

Table S1 List of citations, year of publication, study type and classification of evidence level

Ref No.	Citation (first author <i>et al.</i>)	Year	Study type	Evidence level
(1)	World Cancer Research Fund	2022	Epidemiological statistics/report	Higher-level
(2)	Macmillan Cancer Support	2023	Patient information/epidemiological summary	Higher-level
(3)	DeSantis <i>et al.</i>	2011	Epidemiological review	Higher-level
(4)	Siegel <i>et al.</i>	2014	Epidemiological review	Higher-level
(5)	Maddams <i>et al.</i>	2012	Population projections study	Higher-level
(6)	National Institute for Health and Care Excellence (NICE)	2023	Clinical practice guideline	Higher-level
(7)	Gilmour <i>et al.</i>	2021	Consensus guideline	Higher-level
(8)	American Society of Plastic Surgeons (ASPS)	2025	Professional patient resource	Lower-level
(9)	Biganzoli <i>et al.</i>	2021	Joint recommendations/Consensus statement	Higher-level
(10)	Stuck & Iliffe	2011	Review article	Higher-level
(11)	Park <i>et al.</i>	2020	Clinical practice guideline	Higher-level
(12)	Steffe <i>et al.</i>	2017	Observational study/Survey	Lower-level
(13)	NHS Information Centre	2011	National audit	Higher-level
(14)	Cancer Research UK	2024	National epidemiological statistics	Higher-level
(15)	Morgan <i>et al.</i>	2020	Prospective cohort study	Higher-level
(16)	Cancer Research UK	2022	Patient information	Lower-level
(17)	Lee <i>et al.</i>	2022	Systematic review	Higher-level
(18)	Chia <i>et al.</i>	2023	Systematic review	Higher-level
(19)	James <i>et al.</i>	2015	Narrative review	Lower-level
(20)	Hamnett & Subramanian	2016	Literature review	Lower-level
(21)	Hershman <i>et al.</i>	2012	Retrospective cohort study	Higher-level
(22)	Campbell <i>et al.</i>	2018	Regional cohort study	Higher-level
(23)	Frisell <i>et al.</i>	2020	Population based cohort study	Higher-level
(24)	Gibreel <i>et al.</i>	2017	National cancer database study	Higher-level
(25)	Quemener <i>et al.</i>	2019	Survey study	Lower-level
(26)	Husain <i>et al.</i>	2008	Qualitative study	Lower-level
(27)	Fenlon <i>et al.</i>	2013	Qualitative study	Lower-level
(28)	Handel <i>et al.</i>	1990	Observational survey	Lower-level
(29)	Beach <i>et al.</i>	2019	Policy/advocacy report	Lower-level
(30)	Mavioso <i>et al.</i>	2022	Narrative review	Lower-level
(31)	Bowman <i>et al.</i>	2006	Retrospective cohort study	Higher-level
(32)	Figueiredo <i>et al.</i>	2004	Observational cohort study	Higher-level
(33)	Goin & Goin	1981	Observational psychosocial study	Lower-level
(34)	Risius <i>et al.</i>	2014	Observational study	Lower-level
(35)	Walton <i>et al.</i>	2011	Review article	Lower-level
(36)	Wong <i>et al.</i>	2014	Multicenter cohort study	Higher-level
(37)	Howard-McNatt <i>et al.</i>	2011	Retrospective cohort study	Higher-level
(38)	Chang <i>et al.</i>	2011	Retrospective cohort study	Higher-level
(39)	Selber <i>et al.</i>	2009	Retrospective cohort study	Higher-level
(40)	Gaffney <i>et al.</i>	2024	Matched-cohort comparison study	Higher-level
(41)	Age UK	2017	Report/Grey literature	Lower-level
(42)	Age UK	2017	Report/Grey literature	Lower-level
(43)	Age UK	2023	Report/Grey literature	Lower-level
(44)	Field <i>et al.</i>	2011	Cohort study	Higher-level
(45)	Arneja & Brooks	2021	Cohort study	Higher-level
(46)	Bertozzi <i>et al.</i>	2025	Review article	Higher-level
(47)	Lavelle <i>et al.</i>	2012	Population-based cohort study	Higher-level
(48)	Oh <i>et al.</i>	2019	Retrospective cohort study	Higher-level
(49)	Brennan & Spillane	2013	Systematic review	Higher-level
(50)	Vanni <i>et al.</i>	2020	Retrospective cohort study	Lower-level
(51)	Sbitany <i>et al.</i>	2014	Cohort study	Higher-level
(52)	Doherty <i>et al.</i>	2023	Population-based study	Higher-level
(53)	Karami <i>et al.</i>	2020	Narrative review	Lower-level
(54)	Yun <i>et al.</i>	2018	Narrative review	Lower-level
(55)	Ho <i>et al.</i>	2017	Narrative review	Lower-level
(56)	Lee <i>et al.</i>	2021	Systematic review	Higher-level
(57)	Rubin <i>et al.</i>	2013	Qualitative study	Lower-level
(58)	Fu <i>et al.</i>	2017	Qualitative study	Lower-level
(59)	Li <i>et al.</i>	2023	Qualitative study	Lower-level
(60)	De Lorenzi <i>et al.</i>	2010	Retrospective cohort study	Higher-level
(61)	Jeevan <i>et al.</i>	2017	Registry cohort study	Higher-level
(62)	Morrow <i>et al.</i>	2001	National database study	Higher-level
(63)	Angarita <i>et al.</i>	2021	Qualitative study	Lower-level
(64)	Dimitrakopoulos <i>et al.</i>	2015	Narrative review	Lower-level
(65)	Kite & Wagner	2022	Academic textbook	Lower-level
(66)	Wyman <i>et al.</i>	2018	Book chapter	Lower-level
(67)	Degner <i>et al.</i>	1997	Large survey study	Higher-level
(68)	NICE (NG197)	2021	Clinical Guideline	Higher-level
(69)	Lachman	1986	Psychology research article	Lower-level
(70)	National Collaborating Centre for Cancer/NICE	2009	Clinical Guideline	Higher-level
(71)	NHS Information Centre for Health and Social Care	2009	National audit	Higher-level
(72)	U.S. Department of Labor (WHCRA)	1998	Policy/Fact sheet	Higher-level
(73)	Park & Look	2019	Health services research article	Higher-level
(74)	Bernard <i>et al.</i>	2011	Health services research	Higher-level
(75)	Scott & Hoskin	2024	Literature review	Lower-level
(76)	van Maaren <i>et al.</i>	2022	Registry/epidemiology study	Higher-level
(77)	Santosa <i>et al.</i>	2016	Multicenter prospective study	Higher-level
(78)	Lewis <i>et al.</i>	2003	Observational cohort study	Higher-level