CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	pg-1 line no 1	Title
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	pg-1 line no 16	Abstract
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	pg-1-line no 3-7	Abstract- para 1
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	pg 1-line no 8-11	Abstract- para 2
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	pg 1-line no 12-15	Abstract- para 3
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	pg 1-2-line no 17-45	Introduction- para 4-6
Patient Information	5a	De-identified patient specific information	pg 3-line no 47-48	Case presentation para 7
	5b	Primary concerns and symptoms of the patient	pg 3-line no 47-48	Case presentation para 7
	5c	Medical, family, and psycho-social history including relevant genetic information	pg 3-line no 49-52	Case presentation para 7
	5d	Relevant past interventions with outcomes	NA	NA
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	pg 3-line no 54-56	Case presentation para 7
Timeline	7	Historical and current information from this episode of care organized as a timeline	NA	NA
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	pg 3-line no 56-60	Case presentation para 7
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	NA	NA
	8c	Diagnosis (including other diagnoses considered)	pg 3-line no 65-66	Case presentation para 7
	8d	Prognosis (such as staging in oncology) where applicable	NA	NA
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	NA	NA
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	NA	NA
	9c	Changes in therapeutic intervention (with rationale)	NA	NA

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	NA	NA
	10b	Important follow-up diagnostic and other test results	NA	NA
	10c	Intervention adherence and tolerability (How was this assessed?)	NA	NA
	10d	Adverse and unanticipated events	NA	NA
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	pg 4-6-line no 72-146	Discussion para 8-13
	11b	Discussion of the relevant medical literature **with references**	pg 4-6-line no 72-144	Discussion para 8-13
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	page 6- line no 137-142	Discussion para 13
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	pg 6-7- line no 148-152	Conclusion para 14
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	NA	NA
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.