CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	P1 / L2	Title page P1
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	P4 / L8	Key Words P1
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	P3 / L2-6	Abstract P1
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	P3-4 / L7-3	Abstract P2
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	P4 / L4-6	Abstract P3
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	P5 / L2-8	Introduction P1
Patient Information	5a	De-identified patient specific information	P5 / L11-12	Case Presentation P1
	5b	Primary concerns and symptoms of the patient	P5 / L11-12	Case Presentation P1
	5c	Medical, family, and psycho-social history including relevant genetic information	P5 / L12-13	Case Presentation P1
	5d	Relevant past interventions with outcomes	not applicable	not applicable
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	P5 / L13-16	Case Presentation P1
Timeline	7	Historical and current information from this episode of care organized as a timeline	not applicable	not applicable
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	P6 / L10-12	Case Presentation P2
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	not applicable	not applicable
	8c	Diagnosis (including other diagnoses considered)	P6 / L13-15	Case Presentation P3
	8d	Prognosis (such as staging in oncology) where applicable	not applicable	not applicable
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	P6 / L13-16	Case Presentation P3
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	P6 / L16-17	Case Presentation P3
	9c	Changes in therapeutic intervention (with rationale)	P6 / L13-15	Case Presentation P3

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	not applicable	not applicable
	10b	Important follow-up diagnostic and other test results	P7 / L4-6	Case Presentation P3
	10c	Intervention adherence and tolerability (How was this assessed?)	not applicable	not applicable
	10d	Adverse and unanticipated events	not applicable	not applicable
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	P7-8 / L13-14	Discussion P1-2
	11b	Discussion of the relevant medical literature **with references**	P7-8 / L13-10	Discussion P1
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	P8 / L2-6	Discussion P1
	11d	The primary “take-away” lessons of this case report (without references) in a one paragraph conclusion	P8-9 / L17-1	Conclusion P1
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	not applicable	not applicable
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.