

## Appendix 1 Search strategy used on EMBASE

1. Middle meatal adhesions
2. Middle meatal synechiae.mp
3. Middle turbinate lateralisation.mp
4. Bolgerisation.mp
5. Conchopexy.mp
6. 1 or 2 or 3
7. 4 and 6
8. 5 and 6
9. Silastic splint.mp
10. Nasal splint.mp
11. 9 or 10
12. 6 and 11
13. Middle meatal spacer.mp
14. (nonabsorbable spacer or absorbable spacer).mp
15. 13 or 14
16. 6 and 15
17. (hyaluronic acid or hyaluronic acid packing).mp
18. 6 and 17
19. (middle turbinate resection and middle turbinate preservation).mp
20. (middle turbinate resection or middle turbinate preservation).mp
21. 6 and 19 and 20
22. Limit 21 to English language and full historical range to 01.10.2020

Search result: 210 articles.

## **Appendix 2 Search strategy used on MEDLINE**

1. Middle meatal adhesions
2. Middle meatal synechiae.mp
3. Middle turbinate lateralisation.mp
4. Bolgerisation.mp
5. Conchopexy.mp
6. 1 or 2 or 3
7. 4 and 6
8. 5 and 6
9. Silastic splint.mp
10. Nasal splint.mp
11. 9 or 10
12. 6 and 11
13. Middle meatal spacer.mp
14. (nonabsorbable spacer or absorbable spacer).mp
15. 13 or 14
16. 6 and 15
17. (hyaluronic acid or hyaluronic acid packing).mp
18. 6 and 17
19. (middle turbinate resection and middle turbinate preservation).mp
20. (middle turbinate resection or middle turbinate preservation).mp
21. 6 and 19 and 20
22. Limit 21 to English language and full historical range to 1st October 2020

Search result: 101 articles.

### **Appendix 3 Search strategy used on PubMed**

1. Middle meatal adhesions
2. Middle meatal synechiae.mp
3. Middle turbinate lateralisation.mp
4. Bolgerisation.mp
5. Conchopexy.mp
6. 1 or 2 or 3
7. 4 and 6
8. 5 and 6
9. Silastic splint.mp
10. Nasal splint.mp
11. 9 or 10
12. 6 and 11
13. Middle meatal spacer.mp
14. (nonabsorbable spacer or absorbable spacer).mp
15. 13 or 14
16. 6 and 15
17. (hyaluronic acid or hyaluronic acid packing).mp
18. 6 and 17
19. (middle turbinate resection and middle turbinate preservation).mp
20. (middle turbinate resection or middle turbinate preservation).mp
21. 6 and 19 and 20
22. Limit 21 to English language and full historical range to 1st October 2020

Search result: 101 articles.