 60 mg/m² in January 2022.

A month later in February 2022, the patient visited his dermatologist as he noted an enlarging right ear lesion. A suspicious dome-shaped mass in the scaphoid fossa of the right ear measuring 9×8×5 mm was noticed and biopsied. Pathology revealed Merkel cell carcinoma (MCC) (Figure 2A). Patient underwent wide local excision and sentinel lymph node biopsy in April 2022. Triple scope performed during the procedure with laryngoscopy, bronchoscopy and esophagogastroduodenoscopy revealed an incidental 5×5 mm exophytic mass on the right base of tongue, biopsy of which was found to be invasive SCC (Figure 2B). A prior PET-CT scan from a month ago, identified a non-enlarged left cervical level 2A lymph node with standardized uptake value (SUV) of 2.4, which was initially thought to be reactive in nature. Histopathology of the lymph node biopsy confirmed metastatic SCC, p16-. The patient was staged as T1N2M0. Due to two concomitant cancers, the patient was started on concurrent chemoradiation therapy to both areas.

Over the course of years, patient was diagnosed of several

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other medical conditions such as coronary artery disease with multiple stent placements, peripheral arterial disease requiring femoral-tibial trunk bypass, residual neuropathy, and recurrent complicated urinary tract infections renal due to stones. Due to these comorbidities and older age, patient was started on deescalated dose of carboplatin to an AUC of 2. Bendamustine for relapsed refractory HL was held, while the patient is currently completing chemoradiation. It is to be noted that withdrawal of nivolumab almost immediately resulted in increase of the size of his unknown MCC of the right ear lobe. It also likely led to relapse of his prior localized SCC of the tongue with metastasis.

All procedures performed in this study were in accordance with the ethical standards of the institutional and/or national research committee(s) and with the Helsinki Declaration (as revised in 2013). Written informed consent for publication of this case report and accompanying images was not obtained from the patient or the relatives after all possible attempts were made.

Discussion

Classical Hodgkin Lymphoma (cHL) is a malignancy of the lymphatic system with an incidence of 2–3 cases per 100,000 people every year in developed countries (3). Since 1990, ABVD has become the standard chemotherapy regimen for patients with classical HL because of its efficacy and lower toxicity than other agents (4). Immunotherapies are other modalities of treatment.

ICIs are a class of drugs that block proteins that upregulate immune responses. Currently, immunotherapy is most used in recurrent or relapsed cases of HL, many studies have also proven it to be beneficial as a first line treatment (5-7). PD-1 inhibitors are currently clinically approved for use in numerous solid tumor malignancies. These agents bind to the PD-1 receptor or the ligand and prevent the death of the T-lymphocytes to prevent the development of immunologic tolerance to the tumor and therefore potentiate immune destruction of the tumor (8).

Nivolumab is a human monoclonal antibody with high affinity to PD-1 and blocks interactions of PD-1 with both PD-L1 and PD-L2 and stimulates tumor antigen-specific T cell to develop appropriate immune response against cancer cells for its destruction. It was first approved by FDA in the treatment of melanoma and gradually multiple trials have proven its efficacy as first line or in later lines of treatment in various other tumors (9). Nivolumab was also recently approved by FDA to treat relapsed/refractory cHL

after autologous hematopoietic cell transplantation (Auto-HCT) (10). Nivolumab use has been studied in metastatic non-small cell and small cell lung cancer, advanced renal cell cancer, recurrent or metastatic squamous cell carcinoma of the head and neck (SCCHN), microsatellite instability-high or mismatch repair deficient solid tumors or colorectal cancer (11).

Pembrolizumab (PD-1 inhibitor) and nivolumab are the first ICIs approved for the treatment of recurrent/metastatic SCCHN, FDA approval was in August and November 2016 respectively. Based on the results of Checkmate 141 clinical trial, nivolumab use when compared to chemotherapy of investigator's choice resulted in a longer overall survival (OS) in this category of patients (12). In 2018, 2-year longterm survival update of the trial redemonstrated OS benefit with nivolumab regardless to PD-L1 expression or human papillomavirus (HPV) status (13). Also, in 2022, a long-term subgroup analysis of the trial was published and reported improved OS for patients who received nivolumab use as first line treatment for metastatic SCCHN (14). To date, studies are lacking on the role of ICI including nivolumab as a first line postoperatively in early stages SCCHN. After his SCC tongue resection, our patient was already on nivolumab maintenance for his HL, which could have prevented tongue cancer's progression. This can open the door for future trials to assess ICI roles in early stages of SCCHN.

Because MCC is an immunologically sensitive cancer, the availability of ICI has altered the therapeutic options for advanced MCC (14). The first ICI to demonstrate objective tumor regression was pembrolizumab, which was added to the National Comprehensive Cancer Network (NCCN) recommendations for the treatment of disseminated MCC because of a phase II trial's findings (15). The first FDA-approved medication for MCC, avelumab (a PD-L1 inhibitor), was introduced in March 2017 and has significantly better outcomes than chemotherapy (16,17). Despite the limited number of patients needed to attain statistical significance, the Checkmate 358 study, which evaluated the safety and effectiveness of nivolumab and nivolumab combination in virus-associated malignancies including MCC, revealed a 64% overall response rate (ORR) for MCC (18).

In our case report, we describe the unique observation of nivolumab suppressing the growth of two separate malignancies apart from the primary malignancy, discontinuation of which has then contributed to their growth and subsequent diagnosis. Literature review does not show any similar reported cases so far. It is to be Page 6 of 7 AME Case Reports, 2023

noted that, due to multiple prior lines of chemotherapy for his relapse refractory Hodgkin's lymphoma and as part of autologous stem cell transplant, our patient is at very high risk of development of secondary cancers. The history of SCC tongue also indicates a baseline immune dysfunction which could predispose him to secondary cancers. This case cautions physicians to keep in view the possibility of developing new cancers in patients who are at high risk. Close follow up with regular routine physical examination is highly recommended in patients at high-risk for malignancies, including but not limited to significant family history for multiple malignancies, prior exposure to toxins or chemotherapy among others. Nivolumab, a systemic immunomodulator has been suppressing the other malignancies in addition to HL from progression, in our patient who seems to be inherently at risk of multiple malignancies due to unknown reasons.

Our case report is limited to presentation of a single patient, as it very uncommon to have multiple malignancies in a patient. Although there are many ongoing clinical trials studying the effect of nivolumab in individual cancers, its efficacy on different concurrent malignancies in the body has not been studied till date, due to paucity of such cases. We do think it is worth reporting as it can add to the current literature on the possible association between ICI use and masking possible undiagnosed tumors.

Conclusions

Nivolumab could mask other primary tumors while being used for the treatment of an entirely different type of cancer, as in our patient, who was diagnosed with Merkle cell carcinoma and metastatic tongue SCC after cessation of nivolumab for relapse/refractory HL. Identification and reporting of such cancers is uncommon, as they could be easily masked by prolonged use of immunotherapies.

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Footnote

Reporting Checklist: The authors have completed the CARE reporting checklist. Available at https://acr.amegroups.com/article/view/10.21037/acr-22-87/rc

Conflicts of Interest: All authors have completed the ICMJE

uniform disclosure form (available at https://acr.amegroups.com/article/view/10.21037/acr-22-87/coif). The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. All procedures performed in this study were in accordance with the ethical standards of the institutional and/or national research committee(s) and with the Helsinki Declaration (as revised in 2013). Written informed consent for publication of this case report and accompanying images was not obtained from the patient or the relatives after all possible attempts were made.

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