

**Appendix 1***Exposure Group Sleep Surgery scientific publications*

- ✧ Awad MI, Kacker A. Nasal Obstruction Considerations in Sleep Apnea. *Otolaryngol Clin North Am* 2018;51:1003-9.
- ✧ Marcus CL, Moore RH, Rosen CL, et al. A randomized trial of adenotonsillectomy for childhood sleep apnea. *N Engl J Med* 2013;368:2366-76.
- ✧ Camacho M, Li D, Kawai M, et al. Tonsillectomy for adult obstructive sleep apnea: A systematic review and meta-analysis. *Laryngoscope* 2016;126:2176-86.
- ✧ Camacho M, Riaz M, Capasso R, et al. The effect of nasal surgery on continuous positive airway pressure device use and therapeutic treatment pressures: a systematic review and meta-analysis. *Sleep* 2015;38:279-86.
- ✧ MacKay SG, Chan L. Surgical Approaches to Obstructive Sleep Apnea. *Sleep Med Clin* 2016;11:331-41.
- ✧ Chong KB, De Vito A, Vicini C. Drug-Induced Sleep Endoscopy in Treatment Options Selection. *Sleep Med Clin* 2019;14:33-40.
- ✧ Eckert DJ, White DP, Jordan AS, et al. Defining phenotypic causes of obstructive sleep apnea. Identification of novel therapeutic targets. *Am J Respir Crit Care Med* 2013;188:996-1004.
- ✧ Weaver EM, Maynard C, Yueh B. Survival of veterans with sleep apnea: continuous positive airway pressure versus surgery. *Otolaryngol Head Neck Surg* 2004;130:659-65. Erratum in: *Otolaryngol Head Neck Surg* 2004;131:144.
- ✧ Friedman M, Salapatas AM, Bonzelaar LB. Updated Friedman Staging System for Obstructive Sleep Apnea. *Adv Otorhinolaryngol* 2017;80:41-8.
- ✧ MacKay SG, Carney AS, Woods C, et al. Modified uvulopalatopharyngoplasty and coblation channeling of the tongue for obstructive sleep apnea: a multi-centre Australian trial. *J Clin Sleep Med* 2013;9:117-24.
- ✧ MacKay SG, Jefferson N, Grundy L, et al. Coblation-assisted Lewis and MacKay operation (CobLAMO): new technique for tongue reduction in sleep apnoea surgery. *J Laryngol Otol* 2013;127:1222-5.
- ✧ Marshall NS, Wong KK, Liu PY, et al. Sleep apnea as an independent risk factor for all-cause mortality: the Busselton Health Study. *Sleep* 2008;31:1079-85.
- ✧ Eastwood PR, Barnes M, MacKay SG, et al. Bilateral hypoglossal nerve stimulation for treatment of adult obstructive sleep apnoea. *Eur Respir J* 2020;55:1901320.
- ✧ Robinson S, Chia M, Carney AS, et al. Upper airway reconstructive surgery long-term quality-of-life outcomes compared with CPAP for adult obstructive sleep apnea. *Otolaryngol Head Neck Surg* 2009;141:257-63.
- ✧ Browaldh N, Bring J, Friberg D. SKUP(3) RCT; continuous study: Changes in sleepiness and quality of life after modified UPPP. *Laryngoscope* 2016;126:1484-91.
- ✧ Strollo PJ Jr, Gillespie MB, Soose RJ, et al. Upper Airway Stimulation for Obstructive Sleep Apnea: Durability of the Treatment Effect at 18 Months. *Sleep* 2015;38:1593-8.
- ✧ Weaver EM. Judging sleep apnea surgery. *Sleep Med Rev* 2010;14:283-5.
- ✧ Olszewska E, Woodson BT. Palatal anatomy for sleep apnea surgery. *Laryngoscope Investig Otolaryngol* 2019;4:181-7.