CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page 1 , Line 2-3	title/paragraph1
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 2 , Line 31	key words/paragraph10
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	Page 1 , Line 13-19	background/paragraph7
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	Page 1-2 ,Line 20-28	case description/paragraph8
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	Page 2 , Line 29-30	conclusion/paragraph9
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page 2 , Line 35-37	introduction/paragraph11
Patient Information	5a	De-identified patient specific information	Page 2 , Line 41-42	case presentation/paragraph12
	5b	Primary concerns and symptoms of the patient	Page 2-3 , Line 43-70	case presentation/paragraph12
	5c	Medical, family, and psycho-social history including relevant genetic information	Page 2 , Line 43-44	case presentation/paragraph12
	5d	Relevant past interventions with outcomes	Page 4 , Line 73-91	case presentation/paragraph12
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page 3 , Line 51-57	case presentation/paragraph12
Timeline	7	Historical and current information from this episode of care organized as a timeline	none	none
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page 2-4 , Line41-93	case presentation/paragraph12
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	none	none
	8c	Diagnosis (including other diagnoses considered)	Page 3 , Line 58	case presentation/paragraph12
	8d	Prognosis (such as staging in oncology) where applicable	Page 4-5 , Line 91-93	case presentation/paragraph12
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page 3-4 , Line 51-83	case presentation/paragraph12
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page 4 , Line71-83	case presentation/paragraph12
	9c	Changes in therapeutic intervention (with rationale)	Page 4 , Line 73-77	case presentation/paragraph12

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Page 4-5 ， Line 90-93	case presentation/paragraph12
	10b	Important follow-up diagnostic and other test results	Page 4， Line84-90	case presentation/paragraph12
	10c	Intervention adherence and tolerability (How was this assessed?)	none	none
	10d	Adverse and unanticipated events	none	none
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page6-9 ， Line117-186	discusion/paragraph13-17
	11b	Discussion of the relevant medical literature **with references**	Page 6-9 ， Line 117-186	references/paragraph13
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page 6-9， Line117-186	discusion/paragraph13-17
	11d	The primary “take-away” lessons of this case report (without references) in a one paragraph conclusion	Page6-9 ， Line187-197	conlusion/paragraph18-19
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	none	none
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

Article information: https://dx.doi.org/10.21037/acr-23-79
*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.