Comparison of anterior segment optical coherence tomography and ultrasound biomicroscopy for iris parameter measurements in patients with primary angle closure glaucoma

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Abstract

Purpose: To compare the repeatability and consistency of anterior segment optical coherence tomography (AS-OCT) and ultrasound biomicroscopy (UBM) in measuring iris parameters in patients with primary angle closure glaucoma.

Methods: Twenty-two patients (38 eyes) with primary angle closure glaucoma, including 5 eyes with acute angle closure glaucoma, 10 fellow eyes of acute angle closure glaucoma, and 23 eyes with chronic angle closure glaucoma, were recruited consecutively in our hospital. All subjects underwent the anterior scanning by AS-OCT and UBM. Peripheral iris thickness (PIT) and iris curvature (IC) in the anterior segment image obtained by AS-OCT and UBM were measured twice. The reproducibility of these two scans was evaluated by the intraclass correlation coefficient (ICC). A paired t-test was used to compare the difference between the two scans and the 95% limits of agreement (LoA) were calculated.

Results: UBM showed that the ICCs of PIT and IC were 0.892 and 0.936, and AS-OCT revealed 0.629 and 0.859, respectively. UBM had a higher reproducibility in both PIT and IC measurements as compared with AS-OCT. Differences in PIT measurement between AS-OCT and UBM (P=0.331) were not statistically significant, with the 95% LoA ($-0.178 \sim 0.156$) mm as $36.1 \sim 41.2\%$ of the mean. The IC 0.053 mm smaller when measured by UBM than by AS-OCT (P=0.017), with the 95% LoA($-0.100 \sim 0.206$) mm as $36.2 \sim 74.6\%$ of the mean.

Conclusion; UBM had a higher reproducibility in measuring iris parameters. The consistency between AS-OCT and UBM in measuring iris parameters was low in primary angle closure glaucoma patients. (*Eye Science 2013*; 28:-)

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nterior segment optical coherence topography A (AS-OCT) and ultrasound biomicroscopy (UBM) are two main anterior segment scanning and imaging tools for the cornea, anterior chamber, chamber angle, iris, partial lens, and anterior segment vitreous. Previous studies revealed that both AS-OCT and UBM could quantitatively analyze anterior segment structures such as central corneal thickness, anterior chamber depth, chamber angle, etc., with a relatively sound reproducibility and consistency^{1,2}. However, few studies have analyzed the reproducibility and consistency of AS-OCT and UBM in measuring iris parameters in glaucoma eyes. Iris morphology is one of the common risk factors for chamber angle closure and angle closure glaucoma. Peripheral iris thickness (PIT) and iris curvature (IC) are regarded as vital parameters in identifying the pathogenesis of angle closure glaucoma³. In this study, AS-OCT and UBM were utilized to perform anterior segment scanning on patients with primary angle closure glaucoma and their reproducibility and consistency in measuring iris parameters were compared, with the aim of evaluating their application in clinical research on glaucoma.

Subjects and methods

Study subjects

A total of 22 patients (38 eyes) with angle closure glaucoma admitted as outpatients in Zhongshan Ophthalmic Center between February and May 2012 were enrolled in this study. The patients were 4

males and 18 females, aged 57.9 ± 8.4 (40 to 77) years. Of the 38 eyes, 5 had acute angle closure glaucoma, 23 had chronic angle closure glaucoma, and 10 fellow eyes had acute angle closure glaucoma.

Inclusion criteria: (1) aged ≥ 40 years: (2) acute or chronic IOP elevation > 21 mmHg; ③ angle closure or presenting angle closure when elevated IOP was detected by gonioscopy; patients with acute angle closure glaucoma had at least two of the following symptoms (headache, ophthalmalgia, even nausea, vomiting, intermittent visual acuity decrease and iridization) and at least three of the following signs (conjunctival hyperemia, corneal epithelial edema, pupils mid-dilated and fixation, shallow anterior chamber, angle closure and glaucomatous fleck): (4) fellow eyes characterized as having a shallow anterior chamber and narrow chamber angle. Exclusion criteria: 1 those undergoing anti-glaucoma surgery or laser peripheral iridectomy: 2 those presenting with uncontrollable IOP at the onset of acute glaucoma: (3) those with corrected visual acuity <0.3 and

unable to cooperate with fixed visual field examination; ④ those with complicated ocular trauma or corneal lesions. The administration of miotic and other medicines capable of altering anterior segment structure was discontinued at 1 week before scanning. IOP was maintained below 25 mmHg.

Anterior segment scanning

All subjects underwent anterior segment scans by AS-OCT (Visante OCT, Carl Zeiss Co Ltd.)⁴ and UBM (SW-3200L, Tianjin Suowei Electronic Technology Co., Ltd.)⁸ by two clinicians in a room with an illumination of 70~100Lux (luminometer mode: TES-1339).One horizontal scanning image was stored for measurement.

Iris parameter measurement

Iris parameters were assessed in the image obtained by AS-OCT and UBM by one single clinician (C.D.). The clinicians were blinded to the patients' basic information and to the results of the other scanning tool. Each image was measured twice using the caliper in the software at an interval of two weeks.



Figure 1 Iris parameters measured by AS-OCT and UBM

The detailed data of iris the parameters are shown in Figure 1.

Peripheral iris thickness (PIT): the distance of two intersection points of the anterior and posterior iris surfaces by a line, about 500 µm from iris root, vertically passing through posterior surface of iris⁴. Iris convexity (IC): the maximum distance from the posterior surface of the iris to the line between pupillary margin and iris root, forward bowing as a positive value and backward dellen as negative⁵.

Statistical analysis

SPSS 18.0 software was employed for data input and statistical analysis. For each type of scan, the reproducibility of two measurements was expressed as the ICC of a one-way random effects model, the data of two measurements were analyzed in scatter diagram, and a Pearson correlation efficient was calculated. The first measurements of iris parameters by AS-OCT and UBM were statistically compared by a paired t-test. The consistency between AS-OCT and UBM was analyzed in a Bland-Altman scatter diagram. P<0.05 was considered as statistically sig-

nificant.

Results

Reproducibility of AS-OCT and UBM in quantitative analysis of iris parameters

The ICC of PIT and IC, measured twice by AS-OCT, were 0.629 and 0.859, respectively, and were 0.892 and 0.936 by UBM. Thus, UBM was superior to AS-OCT in measurement reproducibility (Table 1). The correlation of AS-OCT and UBM regarding repeatedly measuring iris parameters is shown in Figure 2.

Table 1 Reproducibility of quantitative measurements of iris parameters by AS-OCT and UBM

	_	AS-OCT	UBM	
PIT(mm)	1st measurement	0.426±0.068	0.438±0.071	
	2^{nd} measurement	0.437±0.077.	0.457 ± 0.080	
	ICC	0.629	0.859	
	Pearson r	0.635	0.892	
IC(mm)	1st measurement	0.302 ± 0.104	0.250 ± 0.106	
	2^{nd} measurement	0.286 ± 0.101	0.227 ± 0.100	
	ICC	0.859	0.912	
	Pearson r	0.867	0.936	

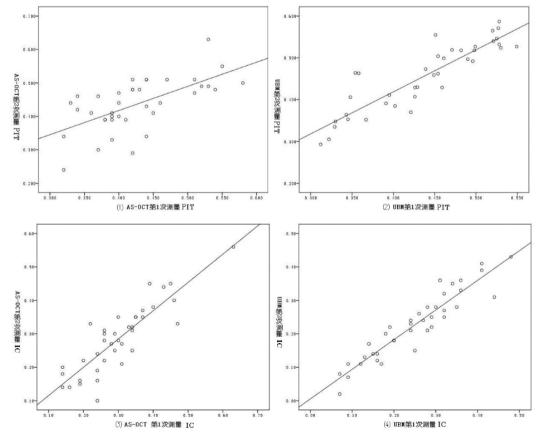


Figure 2 Correlation of repeated measurements of iris parameters by AS-OCT and UBM

Consistency of AS-OCT and UBM in quantitative measurement of iris parameters

When measured by AS-OCT, the mean PIT of 38 eyes was 0.426 ± 0.068 mm, which was 0.011 mm smaller than 0.438 ± 0.071 mm measured by UBM (t=-0.823, P=0.331), with the 95% LoA (-0.178~

0.156 mm) as $36.1\sim41.2\%$ of the mean. The mean IC measurement was 0.302 ± 0.104 mm by AS-OCT, which was significantly higher compared with 0.250 ± 0.106 mm by UBM (t=4.157,P=0.017), with the 95% LoA ($-0.100\sim0.206$ mm) as $36.2\sim74.6\%$ of the mean. (Table 2 and Figure 3)

Table 2 Consistency of quantitative measurements of iris parameters by AS-OCT and UBM

	AS-OCT	UBM	Difference	t	P	95%LoA	LoA/Mean
IT(mm)	0.426±0.068	0.438 ± 0.071	-0.011±0.085	-0.823	0.331	-0.178~0.156	36.1~41.2%
IC(mm)	0.302 ± 0.104	0.250 ± 0.106	0.053 ± 0.078	4.157	0.017	-0.100~0.206	36.2~74.6%

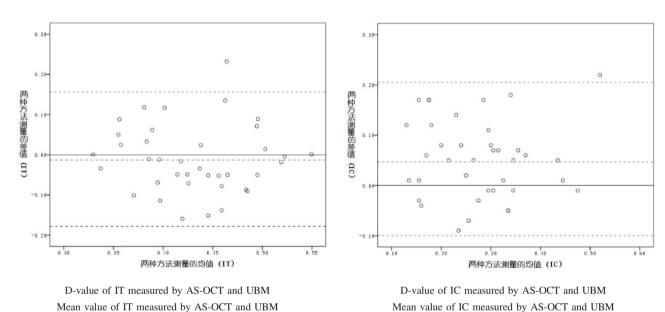


Figure 3 Bland-Altman plot of iris parameters measured by AS-OCT and UBM

D-value of IT measured by AS-OCT and UBM D-value of IC measured by AS-OCT and UBM

Mean value of IT measured by AS-OCT and UBM Mean value of IC measured by AS-OCT and UBM Figure 3 Bland-Altman plot of iris parameters measured by AS-OCT and UBM

Discussion

UBM with an ultrasonic frequency of 50MHz has adequate tissue penetration and yields images of anterior segment structures with an axial resolution as high as 50 µm. Pavlin et al⁴ reported that UBM gave good reproducibility in terms of quantitative measurement of anterior segment structures^{6,7}. AS-OCT used a coherent optical signal acquisition and processing method at a wavelength of 1310 nm, and was performed by non-contact scanning in a sitting

position. The axial resolution achieved was $18~\mu m$. Due to the absorption by anterior segment tissues, such as the iris and ciliary body, the infrared laser was unable to penetrate into deep tissues so the images of the ciliary body or lens zonule were poor. The reproducibility in measuring chamber angle and central anterior chamber depth was confirmed as higher for AS-OCT than for UBM [2,8]. However, few studies have compared the application of AS-OCT and UBM regarding quantitative assessment of iris morphology.

The iris is a vital anterior segment tissue and plays an essential role in the pathogenesis of pupillary block and chamber angle closure in angle closure glaucoma. Iris parameters mainly include PIT and IC, and previous studies indicated that PIT and IC are independent factors associated with chamber an-

gle narrowing⁹. A relatively thick iris is a risk factor for chamber angle closure¹⁰ and an important factor affecting the efficacy of laser peripheral iridectomy ¹¹. In the current study, the reproducibility and consistency of UBM and AS-OCT for quantitative measurements of iris thickness and iris curvature were statistically compared to evaluate the efficiency of these two tools in angle closure glaucoma research. The reliability and differences in the study results were also compared.

The reproducibility in measuring iris thickness and curvature was higher for UBM (ICC: 0.892 and 0.936) than for AS-OCT (ICC: 0.629 and 0.859). In addition, AS-OCT was not applicable for clinical practice due to its low reproducibility (<0.7) in measuring iris thickness (Table 1 and Figure 2). The difference in the reproducibility between AS-OCT and UBM may result from differing scanning principles between AS-OCT and UBM. AS-OCT emits infrared laser energy, but had relatively inadequate penetration across anterior segment tissues, especially the pigment layer of the iris and the ciliary body. The reference point of the iris root was not explicitly presented, making it difficult to locate. The UBM imaging produced full-thickness images of the ciliary body and the iris; the echo of the intersection point of the iris pigment epithelium and the ciliary process was complete and clear and the reference point of the iris root was easily located (Figure 1).

In addition, the measurement of mean PIC did not differ with AS-OCT and UBM (P=0.331); the 95% $LoA(-0.178\sim0.156 \text{ mm})$ was still $36.1\sim41.2\%$ of the mean. The IC measurement was smaller by UBM than by AS-OCT, with the 95% LoA($-0.100 \sim 0.206$ mm) as 36.2~74.6% of the mean. The UBM test was performed with the subject in a supine position and eye position was fixed by gazing at a finger. In contrast, the AS-OCT was conducted from a sitting position and the eye position was fixed by gazing at an indicator light inside the machine. Gravity and accommodation, which could affect the iris morphology, were factors leading to different outcomes between UBM and AS-OCT. Another vital factor was the different scanning mode between UBM and AS-OCT. AS-OCT was performed at the primary position of eye. Images were captured at the site of the

corneal central reflection band¹² to maintain scanning deviation from corneal vertex within 0.8 mm and to avoid image distortion. During UBM scanning, the patients were told to constantly rotate their eyes to allow the probe vertical to the chamber angle tissues to acquire explicit images and relatively strong echo signaling. The anterior iris surface was also irregular due to iris texture, resulting in low reproducibility of the measured iris thickness. Accurate measurement of the iris area could reduce the influence of irregular iris morphology on the iris thickness measurement¹³.

In the current investigation, we compared the reproducibility and consistency between UBM and AS-OCT in measuring iris parameters and found a significant difference. The reproducibility was higher for UBM than for AS-OCT. Due to irregular iris morphology and different measurement procedures, both AS-OCT and UBM had a certain degree of variation. This degree of variation and discrepancy between UBM and AS-OCT should be taken into account when analyzing iris morphology in clinical practice to determine a reasonable sample quantity and equivalence of obtained results. Adopting area parameters and automatic analysis software will probably contribute to enhancing the accuracy and reproducibility of iris morphology measurement. Studies with larger sample sizes are required to further validate the outcomes.

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