

CARE Checklist of information to include when writing a case report



Торіс	ltem No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words "case report"	P1, L1	Title
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	P2, L23	Key Words
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	P2, L1-13	Abstract/ Background
	3b	Case Description: describe the patient's demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	P2, L14-18	Case Description
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	P2, L19-22	Conclusion
Introduction	4	One or two paragraphs summarizing why this case is unique (may include references)	P3, L2-23,	Introduction
Patient Information	5a	De-identified patient specific information	P4, L10-24,	case report, P3
	5b	Primary concerns and symptoms of the patient	P4, L10-14	case report, P3
	5c	Medical, family, and psycho-social history including relevant genetic information	P4, L20-24,	case report, P3
	5d	Relevant past interventions with outcomes	P4/, L19-20	case report, P1
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	P4, L16-18	case report, P3
Timeline	7	Historical and current information from this episode of care organized as a timeline	N/A	N/A
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	P4, L14-18,	case report, P3
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	P5, L4-6	case report, P1
	8c	Diagnosis (including other diagnoses considered)	P5, L4-7	case report, P1
	8d	Prognosis (such as staging in oncology) where applicable	N/A	N/A
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	P5, L4-9	case report, P1
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	P5, L4-9	case report, P1
	9c	Changes in therapeutic intervention (with rationale)	P5, L4-9	case report, P1

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	P5, L8-9	case report, P1
	10b	Important follow-up diagnostic and other test results	N/A	N/A
	10c	Intervention adherence and tolerability (How was this assessed?)	N/A	N/A
	10d	Adverse and unanticipated events	N/A	N/A
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	N/A	N/A
	11b	Discussion of the relevant medical literature with references	P6, L1-17	Discussion, P1
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	P6, L1-17	Discussion, P1
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	P6, L10-17	Discussion, P2
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	N/A	N/A
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes √	No 🗌

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.