CARE case report guidelines

# CARE Checklist of information to include when writing a case report

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| Topic | Item No | Checklist item description | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|---|---|---|---|---|
| Title | 1 | The diagnosis or intervention of primary focus followed by the words “case report” | page 1, line 1 | Title |
| Key Words | 2 | 2 to 5 key words that identify diagnoses or interventions in this case report, including "case report" | page 2, line 47 | Abstract |
| Abstract (Structured summary) | 3a | Background: state what is known and unknown; why the case report is unique and what it adds to existing literature. | page 2, line 24-28 | Abstract/ Paragraph 1 |
| | 3b | Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups. | page 2, line 29-36 | Abstract/ Paragraph 2 |
| | 3c | Conclusions: summarize the main take-away lesson, clinical impact and potential implications. | page 2, line 37-45 | Abstract/ Paragraph 3 |
| Introduction | 4 | One or two paragraphs summarizing why this case is unique **(may include references)** | page 4 , line 53- 68 | Introduction/Paragraph 1-3 |
| Patient Information | 5a | De-identified patient specific information | page 4, line 72 | Case/Paragraph 1 |
| | 5b | Primary concerns and symptoms of the patient | page 4, line 72-73 | Case/ Paragraph 1 |
| | 5c | Medical, family, and psycho-social history including relevant genetic information | page 4, line73-76 | Case/ Paragraph 1 |
| | 5d | Relevant past interventions with outcomes | page 4, line 75 | Case/ Paragraph 1 |
| Clinical Findings | 6 | Describe significant physical examination (PE) and important clinical findings | page 4, line 76-77 | Case/ Paragraph 1 |
| Timeline | 7 | Historical and current information from this episode of care organized as a timeline | N/A | N/A |
| Diagnostic Assessment | 8a | Diagnostic testing (such as PE, laboratory testing, imaging, surveys). | page 5, line 80-94 | Case/ Paragraph 2 |
| | 8b | Diagnostic challenges (such as access to testing, financial, or cultural) | N/A | N/A |
| | 8c | Diagnosis (including other diagnoses considered) | page 5, line 84 | Case/ Paragraph 2 |
| | 8d | Prognosis (such as staging in oncology) where applicable | N/A | N/A |
| Therapeutic Intervention | 9a | Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care) | page 5, line 97-101 | Case/ Paragraph 3 |
| | 9b | Administration of therapeutic intervention (such as dosage, strength, duration) | N/A | NA/ |
| | 9c | Changes in therapeutic intervention (with rationale) | page 5, line 103-106 | Case/ Paragraph 3 |

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|---|---|---|---|---|
| Follow-up and Outcomes | 10a | Clinician and patient-assessed outcomes (if available) | page 5, line 101-102 | Case/ Paragraph 3 |
| | 10b | Important follow-up diagnostic and other test results | N/A | N/A |
| | 10c | Intervention adherence and tolerability (How was this assessed?) | N/A | N/A |
| | 10d | Adverse and unanticipated events | N/A | N/A |
| Discussion | 11a | A scientific discussion of the strengths AND limitations associated with this case report | page 6-7, line 117-139 | Discussion/ Paragraph 1-3 |
| | 11b | Discussion of the relevant medical literature **with references** | page 7, line 141-179 | Discussion/ Paragraph 4-8 |
| | 11c | The scientific rationale for any conclusions (including assessment of possible causes) | page 6-7, line 118-123 | Discussion/ Paragraph 1-3 |
| | 11d | The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion | page 8, line 183-189 | Conclusion/ Paragraph 1 |
| Patient Perspective | 12 | The patient should share their perspective in one to two paragraphs on the treatment(s) they received | N/A | N/A |
| Informed Consent | 13 | Did the patient give informed consent? Please provide if requested | **Yes** ☐ | **No** ☑ |

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.