CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page 1/ line 1-3	title
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 2/ line 29	keywords
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	Page 2/line 1-5	Abstract/Para 1
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	Page 2/ line 6-22	Abstract/Para 2
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	Page 2/ line 23-26	Abstract/Para 3
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page 3/ line 4-21,Page	Introduction/Para 1-3
Patient Information	5a	De-identified patient specific information	Page 4/ line 15-16	Case
	5b	Primary concerns and symptoms of the patient	Page 4/ line 15-23	Case Presentation/Para 2
	5c	Medical, family, and psycho-social history including relevant genetic information	Page 4/ line 27-31	Case
	5d	Relevant past interventions with outcomes	NA	NA
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page 4/ line 18-23	Case
Timeline	7	Historical and current information from this episode of care organized as a timeline	Figure 3	Figure 3
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page 5/ line 2-Page 6/line	Case
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Page 6/ line 4-5	Case
	8c	Diagnosis (including other diagnoses considered)	Page 6/ line 21-23	Case
	8d	Prognosis (such as staging in oncology) where applicable	NA	NA
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page 5/ line 25-30	Case
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page 5/ line 25-30	Case
	9c	Changes in therapeutic intervention (with rationale)	Page 6/ line 6-7	Case

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Page 6/ line 8-16	Case
	10b	Important follow-up diagnostic and other test results	Page 6/ line 23-24	Case
	10c	Intervention adherence and tolerability (How was this assessed?)	NA	NA
	10d	Adverse and unanticipated events	NA	NA
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page 7/ line 1-2	Discussion/Paragraph1
	11b	Discussion of the relevant medical literature **with references**	Page 7/ line 3-Page 8/line8	Discussion/Paragraph 2-3
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page 8/ line 9-page 10/line	Discussion/Paragraph 4-7
	11d	The primary “take-away” lessons of this case report (without references) in a one paragraph conclusion	Page 10/ line 21-26	Conclusions
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	NA	NA
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ●	**No** ○

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.